

26th ANNUAL UMNGENI-UTHUKELA WATER MARATHON MIDMAR DAM RESORT HOWICK

ENTRY FEES

The race entry fee includes free entry into Midmar Dam resort and online entry charges

10 km - R230	21.1 km - R280	42.2 km - R390
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TEMPORARY LICENCE

No temporary licences permitted for South African marathon, 21.1 km: R80 and 10 km: R50

PRIZE GIVING

Prize giving will be held at the following times:

10 km - 8:15 am	21.1 km - 9:00 am	42.2 km - 11:00 am
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RACE PACK COLLECTION

All athletes must collect their own race packs either on Saturday, 9 March 2024 at Collegians Club, 381 Boshoff Street Pietermaritzburg between 2:00 pm and 5:00 pm or on Sunday, 10 March 2024 at Midmar Dam resort between 4:00 am and 5:15 am

CUT OFF TIMES

10 km - 2 hrs 30 min	21.1 km - 3 hrs 15 min	42.2 km - 5 hrs 30 min
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All marathon runners will be required to exit the course at 11:00 am

ENQUIRIES AND CONTACTS

Enquiries can be e-mailed to collegians.harriers@gmail.com or comradesrunner@hotmail.com or phone 083 376 7334 or 076 537 9124

MINIMUM AGES

10 km - 14yrs	21,1 km - 16yrs	42.2 km - 20yrs
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26th ANNUAL UMNGENI-UTHUKELA WATER MARATHON MIDMAR DAM RESORT HOWICK SUNDAY, 10th MARCH 2024



42,2 km	21.1 km	10 km
5:30am	5:30am	5:45am

Pre-entry only

- www.webtickets.co.za
- Pick n Pay Stores and Boxer stores

ENTRIES CLOSE: 3 MARCH 2024

**ENTRIES ARE LIMITED TO 1600
ATHLETES IN TOTAL ACROSS
ALL DISTANCES**



INFORMATION

- All events take place at the Midmar Dam resort (exit 103 or 107 from N3 highway)
- GPS co-ordinates -29.48882 30.19397
- No entry fees will be refunded under any circumstances
- All events start and finish at the main slipway
- Tog bag facility will be provided but at owners risk
- Temporary licensed athletes are not covered by the National Insurance policy
- For more information visit: www.collegiansharriers.co.za
- Participants 70 years old and over will receive a free entry. Proof of age may be requested.
- All category and record prize money (excluding Vouchers), will be paid by electronic transfer

RULES

- All events are subjects to the rules of WA, ASA & KZNA
- Licensed entrants must wear full club colours and licence number on the front and back of vest/crop top
- Your race number must be worn on the front of your vest/ crop top on the top of the ASA licence without covering the year, logo of KZN Athletics and the ASA sponsor
- Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA Advertising Regulations. Holders of temporary licenses will be eligible for individual prizes and may claim for age category prizes in keeping with WA and ASA Rules.
- All unlicensed entrants require a Temporary Licence Number which must be worn on the back of your vest/crop top with the race number on the front
- Foreign athletes must comply with WA rule CR 1.7, TR 4.1 and TR 4.2 together with ASA rule 9
- **No personal seconding is permitted along the route**
- **No motor vehicles, wheel-chairs, bicycles or dogs are permitted on the route**
- All Traffic Officers, Marshals and Officials must be obeyed
- This is a "litter free" event. Offenders may be removed from the results
- The 42.2 km, 21,1 km and 10 km events are not inter-changeable
- ASA/KZNA approved age category tags must be worn on the front and back of vest/ crop top to be eligible for category prizes
- Junior athletes must be 19 years and younger on 31 December in the year of the competition

PRIZES & HANDOUTS

- Equal prize monies are offered to both Men and Women
- Free T-shirts to ALL entrants in ALL events
- All prize winners must be personally present at the prize giving
- Proof of age may be required to claim age category prizes
- A participant who improves on the course record will receive an additional R1000 in prize money.

COURSE RECORDS

42.2 km Men	2023 - Jobo Khatoane	2:22:15
42.2 km Ladies	2000 - Gwen van Lingen	2:55:08
21.1 km Men	2023 - Mbuleli Mathanga	1:08:55
21.1 km Ladies	2023 - Blandina Makatsi	1:26:00
10 km Men	2023 - Katileho Moloji	31:25
10 km Ladies	2022 - Shayna Smith	42:33

CATEGORY PRIZES

CATEGORY	POSITION	42.2 KM	21,1 KM	10 KM
Open	1st	R3000	R 1500	R1000
	2nd	R2000	R 1000	R 750
	3rd	R1400	R 700	R 500
40-49	1st	R1000	R 500	R 400
	2nd	R 800	R 400	R 300
50-59	1st	R1000	R 500	R 400
	2nd	R 800	R 400	R 300
60+	1st	R 800	R 400	R 300
Junior	1st		R 400	R 300
	2nd		R 250	R 150
Walker	1st			R 400
	2nd			R 250

MEDALS

Medals to all finishers within the cut-off times

ENTRY LIMITS

- Entries are limited to 1600 athletes in total across all distances

EVENT ROUTES

- 10 km route entirely in the resort and 4 km of the 21.1 km and 42.2 km routes are on public roads and the remainder in the resort
- Refer to <http://www.collegiansharriers.co.za/umgeni.htm> for maps

UMNGENI-UTHUKELA WATER SPECIAL PRIZES

Overall male and female winners (per distance)

42.2 km - R4000 Voucher	21.1 km - R3000 Voucher	10 km - R1000 Voucher
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