Seshego Marathon™

Mankweng to Seshego

50km, 21.1km, 10km & 05km

15th September 2024

Comrades & Two Oceans Marathons Qualifier

#QualifyEarlyIn2024

#2024TheYearOfJubilee

Seshego Marathon™ RUN
SRC Sisonke Running Club · Sisonke Foundation

Savannah Mall — ultimate shopping

Sisonke Foundation

SRC Sisonke Running Club — Maisha Ya Kukimbia

Seshego Marathon™
A Lifestyle Sanctuary.

www.seshegomarathon.org

Seshego Marathon™

Entries Fees.

Entries open online on www.seshegomarathon.org (Peak Timing) from **03 Jun** to **06 Sep 2024**.
Manual Entries (**Plus R10 Handling Fee**) will open from **09th** to **13th Sep 2024** at **Savannah Mall** Banking Hall.

#2024TheYearOfJubilee
#QualifyEarlyIn2024

RACE	Entry Fees.			T – Shirt. During Collections.	Medals. Upon Completion.	Transport
	With License.	Junior	Temp License.			
50Km.	R350	X	R50	R150	Yes	Yes
21.1Km.	R280	R220	R50.	R150.	Yes	No
10 Km	R170	R100	R50	R150.	Yes	No
05Km.	R100	R60	n/a	R150.	Yes	No

Prizes.

Race	Group	Target	One	Two	Three	Four	Five
50 Km Run	Open	M & F	R30 000	R20 000	R10 000	R7 000	R5 000
	40+	M & F	R1 000	R800	R500	X	X
	50+	M & F	R1 500	R1 000	R700	X	X
	60+	M & F	R1 500	R1 000	R800	X	X
	70+	M & F	R2 000	R1 500	R1000	X	X

RACE.	Group.	Target.	First.	Second	Third
21 Km Run	Open	M & F	R5 000	R3 500	R2 000
	Junior	M & F	R1 000	R800	R500
	40+	M & F	R700	R650	R500
	50+	M & F	R800	R650	R500
	60+	M & F	R900	R650	R500
	70+	M & F	R1 000	R650	R500

RACE.	Group.	Target.	First.	Second	Third
10 Km Run	Open	M & F	R3 000	R2 000	R 1 000
	Junior	M & F	R1 000	R800	R500
	40+	M & F	R500	R400	R300
	50+	M & F	R500	R400	R300
	60+	M & F	R500	R400	R300
	70+	M & F	R500	R400	R300

Seshego Marathon™

Race Rules.

KNOW the RULES

1. General Rules.

- **The Race:** Will be run according to the rules of **LIMA, ASA** & **WA** and Referee's decision is final.
- **License Numbers**: Place 2023 License Numbers at the front and back of the Vest and Do not cover them.
- **Temporary License**: No temporary licence for **50km Race** except for **Foreign Athletes** but only for 21.1km and 10km Races . Place Temporary License at the front of the Vest.
- **Foreign Athletes**: Any Foreign Athlete must use Temporary Licence have a Confirmation Letter or Permit from their Sport federation required under **WA Rule 4** from taking part in the event.
- **Age Limit:** Athletes for 10km must be 14 years or older; for 21Km must be 16 years or older and for 50Km must be 18 years or older on the day of the race.
- **Age Category**: Age Tags must be clearly displayed for the duration of the event (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- **ID**: Proof of Age (ID) to be produced upon request on day of race.
- **Club Colours**: Registered Athletes must wear Full Club Colours. No Club Colours on Temporary License.
- **Race Pictures**: All participates must take note that photographs might be taken at the event and placed on Social Media.
- **Anti-doping**: Agents will be on site and will conduct their duties in line with their mandate.
- **Marshalling**: Observe and obey all **Traffic Officials** and **Race Marshals**.
- **Littering**: Please make use of waste boxes on the route, Runners are expected to observe a **Clean Race.**

2. Collection of Race Numbers.

- Race Numbers will be collected at **Savannah Mall (Banking Hall)** on **11th** to **13th September** from **09H00** to **17H00** and **Seshego Stadium** on **14th April 2024** from **09H00** to **22H00.**
- **No Race Numbers** will be issued on the day of the **Race**.

3. Safety Protocols.

- All participants must adhere to all Health and Safety Protocols.

4. Indemnity.

Each participant agrees to indemnify and hold harmless the Marathon, its Organisers, Sponsors and other Bodies from and against any loss, cost, or damage of any kind which may result from participation in the event.