



RACE INFO:

Date: 27 April 2024
 Distances: 21.1km@ 06:00am, 10km@ 06:30am and 5km@ 6:45am
 Start and Finish: Beacon Bay Country Club (Beaconhurst Dr, Beacon Bay, East London)

ONLINE ENTRIES:

Online entry <http://entrytickets.net/omac> from 10 March 2024 until 20 April 2024

REGISTRATION AND COLLECTIONS

26 April 2024 from 14h00 – 19h00 at Beacon Bay Country Club

RACE DAY LATE ENTRIES:

10km and 21km race day entries will be available with a R50 late entry penalty fee.

5km race day entries will be available without late entry penalty fee.

HANDOUTS

T-shirts and Race Numbers

T-shirts for the first 400 and 500 entries received respectively for the 10km and 21.1km races.

MEDALS:

First 100, 300 and 500 finishers in the 5km, 10km and 21.1km respectively will receive race medals.

ROUTE INFORMATION

1. No animals are allowed on the course.
2. No earphones allowed (offenders will be disqualified)
3. Refreshment tables are provided every 3km along the routes.
4. Prams are allowed in the 5km fun run only.

Distance	Manual & Online Entry Fee	Temp License
21.1km	R210	R 55
10km	R170	R 45
5km	R70	

M & F	21.1km			10km		
Cat	1	2	3	1	2	3
Open	R5000	R2500	R1500	R2500	R1500	R1000
Junior	R1000	R800	R500	R500	R400	R300
35+	R1000	R800	R500	R500	R 400	R300
40+	R1000	R800	R500	R500	R400	R300
50+	R1000	R800	R500	R500	R400	R300
60+	R1000	R800	R500	R500	R 400	R300

RULES

1. The race is run in strict accordance with the rules of the WA, Athletics South Africa, and Border Athletics federations.
2. All foreign athletes must comply with WA and ASA rules.
3. All 21.1km participants must be 16 years or older and 14 years or older for 10km.
4. Age category tags must be worn on front and back to qualify for category prizes. **NO AGE FLASH NO CATEGORY PRIZE**
5. ASA license should be worn back and front for registered runners with race number in front not obstructing ASA logo.
6. Race number to be worn in the front and temporary license at the back.
7. Health and safety regulations and protocols to be strictly adhered to.
8. Race organisers reserve the right to accept or reject any entry.

ENQUIRIES

Neziswa Dwanya 073 221 1998
 Bulela C Sidloyi 083 752 6794
 Boitumelo Lepman 082 565 9737
 Email: omacrace51021@gmail.com
 Website: <https://omac65.wixsite.com/running/omac-race-23>
 Facebook: <https://www.facebook.com/OMACGreenMambas>

SPONSORS & PARTNERS

RACE NUMBER:

5KM, 10KM AND 21.1KM
 PLEASE PRINT LEGIBLY

NAME: _____

SURNAME: _____

ID NUMBER: _____

SEX _____ AGE _____

CLUB: _____

2024 LICENSE NO: _____ TEMP NO REQUIRED: Yes / No

Distance	21km	10km	5km
Entry Fee	R210	R170	R70
Temp License	R55	R45	

PHONE: _____

NEXT OF KIN: _____

PHONE: _____

T-shirt Size					
XS	S	M	L	XL	2XL

Subject to availability of sizes.

The race will be run under the Rules of WA, ASA, and Border Athletics federations. I hereby declare I shall participate in the race at my own risk and indemnify the organizers and sponsors of this race against any claim, which may result in my participation. By signing this form and entering the race, I agree and voluntarily consent to the race organizers processing and storing my personal information for the race participation purposes, including reporting, and may share with their sponsors for marketing.

SIGNATURE _____ DATE _____

PARENT OR GUARDIAN IF UNDER 18 _____

NO REFUNDS OR SUBSTITUTION WILL BE ISSUED FOR ANY REASON

