

FOR ANY INFO CONTACT: ERICH 076 389 7921

19 MAY 2024

HI-PERFORMANCE

MIDAS

ROAD RUNNERS

PRESENTS

MIDAS RACE

21 KM

ENTRY FEE:
R220

**MIDAS
MILE**

BE ON THE **LOOKOUT**
FOR THE MIDAS MILE
IN THE **10KM &
21KM RACE**

10KM

ENTRY FEE:
R125

**START @
07:10AM**

5KM
ENTRY
ON THE DAY
R50

TO REGISTER: <https://myactive.cc/hpmrrhalfmarathon>

ONLINE ENTRIES START

26 FEBRUARY 2024

CLOSING DATE

12 MAY 2024

PRIZES

UP FOR GRABS
TO THE VALUE
OF **R30 000**

**OLD VAALTONIANS
SPORTS CLUB**

Abraham Kriel Street S. W. 2,
Vanderbijlpark

START TIMES:

07:00AM



MIDAS



RULES AND REGULATIONS

- 1. The race is run in accordance with the rules and regulations of AVT and ASA**
- 2. Age restrictions**
21km: The participant must be 16 years or older on the race day
10km: The participant must be 14 years or older on the race day
- 3. All foreign athletes must abide by the WA rules**
- 4. Water points every 3km**
- 5. No dogs allowed**
- 6. Temporary licenses R100 for non-licensed athletes. The 5km does not need a license**
- 7. The organisers, Old Vaaltonians Sports Club and ASA do not take any responsibility for any injury or incidents that may occur during your participation in this event.**
- 8. You participate in the event at your own risk and hereby indemnify the national and provincial bodies, sponsor and organisers of the race against any action and claim of any nature**
- 9. You must wear your race number on the front of your vest and the temporary or provincial number on the back of your vest**
- 10. Disqualified athletes will not be eligible for any incentives/giveaways**
- 11. Participants must obey the race officials, marshals and traffic officers**
- 12. Entry fee is non-refundable**
- 13. Prize money only for the race you enter**
- 14. All entrants for the 10km and 21km qualify for the Midas Mile prize**
- 15. The fastest mile should be completed in accordance with the 10km and 21km race rules and regulations**
- 16. The Midas Mile winners will be determined through digital timing**