

ALPHA PHARM 2-IN-1
27 APRIL '24

HOSTED BY

Bethal
MARATHON CLUB

21km
10km

4,9km

ENTRIES FROM
05:30



MARIETJIE VAN NIEKERK SCHOOL
Market Ave, New Bethal East, Bethal

07:00 - 21.1KM & 10KM | 07:30 - 4.9KM FUN RUN

*RUNNERS OF BETHAL MARATHON CLUB MAY NOT PARTICIPATE ON RACE DAY:
MEMBERS RACE DATE WILL BE COMMUNICATED*



FUN RUN
10KM
21KM
TEMP LIC

R40
R90
R190
R40



MEDALS
TO ALL FINISHERS
UNDER 3 HOURS

ENQUIRIES:
PIETER BOTES

017 647 5315 | 082 920 7555
medsenap@gmail.com

REFEREES DECISION IS FINAL

- Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WORLD ATHLETICS (WA) & AMPU House rules. No seconding will be allowed. No pacing of any kind.
- Ages: Athletes for 10km must be 14 years or older on the day of the race.
Athletes for 21.1km must be 16 years or older on the day of the race
Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2024 license numbers on the front and back of the vest.
- Temporary license at the front on the vest.
- Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.
- **Age category ID tags must be clearly displayed for the duration of the event (back and front)** by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- Asa logo on the license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- Category winners must be present at the prize giving ceremony or **make prior arrangements** to collect award, **failing to do so the athlete will forfeit his/her prize money.**
- No Tog bag area available
- Any foreign athlete must have a confirmation letter or permit from their Sport Federation required under WA Rule 4 from taking part in the event.
- **NO LITTERING, please make use of waste boxes on the route - PLEASE RUN CLEAN.**
- **ALL PARTICIPANTS MUST TAKE NOTE THAT PHOTOGRAPHS MIGHT BE TAKEN AT THE EVENT AND PLACED ON SOCIAL MEDIA.**
- The use of any type of earphones is not allowed on this race and will lead to disqualification.



ATHLETES PARTICIPATE AT THEIR OWN RISK, CLUB WILL NOT BE HELD RESPONSIBLE FOR ANY INJURIES OCCURRED DURING THE RACE

PRIZE MONEY	Category	10 Km Male/Female	21 Km Male/Female
	Overall winner	R400	R800
	Overall second	R300	R500
	Overall third	R200	R300
	First (40+)	R150	R200
	First (50+)	R150	R200
	First (60+)	R150	R200

I declare that I run at my own risk and indemnify the organizers / sponsors of any responsibility for injuries or loss. Athletes, entering for this event, and use medication to treat an illness or condition which fall under the PROHIBITED LIST, should complete a THERAPEUTIC USE EXEMPTION (TUE) form before entering for the event and obtain authorisation from SAIDS to take the needed medicine or method.

