

**NGQELENI ATHLETICS  
CLUB- HOSTS HUMAN  
RIGHTS ROAD RACE**  
42,2 KM, 21,1KM, 10KM  
& 5KM

**FUN RUN / WALK  
Date: 21<sup>st</sup> MARCH 2024**

**Starting Time:**

- \*42,2KM @ 06H00 - LIBODE BRIDGE (R61)
- \*21,1KM @ 06h15 - LUJECWENI
- \*10KM @ 06H30 - KOPSHOP
- \*5KM @ 06H45 - NDZWAKAZI (ROLLINI)

**Finishing Venue: Ngqeleni Super Spar**

**ENTRIES:**

**Registration forms will be received  
and submitted at 6<sup>th</sup> Floor Botha  
Sigcau BLDG Office 53, Mthatha,  
Sport Development Section Office  
on the 6<sup>th</sup> Floor,**

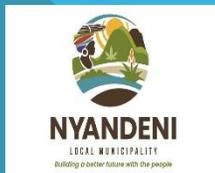
**Contact Mr Mbuku on or Mr Kencane  
on 076 401 0430**

**Also @ Nyandeni L.M. (Libode)  
Office No. 41 & 35 & Ngqeleni  
Super Spar.**

**MAIN SPONSORS**



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**Entry Fee:**

- **42,2 Km - R 200**
- **21,1 Km - R 150**
- **10 Km - R100**
- **5 Km - R50**

**N.B.** (Race takes place from 06h00 till 10h30)

**Medals and T-shirts will be  
issued to the first 1000 athletes  
to register.**

**Rules & Regulations:**

**☑CATEGORY WINNERS MUST PRESENT  
PROOF OF I.D. & Current Banking Details &  
Clear contact details**

**NB: All winners' prize monies will be deposited  
through their respective banks after rectification  
of the final results.**

- ☑No seconding will be allowed.
- ☑All foreign athletes must be able to produce a letter from respective federations permitting them to participate on the race in South Africa.
- ☑Obey traffic officials and race marshals.

**☑ ATHLETES FOR 10KM MUST BE 14 YEARS  
AND OLDER ON THE DAY OF THE RACE.**

- ☑ Races are presented according to the rules of ASA and WA.
- ☑ All athletes will participate at their own risk.
- ☑ Proof of age to be produced upon request on day of race.
- ☑ Registered athletes must wear full Club Colours and 2024 License Numbers. Age category I.D. tags must be worn (back and front) by athletes competing for a category prize.
- Organizing Committee is not responsible for accommodating athletes and club officials.
- The entry fee is non - refundable
- NB - Athletes will participate at their own risk, the Federation (ATRA), Ngqeleni Athletics Club, ASA, WA will not be held responsible for any injury sustained during the race.



**No Prizes for teams.**

**N.B.** Entries will be closing on  
the 20<sup>th</sup> March 2024 @ 20h00 at  
Ngqeleni Methodist Church Hall.  
Individuals must produce proof of  
payment before registration.

**Bank Details:**

**Name : Ngqeleni All Sports Club**  
**Acc. No. : 2006008676**  
**Bank Name: Nedbank**  
**Reference : "Your Full Name"**

**Contact Details:**

**Mrs. Nomfuneko  
Gcilitshana  
Cell: 073 555 4597**

**Mr. Z. Ncoyini "Gegs"  
Cell: 076 401 0370**

# 2024 HUMAN RIGHTS ROAD RACE IN NGQELENI – 21<sup>st</sup> MARCH 2024 - PRIZE LIST

## MARATHON 42,2 Km RUN PRIZES :

	20-34 Years - Open	35-39 Years - Sub-Vet	40-49 Years - VET	50-59 Years - Masters	60 +Yrs.
POS	Male/Female	M/F	M/F	M/F	M/F
1	R 12,000.00	R 3,000.00	R 3,000.00	R 2,500.00	R 2,000.00
2	R 8,000.00	R 2,000.00	R 2,000.00	R1,000.00	R 1,000.00
3	R 5,000.00	R 1,000.00	R 1,000.00	R 800.00	R 500.00
4	R 3,000.00	R 1,000.00			
6	R 1,000.00	R 500.00			
7	R 500.00				
	<b>R 31 000X2 =R63 000</b>	<b>R65 000X2= R13 000</b>	<b>R6 000X2= R12,000</b>	<b>R4 800X2=R9 600</b>	<b>R35 00X2=R700</b>



## HALF MARATHON RUN PRIZES : 21,1 Km

Ngqeleni



	20-34 Years	Juniors	35-39 Years	40-49 Years	50-59 Years	60 +Grand M
POS	Male /Female	FM/F	M / F	M / F	M / F	M / F
1	R 5,000.00 X 2	R 1,500 X 2	R 1,500 X 2	R 900 X 2	R 850 X 2	R 700 X 2
2	R 2,000.00 X 2	R 1,000. X 2	R 1,000 X 2	R 500 X 2	R 400 X 2	R 300 X 2
3	R 1,000.00 X 2	R 550.00 X 2	R 550 X 2	R 200 X 2	R 200 X 2	R 200 X 2
4	R 600.00 X 2	R 350.00 X 2	R 350 X 2	R 150 X 2	R 150 X 2	
5	R 300.00 X 2	R 200,00 X 2	R 200 X 2	R 100 X 2	R 100 X 2	
	<b>R 17,800.00</b>	<b>R7,000</b>	<b>R7,000</b>	<b>R3,7000</b>	<b>R3,400</b>	<b>R2,400</b>

## 10 Km FUN RUN PRIZES :

	20 – 34 Yrs.	14-19 Yrs. Juniors	35-39 Yrs. Sub-Vet	40-49 Yrs. Vet	50-59 Yrs. Masters	60 + Grand Master
POS	Male Female	M / F	M / F	M / F	M / F	M / F
1	R 3,500 X 2	R 1,500 X 2	R 1,000 X 2	R 800 X 2	R 500 X 2	R 400 X 2
2	R 1,650 X 2	R 1,000 X 2	R 500 X 2	R 400 X 2	R 400 X 2	R 200 X 2
3	R 750 X 2	R 400 X 2	R 400 X 2	R 300 X 2	R 300 X 2	R 100 X 2
4	R 350 X 2	R 200 X 2	R 200 X 2	R 200 X 2	R 150 X 2	
5	R 200 X 2	R 150 X 2	R 150 X 2			
	<b>R 12,900.00</b>	<b>R6,800</b>	<b>R4,500</b>	<b>R3,400</b>	<b>R2,700</b>	<b>R1,400</b>



## 5 Km FUN RUN PRIZES :

POS	Boys 9 – 11 yrs	Girls 9 – 11 yrs	Boys 12 – 13 yrs	Girls 12 – 13 yrs
1	R 500.00	R 500.00	R 500.00	R 500.00
2	R 300.00	R 300.00	R 300.00	R 300.00
3	R 200.00	R 200.00	R 200.00	R 200.00
4	R 100.00	R 100.00	R 100.00	R 100.00
5	R 50.00	R 50.00	R 50.00	R 50.00

BULCOF SECURITY



NYANDENI LOCAL MUNICIPALITY  
Building a better future with the people



O.R. TAMBO DISTRICT MUNICIPALITY



