

ENTRIES OPEN - 30 JUN TO 30 SEP START / CAMPERDOWN HALL AT 05:30 AM

FINISH / CAMPERDOWN SPORT FIELD

10KM JOINING FEE R200

21KM JOINING FEE R250

LATE REGISTRATION R300

RACE ORGANISER

+27 64 518 9731 +27 76 833 3822

Msizi & Asanda

Entries on www.EntryNinja.com All Pick 'n Psy, Boxers Stores, Goodbags and all Webticket.co.za

All finishers must get medals







RACE RULES AND GENERAL INFORMATION ON HOW TO ENTER

- The race is run accordance with and subject to WA, ASA KZNA rules.
- All foreign athletes by WA Rule CR 1.7, TR4. 1,TR4.2 and ASA Rule 9.
- Participants must be 14 years and older 10 KM and 16 years and older for 21 KM
- KZNA approved age category tags must be worn out at the front and back of vest /crop top and must be clearly visible.
- Junior athletes must be 19 years of age and younger on the 31st of December in the year of the competition.
- 2024 licenses to be worn at the front and back of the vest or crop top with the race number at the front.
- Temporary licensed athletes are not covered by the National insurance policy. Refer to ASA Rule 25.6.15.
- Unregistered athletes licenses must run in neutral colour temporary licenses to be worn on the back of the vest /crop top with the race number on the front. Holders of the temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA RULES
- Refreshment stations will be provided.
- Cut off time 10 km: 1 hour 30 minutes
- Proof of age category may be required
- Your entry fee may not be refunded if you do not participate
- Participants race official, marshals, and traffic officers.
- Participants to comply with KZN rules with KZNA rules & regulations.
- Personal seconding will not be allowed on the route.

ENTRIES

ENTRIES OPEN ON THE 30 JUNE 2024 AT:

www.webticket.co.za

Any Pick` n Pay , Boxer stores inSouth Africa

MEDALS WILL BE AWARDED TO ALL FINISHERS

	POSITIONS		
TOP 10	21 KM	10 KM	
1	R6000	R2500	
2	R3000	R1500	
3	R2000	R1250	
4	R1800	R1000	
5	R1600	R900	
6	R1400	R800	
7	R1200	R700	
8	R800	R600	
9	R600	R500	
10	R500	R400	

AGE CATEGORIES MALE AND FEMALE 21 KM & 10 KM

WINNERS	35-39	40-49	50-59	60+	JUNIOR
1	R600	R600	R600	R600	R600
2	R500	R500	R500		R500
					R400



NB: PRIZE MONEY WILL BE PAID AFTER GETTING RESULTS

Anti-doping results from ASA