

## RACE RULES AND INFORMATION

### RULES:

1. The race is held under the rules of WA, ASA and AFS.
2. Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
3. All athletes participate at their own risk. Athletes acknowledge that by entering the event they are medically fit to participate.
4. All athletes must supply the name and contact number of their next of kin on both the race number and entry form.
5. Licensed athletes must wear club colours and the 2023 licence number on the back and front of their vest with the race number worn on the front of the vest. Note that the race number may not cover the ASA and sponsor logos at the top of the 2023 licence.
6. Temporary Licenses will be available for R70 (excluding no 5-license athlete). To be worn in front-(according ASA ruling.) No insurance coverage on the Temp no.
7. No seconding allowed. Sufficient water points.
8. No blades, prams, cyclist or mechanically operated devices allowed in the race.
9. Foreign athletes are to comply with ASA rules. Before entering the race.
10. Wheelchair athletes will NOT be permitted to participate.
11. No animals / pets are allowed to participate.
12. Minimum age participation for 10km is 14 years; for 21,1km it's 16 years and for 42,2km, it's 20 years.
13. Distance Fun run/walk Child(ren)-under supervision of parent/s /guardian/s -9 years and older
14. Winners to provide all required information (valid ID/Passport, driver's license, birth certificate for runners aged 16 or younger; and banking details) to race organiser. The prize money to be paid through EFT on the same day of the event. No prize money will be paid if random drug testing was done on any distance on the day of the event, up to such time as ASA receive the results from the South African Institution for Drug Free Sport (SAIDS).
15. No refunds will be given once an entry is purchased.
16. Athletes may not run with another athlete's race number.
17. Earphones, IPods and similar devices are not allowed during the race, as they are in contravention of NEW WA rule- WA Rule T6.3.2 and will lead to disqualification.
18. The race organiser retains the rights to refuse entry and reject persons under the influence of drugs or alcohol, who are disorderly, or engage inappropriate behaviour, vandalism or evade paying for admission.
19. Athletes who participate without buying a race entry will be disqualified and will not be entitled to any benefits associated with the race; they will be liable for a double entry fee charge. Runners who allow their race number to be duplicated will be held liable and will face AFS disciplinary with the possibility of a ban.
20. Habitual offenders (those who regularly participate without purchasing a race entry) will be called to an AFS disciplinary.
21. Littering is not allowed. Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter. An AFS Clean RUN.
22. Cut-off time- Athletes will not be allowed to finish any distance races after the cut-off time.
23. No late starters will be allowed. That is later than 5minutes from the group start time.
24. Results will be made available in 72 hours on ([www.raceresults.co.za](http://www.raceresults.co.za) and <https://results.finishtime.co.za/startpage.aspx?c=13>) Distance not registered therefore the results cannot be used as official results.



## The SASOL MARATHON

Comrades qualifier | 2024

<b>Date</b>	Saturday, 23 March 2024
<b>Venue</b>	DP de Villiers Stadium, Sasolburg
<b>Time</b>	06:00 – 42.2 km, 21.1 km 06:15 – 10 km 06:30 – 5 km fun run 10:00 – prize giving
<b>Cut-off time</b>	42.2 km – 6 hours 21.1 km – 3 hours 10 km – 2 hours Fun run – 1 hour

Presented by the Sasolburg Athletics Club and sponsored by Sasol for the 29th year

# ENTRY FEES

On-line entries close 21 March 2024

42.2 km Marathon	Pre-entries only   R280 (online entries only)	No late entries
21.1 km halfmarathon	Pre-entries only   R180 (online entries only)	No late entries
10 km race	Pre-entries only   R100 (online entries only)	No late entries
Fun run	R50 (online entries and late entries) limit 300.	
Temporary licence	R50—to be worn by individual participants (not belonging to a club) for the 42.2 km marathon, 21.1 km half marathon and 10 km race.	
Minimum age requirement	20 years   42.2 km marathon 16 years   21.1 km half marathon 14 years   10 km race 9 years   Fun run	

Pre-entries can be done on [www.entryninja.com](http://www.entryninja.com)  
T-shirts to be awarded to the first 500 online entries for the 42.2 km marathon and the first 300 online entries for the 21.1 km half marathon. Athletes that 60 years and over qualify for half price on all distances. Every participant that finishes the race entered for will receive a medal.



## INFORMATION:

1. Parking - Safe parking available.
2. Water tables – 3 km refreshment hand out, participants can make use of their own water bottle filled with water / refilled at water points. Carried from start to finish as part of athletes' equipment.
3. Description Route – out and back /circle route /flat and fast/hilly.
4. Front leading vehicles for the male and female winners will be provided in each distance; and there will be security vehicles roaming the route.
5. Incentives – Medals at finish.
6. Medical Service providers–station – route / finish.
7. Club tents or Gazebos are allowed.
8. Toilet facilities will be made available.

# TIME KEEPING AND RESULTS

Time keeping will be done by Chamberlains Timekeeping. All results will be posted on [www.raceresults.co.za](http://www.raceresults.co.za) and <https://results.fishtime.co.za/startpage.aspx?c=13>

# PRIZE MONEY

## 42,2 km

Category	Male	Female
<b>Open</b>		
1 <sup>st</sup>	R2 500	R2 500
2 <sup>nd</sup>	R1 500	R1 500
3 <sup>rd</sup>	R1 000	R1 000
<b>40 to 49 years</b>		
1 <sup>st</sup>	R700	R700
2 <sup>nd</sup>	R600	R600
<b>50 to 59 years</b>		
1 <sup>st</sup>	R500	R500
2 <sup>nd</sup>	R400	R400
<b>60+ years</b>		
1 <sup>st</sup>	R400	R400
<b>70+ years</b>		
1 <sup>st</sup>	R300	R300

## 21,1 km

Category	Male	Female
<b>Open</b>		
1 <sup>st</sup>	R1 500	R1 500
2 <sup>nd</sup>	R1 000	R1 000
3 <sup>rd</sup>	R500	R500
<b>Junior</b>		
1 <sup>st</sup>	R600	R600
2 <sup>nd</sup>	R400	R400
<b>40 to 49 years</b>		
1 <sup>st</sup>	R500	R500
2 <sup>nd</sup>	R400	R400
<b>50 to 59 years</b>		
1 <sup>st</sup>	R400	R400
2 <sup>nd</sup>	R300	R300
<b>60+ years</b>		
1 <sup>st</sup>	R300	R300
<b>70+ years</b>		
1 <sup>st</sup>	R300	R300

## 10 km

Category	Male	Female
<b>Open</b>		
1 <sup>st</sup>	R500	R500
2 <sup>nd</sup>	R400	R400
3 <sup>rd</sup>	R300	R300
<b>Junior</b>		
1 <sup>st</sup>	R400	R400
2 <sup>nd</sup>	R300	R300
3 <sup>rd</sup>	R200	R200
<b>40 to 49 years</b>		
1 <sup>st</sup>	R400	R400
2 <sup>nd</sup>	R300	R300
<b>50 to 59 years</b>		
1 <sup>st</sup>	R300	R300
2 <sup>nd</sup>	R200	R200
<b>60+ years</b>		
1 <sup>st</sup>	R200	R200
<b>70+ years</b>		
1 <sup>st</sup>	R200	R200

**No prize money will be paid out in cash. Please bring valid ID, Driver's license, Passport, Birth Certificate (18Y and younger) and banking details.**

# CONTACT DETAILS

For more information on the race and other enquiries, please see contact details below:

- [sasolburgathletics@gmail.com](mailto:sasolburgathletics@gmail.com) or [dolf.binneman2@gmail.com](mailto:dolf.binneman2@gmail.com)
- Event manager – Dolf Binneman | 073 339 6809
- Safety official – Haig Fourie | 083 311 9722
- Technical official – Carmin Steyn | 061 704 3665
- Ambulance | 073 370 6995 / 082 734 5161 / 016 976 7887