



40th Commemorative Jackie Mekler Memorial Race 2024

- 1 The race with enough secured parking space
- 2 Great opportunity 25km race for your last BIG C evaluation
- 3 Military standard with military precision race
- 4 Refreshments on sale

5 Military W's:

Who Road runner, fun runner - welcome
What Road running race
Where Military Sport Grounds (Thaba-Tshwane)
When **Date** 04/05/2023
Time 06:30am

What
Thereafter Medal for all finishers



25
kms

10
kms

5
kms

04 May 2024 ATHLETICS GAUTENG NORTH ROAD RUNNING RACE/WALK

Hosted by -
 Pretoria Military Marathon Club
 Venue - Pretoria Military Sportsground
 Thaba Tshwane (Voortrekkerhoogte)



RACE INFORMATION

THE 2024 JACKIE MEKLER & PMMC MEMORIAL RACES

Distance	Start Time	Cut-off Time	Minimum Age	Prize Giving Time
25km	06h30	4 hours	19 years	09h00
10km	06h30	2.5 hours	14 years	08h00
5km fun-run	06h45	1.5 hours	All ages	-

ENTRY INFORMATION

PRE-ENTRIES: ONLINE - closing date: 30 April 2024 Entries accepted at the following stores:

Run-A-Way Sports – 302 Freesia Street, Lynnwood Ridge (012) 361-3733

Pretoria Running Store – Sinnovile (076 929 7384)

RACE ENTRY FEES (remained same as 2023 fees!!):

25km Race = R250 pre-entries and R270 for late entries at the venue

10km Race = R150 pre-entries and R170 for late entries at the venue

5km Race = R50 pre-entries and R70 for late entries at the venue

ONLINE ENTRIES: Closing Date: 30 April 2024

Website address: <https://www.entryninja.com/events/80309-jackie-mekler>



ATHLETES MUST BRING ALONG PROOF OF REGISTRATION WHEN COLLECTING THEIR RACE NUMBERS

Entries accepted at the venue: Pretoria Military Sportsground, Thaba Tshwane (Voortrekkerhoogte)
 2 & 3 May 2024 from 14h00 to 17h00
 4 May 2024 from 04h00 until 20 minutes before starting time of respective races

RULES & INFORMATION

- All entrants participate at their own risk and their entry indemnifies the organisers (PMMC) and the sponsors of any liabilities or claims.
- All entrants must wear valid 2024 license numbers on the back and front (as per the new ASA rules); and race number on the front of the vest.
- All unlicensed athletes of the 25km and 10km race must purchase a temporary license number which must be worn on the back.
- The race will take place under the rules of ASA and AGN. Race referees' decisions are final.

- Marshals and traffic official instructions must be obeyed at all times.
- No seconding vehicles on the route will be permitted during the race.
- It is the responsibility of each athlete to ensure that he or she is medically fit and healthy to participate in any of the races.
- All categories may only compete in the age category as entered. The age category must be displayed on the running vest. Walkers should display "W" on the vest and are not allowed to run.
- The race committee reserves the right to accept or reject any entry.
- No PMMC members will be allowed to participate.
- Tog bag facilities are available and are used at own risk.
- Fast Food and refreshments will be on sale.
- We regret, no wheelchair athletes or prams will be allowed due to traffic conditions.
- No Ipods are allowed.
- Sufficient parking available.
- Water points at approximately every 3 kms.
- No pets will be allowed.
- Entry fees will not be refunded, cancelled or exchanged on account of the weather or unforeseen circumstances beyond the control of the event organisers.

PRIZES

Category	Position	25km	10km
Open	1	R 1000	R 400
	2	R 750	R 300
	3	R 500	R 200
40 - 49	1	R 300	R 200
	1	R 150	R 150
50 - 59	1	R 150	R 150
	1	R 150	R 100
60 - 69	1	R 150	R 100
	1	R 150	R 100
70 +	1	R 150	R 100
	1	R 150	R 100
80 +	1	R 150	R 100
	1	R 150	R 100
15 - 19	1	R 800	R500
	2	R 600	R300
	3	R 400	R200

MEDALS

	25km	10km	5km
GOLD	all category winners	all category winners	
SILVER	first 100	first 100	
BRONZE	all finishers	all finishers	all finishers

CONTACT MEMBERS

For any enquiries call:

Katlego Phenya	083 701 1046
Modise Madikazi	083 472 4453
Kgakgamatso Sekori	082 049 5985
Aluta Gaothuse	083 259 9741