



Proudly hosted by Celtic Harriers

Venue: Brookside, Imam Haron Road

HOW TO ENTER

Online entries: www.webtickets.co.za

There is no additional admin fee and entries close at midnight on Sunday 20 October.

50 lucky online entrants stand a chance of winning a breakfast voucher from

Saggy Stone Villager Pub & Grill - redeemable on race day

Manual entries and pre-entry collection at Brookside Office Park: Friday 25 October (4pm-7pm) - Celtic office Saturday 26 October (10am-2pm) - Celtic office Sunday 27 October (from 5am) - Brookside basement

For further race information and queries, contact Hilton Kearns: 079 150 9593 or email info@celticharriers.co.za

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ENTRY FEES

	Licenced	Unlicen
8km Seniors 8km Juniors 15km Double Deal	R70	R110
	R50	R75
	R90	R140
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PRIZE MONEY

8km Men/Women

	1ST	2ND	3RD	4 TH		
Juniors	R300	R250	R200	R150		
Open	R500	R350	R250			
40-49	R300	R200	R150			
50-59	R150	R100	R80			
60-69	R150	R100	R80			
70+	R150	R100	R80			
Team	4 x R2	200				
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15km Men/Women

	1ST	2ND	3RD
Juniors	R100	R75	R50
Open	R900	R750	R650
40-49	R500	R350	R250
50-59	R250	R200	R180
60-69	R250	R200	R180
70+	R250	R200	R180
Team	4 X R2	250	

DOUBLE DEAL

Are you brave enough to tackle both distances?
R1 000 for first man and woman based on combined time for both races
Due to safety
concerns,
no Double Deal entrants will be able to start the 8km after 8.05am

Lucky draws at prizegiving Medals for all finishers

Secure parking available at Claremont Primary and in Palmyra Road - no parking inside Brookside

RACE RULES

- 1. The Don Lock 8km and 15k races are run in accordance with the rules of IAAF, ASA and WPA.
- 2. Participants in the 8km must be 12 years of age or older on race day, and 15 years or older for the 15km.
- 3. One race number (bib) will be issued. Registered athletes must wear their ASA licences on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA licence, so that the ASA licence sponsor remains visible. Double Deal runners will be issued with a special race number.
- 4. Temporary licenced runners must wear the race number on the front of their vest and the temporary licence on the back.
- 5. Temporary licence holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete.
- 6. Licenced athletes should wear club colours. Full club colours must be worn to qualify for team prizes.
- 7. Temporary licenced athletes must run in clothing without advertising.
- 8. Age category tags must be worn (front and back) and visible for the entire race to be eligible for any age category prize, including Juniors.
- 9. Juniors are defined as anyone born in 2000 or later. (Under the age of 20 at year end).
- 10. Entry cards, attached to the race number, must be completed at registration, inserted in the finish sachet and handed in at the results board.
- 11. Cut-off for the 15km is 8.30am and 9.45am for the 8km.
- 12. Prize-giving is at 9am for the 15km and 9.30am for the 8km.
- 13. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish. Report offenders to the referees. #RunClean.
- 14. The use of music players with headphones is not allowed and may result in disqualification.
- 15. Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.
- 16. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
- 17. In addition to Overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
- 18. To qualify for team prizes, athletes must wear full club colours and participate with a permanent licence.
- 19. Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- 20. Medals will be handed to all finishers.
- 21. Toilets will be available at the start and finish.
- 22. Tog bag area available at own risk.
- 23. All traffic officers and marshals to be obeyed. Although traffic officers will supervise major road intersections, entrants must be careful of traffic.
- 24. No personal seconding will be permitted except at official refreshment stations.
- 25. There will be distance markers at each kilometer.
- 26. Social walkers are welcome.

DISCLAIMER: Participants in this event do so at their own risk and release and discharge the organisers, sponsors, provincial and national athletics bodies and all persons assisting in staging the event from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from their participation in the event.

Proud sponsors











