

SPUR Night Race

Presented by: Eskom Athletics Club

13 March 2024

Misty Creek Spur @ Ben Fleur Boulevard

Entries Start 17h00 & Race Start 19h00

4.9KM Fun Run & 10KM Run

Entry Fee: 4.9KM- R50 / 10KM- R80

Temp License - R40

10 KM	Men	Women
1 st Open	R550	R550
2 nd Open	R450	R450
3 rd Open	R350	R350
1 st 40+	R300	R300
2 nd 40+	R150	R150
1 st 50+	R300	R300
2 nd 50+	R150	R150
1 st 60+	R300	R300
1 st 70+	R300	R300
1 st Junior	R350	R350
2 nd Junior	R250	R250
3 rd Junior	R150	R150
Walker	R200	R200

BEN FLEUR
BOULEVARD



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ASA Rules apply:

- No seconding will be allowed.
- No earphones or Walkman's allowed.
- No dogs.
- Obey traffic officials and race marshals.
- Athletes for 10km must be 14 years or older on the day of the race.
- Races presented according to the rules of ASA & AMPU House rules.
- All athletes will participate at their own risk.
- Walkers to have a W on their vest and are more than welcome to walk at the race.
- Age category ID. tags must be worn according to ASA rule 22.9.1 (back and front must be clearly displayed for the duration of the event by athletes competing for a category prize and not be covered with rain jackets, hydration pack etc).
- 2024 ASA License No. on the FRONT and back of the vest.
- Parking at own Risk .
- NO TOG BAG AREA.
- Temp License at the front on the vest. Tear of slip must be completed.
- Race number should not cover the valid ASA license logo.
- Age category Tags must we warn to compete for a category prize.
- I declare that I run at my own risk and indemnify the organisers, sponsors of any responsibility for injury or loss.
- Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so the athlete will forfeit his/her prize money.
- Cut-off time: 01:50 hours

Contact Details:

Paul - 082 966 7767 / Jonas - 072 512 2188



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