

*Cross the line!*

HALF MARATHON

**SAT, 17 AUGUST 2024**

**KEES TALJAARD STADIUM, MIDDELBURG**

*Middelburg*

**21.1KM, 10KM & 4.8KM**

*Proudly  
hosted by*



**MIDACK**  
ATHLETIC CLUB

# RACE DETAILS



Kees Taljaard Stadium,  
Kanonkop, Middelburg,  
1050 (Pavilion Stadium)

MEDALS TO ALL FINISHERS  
Route maps are available at  
[www.crosstheline.co.za](http://www.crosstheline.co.za)

## START TIMES & TIMING

21.1km & 10km **07:00am**  4.9km **07:10am**

Timing will be done by Peak Timing. Your timing chip will be built into your race number. No external timing chip will be required.



## RACE NUMBER COLLECTION

14<sup>th</sup> to 16<sup>th</sup> August | 10:00pm to 17:00pm | Midack Club House (Asalia street, Kanonkop, Middelburg)  
17<sup>th</sup> August | 05:00am to 06:00am | Kees Taljaard Stadium

*NOTE: Numbers can be collected on race day, but shirts will only be handed out on 14, 15 & 16 August.*

## ENTRIES

- Enter online at [www.crosstheline.co.za](http://www.crosstheline.co.za)
- **MANUAL ENTRIES**  
Available every Thursday from 5 - 16 July | 17:00pm - 18:00pm | Midack Club House
- Online entries close on 7 August 2024, or when entries sell out.
- Online entrants must provide a copy of the entry and proof of payment when collecting their race number.
- Entries will be available on race day.

## Entry Fees

21.1km	R200
10km	R160
4.9km	R80
Temp License	R50
T-shirt	R260

Substitutions/upgrades/downgrades carry an administration fee of R100

## CUT OFF TIME



There will be no enforced cut off time for the event. Cars have right of way. Marshalls, traffic officers & road rules must be strictly obeyed.

## PARKING



There will be parking available at Kees Taljaard Stadium. The venue offers ample parking space.

## GAZEBO SETUP



Club gazebo's can be set up at the venue on Friday 16 August between 10:00am and 17:00pm

## PRIZE GIVING



Prize giving will be held at 11:30am

**ENTER AT [WWW.CROSSTHELINE.CO.ZA](http://WWW.CROSSTHELINE.CO.ZA)**

The resounding success of the *Cross Your Line Half Marathon National Series* in 2023 has seen us growing from strength to strength. The much loved event has received praise across the board, and we are continually looking for new ways to keep our race fresh, and to offer our entrants a memorable experience. Our second *Cross The Line Middelburg* event promises to be the ultimate day out for walkers, runners, friends, families, and anyone wanting to experience more than just a road race. We can't wait to see you there!

## PRIZE MONEY (Male & Female)

21.1km				Pos.	10km			
Open	40-49	50-59	GM 60+		Open	40-49	50-59	GM 60+
R1000	R500	R300	R300	1 <sup>st</sup>	R500	R250	R250	R200
R500	R300	R250	-	2 <sup>nd</sup>	R250	R200	R200	-
R300	R300	R250	-	3 <sup>rd</sup>	R250	R200	R200	-

## SHIRT INFO

- Long sleeve, moisture management t-shirts will be available for sale at R260 each.
- All purchased shirts will be available for collection at race number collection on 14, 15 & 16 August.
- Cut-off date for shirt orders is **18 July 2024**.



## WHAT TO EXPECT

The same organisational excellence, hospitality and extreme quality that you have become used to will be present at the Middelburg *Cross The Line Half Marathon*. We are putting every effort into ensuring that the event meets the highest road running standards, whilst also ensuring a wonderful family day out. We will be offering family-friendly entertainment, as well as ensuring that the running/walking events cater to all ages and levels of fitness and competitiveness.

## RULES & REGULATIONS

### 1. REFEREES' DECISION IS FINAL

2. Marshals and traffic officials must be obeyed at all times. Failure to comply with their instructions may lead to immediate disqualification.

3. Runners must wear their event race number with disposable chip to get results.

4. The race will be run according to the rules of WA, ASA and Ampu House rules.

5. All athletes participate at their own risk & acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin during the entry process. Athletes entering for this event who require medication to treat an illness or condition which fall under the Prohibited List, should complete a Therapeutic Use Exemption (TUE) form before entering for the event and obtain authorization from SAIDS to take the needed medicine or method.

### 6. Minimum age on race day:

- Athletes participating in a 21.1 km must be 16 years or older on the day of the race.
- Athletes participating in a 10km must be 14 years or older on the day of the race.
- Athletes participating in a 4.9km / Fun Run - No restriction

7. Proof of age (ID) to be produced upon request on day of race.

8. Participants must keep to the designated route as indicated.

9. No littering on route and anyone found to be littering may be disqualified.

10. All athletes must wear the event race number provided on the front of their vests and must ensure the title sponsor on the provincial licence is clearly visible.

### 11. Licenced athletes must:

- belong to a club affiliated to ASA
- wear their club colours
- wear their 2024 licence number on the front & back of their vests or purchase a temporary licence

12. Licenced athletes not wearing their club colours may face disqualification.

13. Unlicensed athletes must buy a temporary licence at registration and wear plain clothing with the temporary licence on the back of their vests.

14. Athletes indemnify national, provincial and regional bodies, sponsors and organisers of the race against all and any actions of whatsoever nature that may occur during the race.

15. No seconding or bicycles are allowed along the route. Ample refreshment stations are provided.

16. No blades, cycles, scooters or mechanically operated devices.

17. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by participants, or wheelchair athletes will be permitted to participate without special permission from the race organiser.

18. No Midack athlete will compete in this event without the consent off the club chairperson

19. All participants must take note that photographs might be taken at the event and placed on social media

20. We regret that athletes are not allowed to participate with pets.

21. No refunds. Should live events be cancelled due to circumstances beyond our control, physical entries will automatically be changed to a virtual entry.

22. Foreign athletes are not allowed to run with an ASA Provincial licence and are required to purchase a temporary licence or face disqualification.

23. Foreign athletes are not allowed to run in club colours unless such club exists in their country of origin or they are in possession of a refugee status permit or are naturalised citizens of RSA.

24. Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so the athlete will forfeit his/her prize money.

25. Age category ID tags and "w" for walkers (front and back of vest). Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.

26. No duplicate of lost numbers will be issued.

27. Copy of ID is required at registration.

28. No earphones allowed and contravention may lead to disqualification.

29. It's illegal to run with another athlete's race number and all athletes found to be in contravention of this rule will be reported to AMPU and their respective club.

30. No athlete may participate in our race without buying an official entry and if found in contravention of this rule, will be liable for all late entry penalties with habitual offenders will be reported to AMPU and their respective club.

31. All instructions from traffic & race officials/marshals must be obeyed at all times.

32. The race organiser retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.

**Kate Wood (Race director)**

082 903 9722 | kate@multiplicitysa.co.za



**Elani Keulder (Club representative)**

079 696 8656 | keulder.elani@gmail.com

Kate Wood (Race director)  
082 903 9722 | kate@multiplicitysa.co.za



Elani Keulder (Club representative)  
079 696 8656 | keulder.elani@gmail.com

# Cross the line! Middelburg

## FAMILY FUN DAY

Live entertainment • Childrens areas  
Jumping castles • Face painting • Food stalls  
*Fun for the whole family*

### RUN FOR A CAUSE

*Our official race beneficiaries:*



Teddy Bear  
Foundation



# 21.1KM, 10KM & FUN RUN



MIDACK  
ATHLETIC CLUB

