



HALF MARATHON & 10km, 5km

23 March

Stanford Hills - Grotto Beach
Stanford - Hermanus

21km - 7am | 10/5km - 8:00am



RUNNER'S WORLD



enter now at www.howler.co.za
21km - R260/R310 | 10km - R200/R250

www.coastlinegroup.co.za

