

# Beaufort West HALF Marathon 21.1km

10 km & 5km FUN RUN

Presented by

**BEAUFORT WEST RUNNERS CLUB**

**SATURDAY, 31<sup>st</sup> August 2024**

Supported by

**THE KAROO NATIONAL PARK**



HELD UNDER THE RULES OF ASWD, ASA AND WA



This event is timed by IPICO chip. NO CHIP NO TIME

## INFORMATION

**Registration & Pre- Entries:** Online entries at [www.aswd.co.za](http://www.aswd.co.za) until 28<sup>th</sup> August 2024 at 23H59.

Please note: (Additional R10 to online entries)

### Registration & late entries:

Rustdene Stadium on Friday 30<sup>th</sup> August 2024 between 18:00 to 20:00. **ALL**

**UNLICENSED RUNNERS & non SWD runners MUST register**

Late entries will be taken on Friday and will attract a R20 premium to advertised rates.

**NO ENTRIES ON RACE DAY**

### Start:

21.1kms and 10kms (07:00) and 5km FUN RUN (08:00) will start from Beaufort West Rustdene Stadium.

**Ablution:** Toilets will be available at the Start/Finish

**First Aid:** Available

**Medals:** Medals to all finishers within the cut-off time.

**Prize Giving:** All prize winners MUST be in their club colours when collecting their prizes.

Prize giving will be at 10H30.

Winners must be present at prize giving otherwise the prize will be forfeited. No Exceptions!

Position	21.1kms		10kms	
	Male	Female	Male	Female
1	1000	1000	500	500
2	500	500	250	250
3	300	300	150	150
Walker	300	300	150	150
Junior	300	300	150	150
40-49	300	300	150	150
50-59	300	300	150	150
60-69	300	300	150	150
70-79	300	300	150	150
80+	300	300	150	150

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**RACE TIMING:** An IPICO timing chip will be made available, on a loan basis, to all participants apart from ASWD licensed athletes who are to use their current personalised chips. The chip is to be worn on your shoe for the duration of the event. The loan chip is to be handed back at the end of the race in exchange for a medal. Participants will be held responsible for lost or damaged chips or those not handed back as required. It remains your responsibility to return the chip to the race organizer even in the event of not completing the race.

ASWD Licensed athlete take note: Forget your IPICO chip - you will have to pay R20 to loan one for the race. Lost your chip - you will have to pay R75 for a replacement chip.

is displayed, visible and above licence number, front and back. Participants may enter the age category corresponding to their chronological age or may younger category down to SENIOR.  
**(Red age tag)**

#### **RULES AND REGULATIONS**

Held under the rules ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The race Referee's decision is final. The Race organizer reserves the right to accept / reject any entry received.

**Club Colours:** Athletes must participate in their correct club colours and display the ASA 2024 license numbers on the Front and back of the vest. All other runners must display a temporary number on Front of vest. No advertising allowed.

**Cut-off time:** 21.1km =3hrs(Run) and 4hours (Walk)  
10km=2hrs and 3hrs (Walk)

**Distance markers:** Will be placed at every kilometre.

**Foreigners:** All foreign athletes must comply with WA rule 142 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting them to participate on any race day.

**Proof of Age:** Athletes must give proof of their age at the request of the Race Referee (SA ID/Passport/ Birth certificate / Permanent Residence Permit).

**Refreshment tables:** Drinking / Sponging stations shall be provided at 5 km intervals or more frequently if weather conditions warrant such provision. Water and other suitable refreshments shall be available at the start and finish of all races.

**Road:** Athletes must stay on the right hand side of the road at all times, unless instructed differently by the marshals and Traffic Officers.

**Safety Rule (ALL DISTANCES):** No Earphone (ASA Rule 34.10.6), Animals (ASA Rule 34.10.1) or Racers (ASA Rule 34.10.3), or Wheelchairs (ASA Rule 34.10.4) allowed.

**Seconding:** No seconding from cyclist or private vehicles will be allowed on the route. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2)

**Age Tags:** Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICIAL ASWD age category tag or junior tags

## ENTRY FORM

<b>ENTRY FORM</b>							
<b>ADMIN USE</b>							
<b>CHIP NO.</b>							
<b>TEMP NO.</b>							
<b>SURNAME</b>							
<b>FIRST NAME</b>							
<b>PROVINCE</b>				<b>LIC NO. 2024</b>			
<b>DATE OF BIRTH</b>		<b>D</b>	<b>D</b>	<b>M</b>	<b>M</b>	<b>YYYY</b>	<b>AGE</b>
<b>MALE</b>				<b>RUNNER</b>			
<b>FEMALE</b>				<b>WALKER</b>			
<b>CLUB</b>							
<b>ADDRESS</b>							
<b>CELLPHONE NR.</b>							
<b>ID / BC / PR NUMBER</b>							
<b>E-MAIL ADDRESS</b>							
<b>EMERGENCY CONTACT NR./CELL</b>							
<b>PARTICIPATION AGE CATEGORY</b>							
JUNIOR / OPEN / 40 - 49 / 50 - 59/ 60 - 69/ 70 - 79/80+							
<b>Race</b>	<b>Entry Fee</b>	<b>Temp Lic Fee</b>	<b>Total</b>				
21.1km	R100	R45					
10 km	R80	R45					
FUN RUN	R40.00	NO TEMP					
<b>INDEMNITY / DISCLAIMER</b>							
<p>By entering this event I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity;</p> <p><b>Minor Release:</b> and I the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/waiver on behalf of the minor.</p>							
<b>Datum / Date</b>				<b>Handtekening /</b>			
<b>Parent / Voog</b>				<b>Signature</b>			
If under the age of 18							