

## **Germiston Callies Harriers proudly present**

# The Alan Robb 32km and 15km races



Sunday 7 April 2024 at 06h30 Venue: Germiston Stadium, Delville Road North, Germiston GPS Co-ordinates S26 13

Entries will be online only Entry Fees (excluding online fee)

38.2 E28 10 23.2

32km R300 Grandmaster R150

15km R200 Grandmaster R100

Great Grandmasters and Blind Runners Free (online fees may apply)
Temp Licence 32km R80 Temp Licence 15km R60
Medals to all finishers

**Entries: Online at www.peaktiming.co.za** 

Race numbers may be collected at Callies offices, Germiston Stadium on Saturday 6 April 2024 from 9am to 1pm. Race numbers can also be collected from the kiosks on the morning of the race from 5h00.

Cut off times 32km 11h00 15km 9h00

Cut off times will be strictly enforced and partipants must withdraw from the race if so requested by a race official.

Marshals and traffic officials may be withdrawn after cut off.

Walkers welcome but must comply with cut off times.



CENTRAL GAUTENG

No runners may start the race more than 15 minutes after the gun



### Alan Robb 32km and 15km races

#### Race Rules

- 1. Run in accordance with ASA and CGA rules.
- 2. No seconding allowed ample water points available.
- 3. Registered athletes must be a member of a club affiliated to ASA and wear club colours with race number on the front and 2024 licence numbers on the back and front clearly visible.
- 4. Temporary licensed athletes must wear the race number on the front of the vest and issued temporary licence on the back and wear plain clothing.
- 5. Athletes indemnify National, Provincial, Regional bodies, organizers and sponsors against all or any actions of whatever nature arising out of their participation in the race.
- 6. Numeric age category ID tags (including juniors) must be worn (front and back) and be clearly visible. Proof of age for prize winners will be required and to be presented to referees before prize giving. Prizes will be withheld until
- 7. Only athletes of 15 years and older on 7 April 2024 may enter the 15km race.
- 8. Only athletes of 19 years and older on 7 April 2024 may enter the 32km race.
- 9. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by partipants, or wheelchair athletes will be permited to partipate without the special permission of the race organizer and traffic authorities. All such partipants MUST start at the back of the field.
- 10. No pets are allowed to accompany runners.
- 11. International athletes to provide clearance letter to referees in the event of winning a prize.
- 12. Temp licensed athletes are eligible for open and category prizes, provided they have the age category tags clearly visible front and back.
- 13. No I-pods, headphones or portable radios are allowed.
- 14. Athletes partipate at their own risk.
- 15. Entries are not refundable.
- 16. Objections to be lodged with the referees within 30 minutes (before or after prize giving) in writing accompanied by R300 which is refundable if appeal is upheld.
- 17. Athletes may not start the race more than 15 minutes after the start gun for safety reasons.

#### **Prizes**

15km Prize Money	1st	2nd 3rd	32km Prize Money	1st	2nd	3rd
Open Men and Women	R500	R300 R200	Open Men and Women	R1000	R600	R400
Men & Women 40-49	R250	R150 R100	Men & Women 40-49	R450	R250	R150
Men & Women 50-59	R150		Men & Women 50-59	R250		
Men & Women 60+	R150		Men & Women 60+	R250		
Men & Women Junior	R150					

15km Prize giving at 8h30

32km Prize giving at 10h00

No littering beyond marked points at water points.

Carry any litter to next water point.

Do your part to care for the environment.

### Parking, Tog Bags and Enquiries

Callies parking marshals and car guards will be clearly idenfiable. Please adhere to their guidance to ensure a smooth flow of traffic. Please park only in the designated areas

Tog bag area available – PLEASE NOTE; whilst best care will be taken at the tog bag area, Germiston Callies will not be held liable for any losses.

Enquiries Brian Machill 083 700 5977 or Les Black 082 552 7866 or email: gch @ germistoncallies.co.za