

Crusaders

2023/11/25

POS	NAME	CLUB	LIC.NO	R.NO	SEX	AGE	HMS	
1	SICELO	MASHABA	MADIBAZ AC	2211	390	M	23	0.32.09
2	BONGANI	BANDA	CHILLIE EP	401	387	M	24	0.32.10
3	XOLISA	NDLUMBINI	VUKANI MS CLUB	1836	56	M	41	0.32.58
4	SAKHE	MAHOTE	MADIBAZ AC	20374	299	M	19	0.33.24
5	KHAYA	GQWETHA	VUKANI MS CLUB	1825	399	M	38	0.33.35
6	GEORGE	NTSHILIZA	NEDBANK RC	1458	513	M	44	0.33.45
7	SIBUSISO	COLEPI	MOTHERWELL AC	20300	331	M	18	0.35.26
8	THULANI	MDLALO	NEDBANK RC	1768	332	M	38	0.35.53
9	DALLIAN	OERSON	SCHOOLS EPA	20487	207	M	16	0.36.21
10	LUVUYO	DYANI	MOTHERWELL AC	519	289	M	53	0.37.05
11	SIYABULELA	MPENGESI	VUKANI MS CLUB	2309	339	M	41	0.37.13
12	REECE	FREEMAN	ACT AC	20040	140	M	16	0.37.41
13	BATHANDWA	MOOI	VUKANI MS CLUB	1806	257	M	39	0.37.58
14	TUMELO	MOCHELENYANE	SAPS AC EP	74	270	M	41	0.38.26
15	GODFREY	STUURMAN	CHILLIE EP	425	350	M	23	0.38.29
16	RYAN	PETER	PR AC	601	61	M	39	0.38.30
17	ALISTAIR	KINGWILL	RUN 4 CHRIST AC	536	250	M	46	0.38.31
18	Avon	Williams	ST ALBANS AC	20081	519	M	15	0.38.35
19	MUTEKILE	RASMENI	NEDBANK RC	1398	407	M	58	0.38.58
20	NTOMBESINTU	MFUNZI	NEDBANK RC	1405	313	F	41	0.39.28
21	ABDUL	WICOMB	MUIRITE STRIDER	282	256	M	45	0.39.35
22	JULIAN	VAN DER SCHYFF	PR AC	20161	179	M	16	0.39.39
23	HENRY	CRAUSE	NEDBANK RC	1465	131	M	41	0.39.45
24	STANTON	FREEMAN	ACT AC	157	141	M	46	0.39.49
25	ANNALISE	SCHOLTZ	MADIBA BW	1658	71	F	40	0.39.54
26	THANDO	NCIPHA	SAPS AC EP	60	398	M	31	0.40.16
27	GUERRA	NTULI	SCHOOLS EPA	80086	206	M	15	0.41.35
28	PETER	GATANGI	VUKANI MS CLUB	2379	344	M	46	0.41.56
29	DANIEL	KRUGER	SCHOOLS EPA	20456	109	M	15	0.41.57
30	ONATHI	STUURMAN	CHILLIE EP	426	388	M	24	0.42.03
31	DEAN	HOYLE	CHARLO AC	932	196	M	53	0.42.22
32	RUBEN	BOUWER	SCHOOLS EPA	20449	95	M	15	0.42.35
33	HIELDE	MARAIS	MUIRITE STRIDER	2245	47	F	23	0.42.35
34	JADEN	DE RIDDER	ELITE A C	20444	98	M	17	0.42.46
35	NOSIPHO	DLAMINI	WATERFALL AC	13176	267	F	36	0.43.14
36	ATHULE	NTSHUNTSCHA	CHILLIE EP	431	471	M	27	0.43.45
37	CALEB	LOTTERING	ATLANTIC ACES	20333	111	M	17	0.43.55
38	VUTU	FREEMAN	VUKANI MS CLUB	1796	271	M	58	0.44.02
39	VANDRE	NEL	MADIBA BW	1639	241	M	38	0.44.18
40	CHRISTINE	CLAASEN	NEDBANK RC	1416	277	F	59	0.44.22
41	CHARLES	CORBY	RUN 4 CHRIST AC	546	91	M	53	0.44.28
42	THERESA	BUCHNER	32GI EP AC	1516	9	F	38	0.44.43
43	MARTIN	JANSEN	NEDBANK RC	1441	406	M	55	0.44.46
44	SIYAPUMLA	TANDANI	TEMP	6477	477	M	40	0.45.04
45	CANDICE	RICHARDS	32GI EP AC	1526	165	F	31	0.45.06
46	BRAAM	VAN DER SCHYFF	PR AC	608	177	M	50	0.45.07
47	Grant	Rudman	DESPATCH AC	2362	252	M	45	0.45.11
48	ANDRE	IMMELMAN	TEMP	4264	251	M	46	0.45.26
49	FRIKKIE	BOSHOFF	RUN 4 CHRIST AC	80196	310	M	44	0.45.35
50	MIA-CARA	HART	SCHOOLS EPA	20484	514	F	18	0.45.36
51	WESSEL	WOLMARANS	ELITE A C	1216	516	M	45	0.45.46
52	MARCO	SPRONG	SCHOOLS EPA	20489	75	M	18	0.45.46
53	ILKE	WOLMARANS	ELITE A C	20186	515	F	16	0.45.47
54	PETRUS	RADEMEYER	RUN 4 CHRIST AC	554	163	M	49	0.45.48
55	ALAN	TAYLOR	ACHILLES AAA	1083	259	M	66	0.45.51

POS	NAME		CLUB	LIC.NO	R.NO	SEX	AGE	HMS
56	BRETT	HOLMES	ASPEN PHARMACA	619	147	M	49	0.45.57
57	MIEKE	WESTRAADT	RUN 4 CHRIST AC	534	222	F	28	0.46.01
58	KELVIN	SAMUEL	32GI EP AC	1528	69	M	40	0.46.08
59	PAULINE	TUNSTEAD	CHARLO AC	979	176	F	53	0.46.17
60	LISA	KREUSCH	MADIBA BW	1661	40	F	37	0.46.19
61	XYLON	VAN EYCK	TEMP	4259	247	M	39	0.46.22
62	CARLA	CLOTZ	SCHOOLS EPA	20414	186	F	16	0.46.34
63	SITHA	SIGENU	REAL GIJIMAS	50969	74	F	40	0.46.44
64	DARRYL	CALVERT	RUN 4 CHRIST AC	561	200	M	48	0.46.47
65	JOHAN	BRITZ	TEMP	4376	279	M	43	0.46.53
66	BASHEER	ENSAL	TEMP	4373	232	M	20	0.47.01
67	JAN	VAN EEDEN	NEDBANK RC	1010	180	M	65	0.47.23
68	MVULELI	MAGAWULANA	ASPEN PHARMACA	2366	46	M	47	0.47.31
69	SUZETTE	VICTOR	NEDBANK RC	1334	280	F	53	0.47.40
70	SANDILE	NDLOVU	TEMP	6487	487	M	39	0.47.47
71	PLAAITJIE	DAMONS	VWAC	1275	132	M	60	0.47.55
72	HANNES	ELS	MADIBA BW	1659	101	M	73	0.48.01
73	HERMAN	SAAYMAN	MADIBA BW	2010	168	M	39	0.48.02
74	DON	CHARLES	NEDBANK RC	1440	185	M	74	0.48.03
75	OLWETHU	BOMVANA	CHILLIE EP	508	389	F	37	0.48.13
76	SALWYN	DENNIS	XGEL AC	1033	412	M	45	0.48.19
77	CLEUSHAY	JANSEN	SCHOOLS EPA	80087	199	M	14	0.48.23
78	HENRY	PIENAAR	BLUEWATER BAY	1957	161	M	52	0.48.40
79	NATHAN	LOTTERING	ATLANTIC ACES	20334	112	M	17	0.48.47
80	LEONARD	CONRADIE	BLUEWATER BAY	1954	130	M	69	0.48.50
81	LUTHANDO	NDZAMBO	MADIBAZ AC	2126	237	M	40	0.48.53
82	DEAN	FINLAY	ACHILLES AAA	1060	193	M	57	0.48.53
83	JOANNE	HOYLE	CHARLO AC	983	197	F	54	0.49.28
84	GEORGE	WINSHIP	CHARLO AC	876	92	M	57	0.49.42
85	ANEL	STRAUSS	TEMP	4273	284	F	18	0.49.43
86	ZADRIAAN	GOUWS	NEDBANK RC	20206	285	M	18	0.49.43
87	FRANCOIS	VOSLOO	TEMP	4386	296	M	18	0.49.44
88	TARQUIN	HARMSE	TEMP	6464	464	M	27	0.49.44
89	ANNEKE	MOORE	DESPATCH AC	1590	326	F	39	0.49.56
90	STEPHEN	PHILLIPSON	DESPATCH AC	1553	217	M	59	0.49.56
91	DE WET	WILLIAMS	MUIRITE STRIDER	277	518	M	61	0.50.06
92	STEFAN	BOSHOFF	SCHOOLS EPA	20457	293	M	14	0.50.07
93	DELME	REDCLIFFE	TEMP	4390	304	M	40	0.50.16
94	SANNAH	MPUKULA	ASPEN PHARMACA	1013	51	F	50	0.50.19
95	GAVIN	SILLS	RUN 4 CHRIST AC	564	209	M	50	0.50.24
96	DISEMBA	BLOU	CHARLO AC	944	269	M	65	0.50.28
97	VERNON	NAIDOO	VWAC	1300	287	M	54	0.50.29
98	JO-ANNE	FORSON	ASPEN PHARMACA	634	138	F	36	0.50.30
99	MARK	GODDARD	ASPEN PHARMACA	637	238	M	27	0.50.31
100	ANAND	NAIDOO	VWAC	1267	294	M	53	0.50.41
101	KAHN	LANGFORD	VWAC	1263	43	M	45	0.50.44
102	ETHAN	COUTTS	SCHOOLS EPA	20112	187	M	15	0.50.50
103	NKHATHALLEN	KHIBA	NEDBANK RC	1450	39	F	42	0.50.54
104	MONDRE	VAN HEERDEN	SCHOOLS EPA	20401	120	M	16	0.51.04
105	ESMERI	OBERHAUSER	SCHOOLS EPA	20442	114	F	16	0.51.05
106	DARIUS	SWIEGELAAR	NEDBANK RC	1342	311	M	28	0.51.10
107	JIMMY	HEADBUSH	MANONI	16314	521	M	52	0.51.14
108	JANINE	WHITTAL	ELITE A C	1256	413	F	42	0.51.20
109	ERROL	WHITTAL	ELITE A C	1255	414	M	48	0.51.21
110	GEOFFREY	SWARTBOOI	RUN 4 CHRIST AC	2386	337	M	47	0.51.30
111	MAUDY	BOTES	DESPATCH AC	1586	216	F	41	0.51.38
112	SERGEI	BENJAMIN	VUKANI MS CLUB	1782	2	M	36	0.51.53
113	PIETER	GERBER	ELITE A C	2223	274	M	48	0.51.54
114	MELANIE	CHRISTIE	ELITE A C	2325	226	F	39	0.51.55
115	ALOUISE	VOSLOO	TEMP	4274	295	F	16	0.51.58

POS	NAME		CLUB	LIC.NO	R.NO	SEX	AGE	HMS
116	MICHAEL	DEKKER	SAPS AC EP	50	20	M	51	0.51.59
117	THERESA	OOSTHUIZEN	DESPATCH AC	1552	60	F	52	0.52.04
118	ISCHKE	LAMBRECHTS	DESPATCH AC	1614	152	F	40	0.52.09
119	MARYKA	COETZER	MADIBA BW	2364	13	F	40	0.52.12
120	LEON	GROENEWALD	MADIBA BW	1671	143	M	57	0.52.13
121	DEIDRI	ODENDAAL	TEMP	6488	488	F	22	0.52.18
122	LESLEY-ANN	BUSH	DESPATCH AC	1575	125	F	51	0.52.19
123	LINDI	VAN TONDER	CHARLO AC	883	181	F	45	0.52.20
124	JOEL	HUMAN	RUN 4 CHRIST AC	528	35	M	50	0.52.35
125	GRAHAM	TERBLANCHE	MADIBAZ AC	2128	78	M	58	0.52.37
126	AMANDA	SHAW	BODY CONCEPT	1001	171	F	59	0.52.37
127	JODI	PIENAAR	WALMER AC	455	63	M	29	0.52.53
128	DAVID	BAINS	XGEL AC	1043	416	M	57	0.52.56
129	ASIVE	SOTASHE	TEMP	4255	319	F	28	0.53.02
130	EUGENE	VAN WYK	XGEL AC	1042	415	M	52	0.53.07
131	CHARL	GERBER	32GI EP AC	1512	29	M	47	0.53.08
132	WALTER	ZIMBEVA	SPAR EC RC	389	297	M	43	0.53.12
133	ALISON	BOWKER	TEMP	6456	456	F	35	0.53.13
134	HESTER	DEKKER	SAPS AC EP	75	19	F	51	0.53.32
135	CHRISTINE	BIRD	ELITE A C	1208	3	F	52	0.53.33
136	BURNITA	STRYDOM	RUN 4 CHRIST AC	555	76	F	55	0.53.34
137	SANETTE	RYAN	ELITE A C	1211	167	F	53	0.53.38
138	JANETTE	SCHIERZ-CRUSIUS	BODY CONCEPT	1007	317	F	63	0.53.57
139	ZOLANI	MQOQI	VUKANI MS CLUB	1819	327	M	46	0.54.13
140	SIDWELL	MATINYANE	VUKANI MS CLUB	1790	318	M	58	0.54.14
141	SHEZELLE	VAN WYK	ST ALBANS AC	20125	315	F	18	0.54.16
142	ELWIN	WOODS	MUIRITE STRIDER	327	212	M	60	0.54.20
143	LERENZO	FRANCIS	DESPATCH AC	1598	26	M	37	0.54.21
144	TRACY	PAGE	TEMP	6472	472	F	47	0.54.26
145	CRAIG	WARD	ASPEN PHARMACA	2229	288	M	46	0.54.26
146	WAYNE	SCHOLTZ	32GI EP AC	1481	70	M	43	0.54.33
147	KELLY	HOLMES	ASPEN PHARMACA	618	148	F	46	0.54.34
148	PHILLIP	DE RIDDER	ELITE A C	2399	17	M	47	0.54.37
149	YOLANDIE	LANDMAN	RUN 4 CHRIST AC	1995	263	F	48	0.54.41
150	KESVAL	CHETTY	CHARLO AC	903	12	M	59	0.54.58
151	TANYA	MEYER	NEDBANK RC	1428	268	F	39	0.55.05
152	MARISSA	BLACK	NEDBANK RC	1439	517	F	45	0.55.11
153	RENE	HATTINGH	NEDBANK RC	1402	335	F	45	0.55.11
154	IVAN	MOSES	MADIBAZ AC	2204	395	M	61	0.55.12
155	MANDICHONESA	PONASHE	TEMP	4356	258	M	15	0.55.21
156	MARK	HEADBUSH	COUNTRY CLUB JH	28405	272	M	79	0.55.23
157	DEWET	LE ROUX	TEMP	4263	221	M	43	0.55.27
158	DEON	ENGELBRECHT	NMB AC	801	191	M	55	0.55.31
159	JANE	STEYN	SCHOOLS EPA	20422	291	F	15	0.55.33
160	TANYA	BOSHOFF	SCHOOLS EPA	20458	292	F	16	0.55.33
161	BENITA	GERBER	ELITE A C	1214	27	F	59	0.55.34
162	MELANIE	BUITENDAGH	RUN 4 CHRIST AC	80200	10	F	40	0.55.36
163	DENVER	HUME	MUIRITE STRIDER	307	343	M	45	0.55.39
164	EMIHLE	XAKAXA	MOTHERWELL AC	20543	345	F	13	0.55.41
165	MELISSA	DU RANDT	SAPS AC EP	51	190	F	33	0.55.45
166	TENIELLE	DE ANDRADE	32GI EP AC	1503	16	F	38	0.55.52
167	ANELISA	MAGAMA	REAL GIJIMAS	5968	328	F	36	0.55.52
168	JOHANN	VAN DER MERWE	MADIBAZ AC	2123	219	M	59	0.55.58
169	MARISKA	KRUGER	TEMP	6467	467	F	46	0.56.01
170	ALTON	THOMAS	NEDBANK RC	1472	80	M	48	0.56.06
171	STEPHANUS	LAMBRECHTS	DESPATCH AC	1615	153	M	40	0.56.11
172	JUDY	GERBER	RUN 4 CHRIST AC	80199	28	F	57	0.56.11
173	JACQUES	BOTHA	DESPATCH AC	1588	7	M	49	0.56.12
174	JACOBUS	WYATT	DESPATCH AC	1567	346	M	60	0.56.12
175	HELGARD	POTGIETER	DESPATCH AC	1554	325	M	51	0.56.13

POS	NAME	CLUB	LIC.NO	R.NO	SEX	AGE	HMS	
176	TREVOR	VAN RENSBURG	CHARLO AC	926	253	M	71	0.56.14
177	Julia	Hofart	MADIBA BW	1666	341	F	40	0.56.19
178	ELMAR	LANDMAN	32GI EP AC	2124	154	M	30	0.56.20
179	PAIGE	LEE	32GI EP AC	1515	155	F	57	0.56.20
180	SAM	ERASMUS	NEDBANK RC	1424	136	M	66	0.56.21
181	NIEKE	EBERSOHN	RUN 4 CHRIST AC	526	276	F	32	0.56.22
182	WILLEMEN	DU RANDT	DESPATCH AC	1609	24	F	49	0.56.30
183	CHANTEL	VAN DER MERWE	MADIBA BW	80030	85	F	39	0.56.33
184	CATHY	ALLERS	ELITE A C	1201	290	F	61	0.56.35
185	MANUELA	THURNHER	TEMP	6478	478	F	58	0.56.38
186	LISTIA	NEL	MADIBA BW	1636	240	F	48	0.56.44
187	THANDO	FRANS	SPAR EC RC	397	139	M	45	0.56.46
188	DEWALD	DEYSEL	ELITE A C	1234	218	M	41	0.56.50
189	WENDY	VAN EYCK	TEMP	4420	246	F	41	0.56.57
190	ROBIN JOHN	COYLE-DOWLING	TEMP	6457	457	M	58	0.57.09
191	NATASHA	STANHAM	TEMP	6491	491	F	45	0.57.10
192	HANNEKE	STRYDOM	DESPATCH AC	1558	522	F	39	0.57.11
193	SIZAKELE	DAMBA	RCS GUGULETHU	11333	14	M	46	0.57.12
194	MARCELLE	VAN LOOGERENBERG	DESPATCH AC	1576	87	M	56	0.57.15
195	DEAN	BOSMAN	VWAC	1284	123	M	41	0.57.25
196	PHUNYEZWA	NDEVU	SABC RUNNING CL	6576	54	F	57	0.57.27
197	CELESTIN	NDHLOVU	CRUSADERS AC	754	55	M	51	0.57.30
198	BRENTON	VAN VUUREN	TEMP	6494	494	M	48	0.57.31
199	FRANCOIS	SMIT	ACHILLES AAA	1087	118	M	64	0.57.32
200	YOLANDA	DUGMORE	TEMP	4247	338	F	51	0.57.33
201	FAIQ	JAPPIE	TEMP	6466	466	M	51	0.57.59
202	WAYNE	MAC GEAR	MADIBAZ AC	2169	394	M	60	0.58.07
203	YOLANDA	SIDWABA	ASPEN PHARMACA	2227	172	F	32	0.58.12
204	SUSAN	ALCOCK	MADIBA BW	1623	122	F	57	0.58.14
205	GANIEF	DAVIDS	NMB AC	799	15	M	57	0.58.21
206	LETA	DOS SANTOS	INFINITY AC	82	22	F	59	0.58.34
207	ADELE	JANSE VAN RENSBURG	DESPATCH AC	1594	36	F	53	0.58.36
208	Brooke	Kruger	MADIBAZ AC	2138	41	F	20	0.58.49
209	JAIME	ALCOCK	MADIBAZ AC	2172	121	F	21	0.58.49
210	LUKE	COYLE-DOWLING	TEMP	4398	305	M	35	0.58.55
211	ANDRE	FOURIE	RUN 4 CHRIST AC	1220	103	M	76	0.59.05
212	SCHOOMBEE	PRETORIUS	MADIBA BW	1656	266	M	66	0.59.05
213	MARIZA	FREWEN	TEMP	6482	482	F	61	0.59.13
214	YVETTE	JONKER	DESPATCH AC	1600	37	F	51	0.59.20
215	ANIZE	GERBER	DESPATCH AC	1601	316	F	50	0.59.20
216	MARINET	VAN TONDER	DESPATCH AC	1582	88	F	45	0.59.20
217	B	VAN TONDER	TEMP	6480	480	M	53	0.59.21
218	LINDA	SILLS	RUN 4 CHRIST AC	563	210	F	41	0.59.25
219	JACQUES	LANGLEY	RUN 4 CHRIST AC	540	330	M	35	0.59.25
220	RIKA	TERBLANCHE	NEDBANK RC	1429	175	F	46	0.59.31
221	BRONWIN	MEYER	32GI EP AC	1530	202	F	51	0.59.31
222	LYNDLE	NAIDOO	GELVAN AC	1737	53	F	32	0.59.45
223	JOS	ELS	MADIBA BW	1632	102	F	71	0.59.49
224	GERT	HARMSE	RUN 4 CHRIST AC	2381	33	M	57	0.59.54
225	STACEY	DE RIDDER	ELITE A C	20500	97	F	14	1.00.05
226	KEITH	SEZOE	GELVAN AC	1704	73	M	53	1.00.06
227	GEROME	MINTOOR	ATLANTIC ACES	2093	229	M	56	1.00.07
228	MARIANE	VAN DER LINDE	NEDBANK RC	850	84	F	45	1.00.10
229	LOYISO	MALOTANA	TEMP	4249	393	M	48	1.00.15
230	CONRAD	VENTER	CHARLO AC	972	396	M	32	1.00.29
231	NADIA	SERFONTEIN	TEMP	6475	475	F	48	1.00.30
232	SISEKO	MKUMLA	TEMP	6469	469	M	39	1.00.35
233	HENNIE	VAN DER KOLF	PEAAC	2235	215	M	65	1.00.35
234	WENDY	VENTER	CHARLO AC	880	211	F	52	1.00.51
235	ROBERT	BUTTON	OLD SELBORNIAN	50345	126	M	64	1.00.51

POS	NAME	CLUB	LIC.NO	R.NO	SEX	AGE	HMS	
236	NONDUMISO	PHAKATHI	MADIBAZ AC	2198	62	F	42	1.00.55
237	NANDE	MATSHINGANA	VUKANI MS CLUB	1788	243	F	37	1.00.58
238	BRITTANY	CILLIERS	RUN 4 CHRIST AC	573	127	F	30	1.01.00
239	RUSHDA	JAPPIE	TEMP	6483	483	F	53	1.01.03
240	SALAAMA	DOLLEY	MALABAR	126	233	F	55	1.01.04
241	BIANCA	LEONARD	32GI EP AC	1514	156	F	34	1.01.09
242	JONATHAN	MANDELL	32GI EP AC	1500	158	M	59	1.01.11
243	JANETTE	VAN DER KOLF	PEAAC	38	214	F	63	1.01.16
244	NELESH	JAGANATH	MADIBA BW	1628	255	M	42	1.01.28
245	SONJA	VAN WYK	DESPATCH AC	2273	89	F	41	1.01.35
246	LAVINIA	PIETERSE	VWAC	1264	64	F	48	1.01.42
247	LEZELL	HARRIS	VWAC	80006	34	F	50	1.01.42
248	YOLANDI	DEETLEFS	TEMP	4254	323	F	40	1.01.43
249	MADRE	WELMANS	MUIRITE STRIDER	328	273	F	54	1.02.10
250	MICHELLE	BENN	TEMP	6453	453	F	40	1.02.15
251	RONEL	DE TARNOWSKY	RUN 4 CHRIST AC	400	18	F	43	1.02.20
252	MICHAEL	SLATER	VWAC	1299	262	M	53	1.02.27
253	JENN	SEADY	BLUEWATER BAY	1938	72	F	51	1.02.33
254	JULIUS	SHOGOLE	IKHAMVA AC	361	333	M	71	1.02.44
255	SEAN	CULLEN	TEMP	6481	481	M	38	1.02.45
256	JACQUES	KEIRSGIETER	ASPEN PHARMACA	2391	38	M	35	1.02.55
257	ANTONIE	GROBLER	RUN 4 CHRIST AC	575	283	M	71	1.03.00
258	KARIEN	POSTMA	TEMP	6474	474	F	51	1.03.02
259	DEBBIE	HILTON	MADIBA BW	1641	146	F	51	1.03.09
260	Tandolwethu	Zweni	SIBALEKA NANI	1910	245	M	27	1.03.23
261	BANOYOLO	GQOLI	CHILLIE EP	427	142	F	42	1.03.28
262	NANDIPA	MYELEYELE	SPAR EC RC	387	159	F	36	1.03.32
263	Mieke	Coetzee	DESPATCH AC	20214	129	F	17	1.03.39
264	CARIN	COETZEE	DESPATCH AC	1557	128	F	46	1.03.40
265	ILANA	BOSHOFF	DESPATCH AC	1607	5	F	43	1.03.42
266	SHANTE	DU PLESSIS	RUN 4 CHRIST AC	572	23	F	31	1.03.46
267	SIHAAM	ALLISON	MALABAR	123	1	F	38	1.03.47
268	RIAAAN	SMALBERGER	ST ALBANS AC	198	392	M	69	1.03.59
269	STEVE	MAC DONALD	TEMP	4375	230	M	71	1.04.02
270	MBULELO	SOBIKWA	NEDBANK RC	1333	119	M	69	1.04.23
271	CANDICE	DUNCAN	32GI EP AC	80023	135	F	44	1.04.45
272	GREGORY	LA MUDE	TEMP	6486	486	M	46	1.04.46
273	CATHY	IVES	ACHILLES AAA	1104	198	F	70	1.04.47
274	ADEL	VAN RENSBURG	TEMP	6493	493	F	45	1.04.52
275	SONJA	OLIVIER	BLUEWATER BAY	1956	58	F	56	1.04.57
276	TALITA	ODENDAAL	TEMP	6489	489	F	56	1.05.12
277	FRANKLIN	HUMAN	VWAC	1261	523	M	48	1.05.13
278	CLAUDEAN	VAN GREUNEN	TEMP	6492	492	F	42	1.05.13
279	INGA	GXOLO	ST ALBANS AC	208	249	F	28	1.05.29
280	LECHELLE	THERON	32GI EP AC	2114	79	F	43	1.05.31
281	RIAANA	BOUWER	DESPATCH AC	1556	124	F	47	1.05.33
282	HEINZ	CONRAD	ELITE A C	1259	312	M	44	1.05.34
283	SINDILE	MKETELWA	BUFFALO R R	53479	235	M	56	1.05.44
284	NQABISA	BENYA	CHILLIE EP	434	244	F	42	1.05.47
285	HERMAN	DEKKER	SAPS AC EP	72	99	M	78	1.06.05
286	THERESA	LILLIS	ACHILLES AAA	1073	110	F	67	1.06.06
287	BANDILE	CUNTU	NEDBANK RC	1380	188	M	59	1.06.17
288	DHIRESH	VALLABH	SCOTTBURGH A C	8441	82	M	38	1.06.24
289	LYNETTE	CRAUSE	INFINITY AC	100	96	F	63	1.06.24
290	COLWYN	MULLER	ATLANTIC ACES	80295	52	M	23	1.06.38
291	VERNON	LANDMAN	RUN 4 CHRIST AC	1994	264	M	48	1.06.46
292	JHANINEN	BOSHOFF	DESPATCH AC	1579	6	F	57	1.06.48
293	BERNADETTE	LOOCK	CHARLO AC	995	45	F	44	1.06.51
294	DAVID	CHENGWE	VWAC	1266	308	M	45	1.06.56
295	CHRISTOPHER	BRUINTJIES	VWAC	1280	8	M	51	1.07.11

POS	NAME	CLUB	LIC.NO	R.NO	SEX	AGE	HMS	
296	GERHARD	SCHOEMAN	TEMP	6499	499	M	48	1.07.31
297	COLLEEN	MOSES	SAPS AC EP	44	228	F	48	1.07.38
298	BIANCA	ESTERHUYSE	TEMP	4248	329	F	32	1.07.39
299	ASANDA	DLAMINI	VWAC	2108	133	F	43	1.07.44
300	THOBEKA	MABUSELA	VUKANI MS CLUB	1802	113	F	62	1.07.44
301	SASHA-LEE	MILES	DESPATCH AC	80282	203	F	28	1.07.58
302	ANDREW	MOSES	SAPS AC EP	45	227	M	50	1.08.00
303	BRONWEN	GELDERBLOEM	TEMP	6463	463	M	49	1.08.07
304	ASEMAHLE	MAQUNGO	CHILLIE EP	413	298	F	28	1.08.15
305	IZELLE	KILIAN	TEMP	6485	485	F	52	1.08.23
306	LIZ	AUSTIN	ACHILLES AAA	1051	184	F	65	1.08.31
307	GARFIELD	TSATSANE	TEMP	4579	242	M	57	1.08.31
308	TANIA	TRUTER	MADIBA BW	1634	348	F	51	1.08.41
309	ZELDA	KRIGE	INFINITY AC	95	278	F	63	1.08.43
310	EVA	CHETTY	CHARLO AC	923	11	F	55	1.08.50
311	ASHLYNNE	ABRAHAMS	TEMP	6451	451	F	42	1.08.57
312	CLYDE	ABRAHAMS	TEMP	4270	248	M	45	1.08.58
313	HENRY	HULME	DESPATCH AC	1604	423	M	58	1.09.02
314	XABISO	KROQWANA	GELVAN AC	1739	151	M	33	1.09.02
315	GISELA	BUDLER	ASPEN PHARMACA	632	144	F	35	1.09.04
316	ANNELIE	VAN DER MERWE	ELITE A C	1253	342	F	45	1.09.04
317	JUDITH	NIENABER	RUN 4 CHRIST AC	562	205	F	63	1.09.07
318	VOLENTI	MEYER	NEDBANK RC	1352	50	F	46	1.09.20
319	ASHRAF	ABRAHAMS	TEMP	6452	452	M	51	1.09.23
320	CHANTELL	VAN BAALLEN	MUIRITE STRIDER	292	83	F	47	1.09.25
321	JENNY	VAN DER WALT	MUIRITE STRIDER	320	178	F	41	1.09.26
322	NOORDIEN	SAIN	MALABAR	2260	170	M	69	1.09.31
323	CHARL	POSTMA	TEMP	4387	286	M	55	1.09.59
324	HELOUISE	POTGIETER	TEMP	6476	476	F	42	1.10.17
325	TYRONE	MARITZ	TEMP	4378	223	M	35	1.10.20
326	ELIZMA	HARMSE	RUN 4 CHRIST AC	2382	107	F	62	1.10.58
327	YUSUF	SAMUELS	XCEL AC	1045	117	M	64	1.10.58
328	GLYNN	SLATER	TEMP	4358	260	F	51	1.11.11
329	SIMONE	POTGIETER	MUIRITE STRIDER	315	65	F	45	1.12.27
330	CARMIA	SMUTS	TEMP	6490	490	F	27	1.12.33
331	JASON	LE ROUX	TEMP	6468	468	M	27	1.12.52
332	AUBREY	LE ROUX	ST ALBANS AC	197	349	M	70	1.12.52
333	LYNETTE	SMUTS	WALMER AC	458	173	F	57	1.13.02
334	PIETER	GERBER	RUN 4 CHRIST AC	570	105	M	65	1.13.18
335	PAULA	PEARCE	CHARLO AC	996	314	F	55	1.13.27
336	MARKUS	KUNNEKE	BLUEWATER BAY	1936	42	M	54	1.13.27
337	MEGAN	CROSSMAN	TEMP	4374	225	F	24	1.13.30
338	AMANDA	WOLMARANS	INFINITY AC	98	220	F	65	1.13.51
339	LIESL	NEL	CHARLO AC	974	306	F	49	1.14.16
340	YETISH	RAMSURRUP	MOUNT EDGECOM	12402	164	M	26	1.14.17
341	HELENE	OPPEL	ELITE A C	1231	115	F	73	1.14.21
342	KAYLEIGH	HILL	TEMP	6465	465	F	22	1.14.31
343	BRUCE	LE GRANGE	TEMP	4389	300	M	31	1.14.59
344	MALIZA	JOOSTE	TEMP	4388	302	F	29	1.14.59
345	CHARLENE	RADEMEYER	RUN 4 CHRIST AC	557	162	F	42	1.15.04
346	NIEKIE	OOSTHUIZEN	RUN 4 CHRIST AC	543	59	F	53	1.15.17
347	ALYCIA	LANGLEY	TEMP	4297	322	F	30	1.15.26
348	XOLILE	GOMOMO	NEDBANK RC	1348	195	M	71	1.15.31
349	ANDISWA	JAFTA	NMB AC	792	417	F	31	1.15.31
350	JACQUELENE	DU TOIT	RUN 4 CHRIST AC	544	134	F	50	1.15.38
351	WELILE	MERELE	MUIRITE STRIDER	297	281	M	57	1.15.41
352	Lauren	Gerber	ELITE A C	20188	275	F	16	1.15.49
353	ANDRE	PIENAAR	RUN 4 CHRIST AC	530	116	M	60	1.15.52
354	JAN	LE ROUX	NEDBANK RC	1331	391	M	64	1.15.53
355	IRMA	DE JAGER	WALMER AC	468	254	F	63	1.16.18

POS	NAME	CLUB	LIC.NO	R.NO	SEX	AGE	HMS	
356	EMMA	HARRIS	TEMP	4250	410	F	17	1.16.25
357	NATALIE	SHARP	MADIBA BW	1662	411	F	44	1.16.27
358	CANDICE	SHARP	MADIBA BW	1668	520	F	40	1.16.27
359	JACKIE	VAN DER BERG	TEMP	6479	479	F	51	1.16.56
360	DIANNE	HARTZENBERG	NEDBANK RC	1434	108	F	65	1.17.13
361	JEANETTE	CROSSMAN	TEMP	4394	224	F	62	1.17.36
362	LELSEY	RUITERS	ATLANTIC ACES	80026	67	F	40	1.18.12
363	ZIMKITHA	DAYI-SIBANGELE	TEMP	4272	282	F	38	1.18.17
364	KEZIA	PRINSLOO	SAPS AC EP	42	66	F	39	1.18.36
365	CASEY	ISAACS	VWAC	1305	149	F	45	1.19.34
366	GAYLE	SAAYMAN	VWAC	1274	68	F	35	1.19.34
367	PIETER	STEYN	VWAC	1296	334	M	64	1.20.00
368	DEVAN	RYAN	MALABAR	133	166	M	67	1.20.06
369	IMRAAN	KHAN	MALABAR	134	150	M	65	1.20.13
370	ZANTE	DEKKER	SAPS AC EP	20001	100	F	16	1.20.42
371	HEATHER	LANGFORD	TEMP	6495	495	F	52	1.20.58
372	RONNIE	JONKER	TEMP	4355	303	M	53	1.21.35
373	TULSIDAS	NARAN	MALABAR	135	160	M	69	1.21.44
374	JOHAN	FERREIRA	NEDBANK RC	1403	192	M	62	1.21.45
375	JO-ANNE	MUIR	WALMER AC	453	347	F	54	1.21.53
376	SHARON	POTGIETER	WALMER AC	452	336	F	59	1.21.54
377	BIANCA	SWARTS	SAPS AC EP	70	77	F	20	1.22.14
378	HELEN	ERLANK	ACHILLES AAA	1089	137	F	41	1.22.38
379	MARLENE	TERBLANCHE	ELITE A C	1241	321	F	73	1.22.45
380	NOZUKO	YEYE	HOLLYWOOD BETS	1852	213	F	51	1.23.57
381	EMELISA	MEIRING	DESPATCH AC	2125	49	F	31	1.24.44
382	BRENDAN	JORDAN	TEMP	6484	484	M	29	1.24.44
383	WARREN	COLLIER	TEMP	4524	236	F	65	1.25.27
384	STEPHANIE	HAY	INFINITY AC	93	145	F	68	1.25.48
385	HELEN	FOURIE	RUN 4 CHRIST AC	1215	25	F	53	1.25.49
386	GWEN	YOUNG	ELITE A C	1209	182	F	34	1.27.08
387	TIMOTHY	YOUNG	ELITE A C	1238	183	M	29	1.27.10
388	ESTINE	BOSCH	ASPEN PHARMACA	80333	4	F	36	1.27.16
389	RETASHA	GODDARD	ASPEN PHARMACA	2228	239	F	30	1.27.21
390	CHRISTOPHER	MAHWEHWE	TEMP	6497	497	M	55	1.27.36
391	MARIA	MAHWEHWE	RUN 4 CHRIST AC	80197	201	F	49	1.27.36
392	KUSELWA	MAJALI	SIBALEKA NANI	1927	157	F	50	1.28.11
393	ANEL	GRIMES	NEDBANK RC	843	31	F	59	1.28.22
394	SIVUYISIWE	MKETELWA	EDUCATION AC	52134	234	F	56	1.31.54
395	MILE	VERMAAK	CHARLO AC	962	320	F	56	1.32.30
396	RAE	LUCKMAN	CHARLO AC	910	397	F	53	1.32.30
397	LISA	BEDFORD	TEAM VITALITY E	687	340	F	49	1.33.17
398	KIM	PUTMAN	TEMP	4354	301	F	56	1.33.17
399	LINDA	DAMBA	TEMP	6459	459	F	45	1.35.05
400	MOF	BOTHA	ACHILLES AAA	1095	324	M	67	1.35.11
401	PIERRE	KNOESEN	MADIBA BW	1650	231	M	69	1.35.34
402	PHILISWA	SITELA	TEMP	4359	265	F	34	1.36.49
403	KENNETH	GREYLING	MADIBA BW	1679	106	M	63	1.37.12
404	SYMANTHA-ANNE	GREYLING	MADIBA BW	1649	30	F	48	1.37.13
405	DESIREE	TITUS	GELVAN AC	1742	307	F	58	1.37.13