



**BLOEMFONTEIN  
2024 RACE FORM**



<b>Distances:</b> 52KM	<b>21.1KM</b>	<b>10KM</b>	<b>4.9KM Fun Run</b>
<b>Entry Fee:</b> R 250	<b>R 180</b>	<b>R 130</b>	<b>R 50</b>
<b>Start Time:</b> 5:30 AM	5:45 AM	6:00 AM	06:15:00

## SATURDAY 16 MARCH 2024

**Venue:** Bloemfontein Achilles Club, c/o Att Horak Street and Parfitt Avenue, Bloemfontein, Free State  
GPS: Lat: -29.118211 Long: 26.206680  
Start and finish for all distances in Att Horak Street

### Entries, Registrations, Payments and Number Collection:

Online: <https://evententry.co.za/events/>

**Manual Pre-Entry:** Email form to bloemachilles@gmail.com with proof of payment

**Final Entry:** 14 to 15 March 2024 at Achilles Running Club (17h00 - 20h00)

Card facilities will be available

**No printed entry forms for manual entry - entry will be electronic with QR code / weblink**

**No race entries will be taken on race day for 10km, 21km and 52km's**

**EFT Details:** Nedbank 1662087764, Branch Code 166234

Use reference: Name, Surname and Distance, e.g. Wayne Beelders 21km

**Number Collections:** 14 to 15 March 2024 at Achilles Running Club (17h00 - 20h00)

Saturday before the race - only for online or pre-entries (i.e no registrations on race day)



Free Long Sleeve T-Shirts  
for the first 150 Online  
Entries for the 52km

Free Short Sleeve T-Shirts  
for the first 150 Online  
Entries for the 21km

### General Information

- Permanent 2024 ASA licence number needed for 52km (no tempary licences)
- Permanent 2024 ASA licence number or 2024 Temporary licence must be purchased with entry for 21.1km and 10km
- Every finisher will receive a medal; waterpoints every 3km's; Route description - in and out, flat route
- Distance markers and route boards every kilometre; Direction arrows, boards and road markings on the route itself
- Participants must familiarise themselves with the route on the participating distance to be run
- Wearing of age bib compulsory and must be visible
- Parking is available but at own risk/responsibility
- Toilets, dressing rooms and showers are available; Sleeping facilities are not available
- Gazebo areas for clubs are available but tog bag facilities are not available
- Route maps of the different distances will be available at the entry table, on our
- Facebook page, on our website or can also be requested
- Leading vehicles for first men and women in the different distances; For 4.9km Fun Run, 1 leading car
- Cut-off times: 52km - 6h30m, 21.1km - 3hrs, 10km - 2hrs and 4.9km Fun Run- 1hr
- Medical services available at the finish line and roaming the route - Priority Care 071 20 60 005
- Runners must observe all Health and Safety Regulations
- No earphones (except hearing aids), pets or prams or any electronical devised are permitted
- More information and race updates at <https://www.facebook.com/bloemachilles>  
<https://www.bloemachilles.co.za>

### Prizes and Prize-giving

**Prize-giving:** For 52km at 11h00, 21.1km at 9h00, 10km at 8h00; After results have been approved and made available by AFS TO Delegate. Appeal ruling within 30min after results are available.

**Prizes - Open:** Gold, Silver and Bronze medal for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place overall for 52km, 21.1km and 10km (male and female)

52km's 1<sup>st</sup> Prize - R2,000; 2<sup>nd</sup> Prize - R1,500; 3<sup>rd</sup> Prize - R1,000 (overall ,male and female)

21km's 1<sup>st</sup> Prize - R1,500; 2<sup>nd</sup> Prize - R1,000; 3<sup>rd</sup> Prize - R750 (overall ,male and female)

10km's 1<sup>st</sup> Prize - R1,000; 2<sup>nd</sup> Prize - R750; 3<sup>rd</sup> Prize - R500 (overall, male and female)

**Prizes - Age Categories:** 52km's - None

21km's 1st Junior - R500; 35-39yrs - R500; 40-49yrs - R500; 50-59yrs - R500; 60+ - R500 (male and female)

10km's 1st Junior - R500 (male and female)

### Contact Details

**Event Organiser:** Wayne Beelders 082 440 4229 [info@bloemachilles.co.za](mailto:info@bloemachilles.co.za)  
**Technical Official:** Johan Landman 082 590 4723  
**Safety Officer:** Kotie Landman 082 457 7605



Prize money R26,000

RUN UNTIL SUCCESS HAPPENS

