



PPC Riebeek Bergmarathon

Saturday, 3 August 2019

Break away and experience a weekend in the picturesque Riebeek Valley only 1 1/4 hr drive from Cape Town.

THE
CLOSING DATE
FOR ENTRY FORMS IS
MONDAY, JULY 22, 2019

NO LATE ENTRIES
WILL BE
ACCEPTED

42,2kmMarathon | 07h30

21,1km

Half Marathon | 08h00 (Walkers welcome)

Boland League Race

10km

Run / Walk 10km | 08h30

Boland League Race

PLEASE INDICATE WHICH RACE YOU ARE ENTERING BY MARKING THE APPROPRIATE BLOCK (PLEASE ENSURE THAT YOU MARK THE ENTIRE BLOCK) A ChampionChip is required for all three races

BERGMARATHON - R150 RED NUMBERS HALF MARATHON - R120 BLUE NUMBERS 10km RUN/WALK - R100 GREEN NUMBERS

PLEASE COMPLETE THE FORM USING BLOCK LETTERS

ID NUMBER	CHAMPIONCHIP NUMBER	
FIRST NAMES	SURNAME	
MOBILE NUMBER	EMAIL ADDRESS	
MALE FEMALE DATE OF BIRTH	AGE ON RACE DAY	
NO. OF PPC MARATHONS COMPLETED	PPC MARATHON PERMANENT NO.	
CLUB	. 2019 LICENSE NO	
WILL YOU BE COLLECTING YOUR RACE NO. AT SPORTMANS' W	NAREHOUSE (CANAL WALK) ON THURSDAY 1 AUGUST 2019 YES	NO
I WANT TO RECEIVE FUTURE COMMUNICATION FROM PPC LTD	YES [NO
A Champion Chin is required for all three races. It is the ship owners'	reapposibility to shock their ship details at your championship on 70	

Organised by PPC Ltd and the Swartland Athletics Club | START & FINISH at PPC Riebeek | No late entries will be accepted



PRICE LIST

You will require a 2019 license number and championchip to participate in the PPC Riebeek Bergmarathon. In the table below, please mark the relevant box with an X next to your selection.

	42.2 KM	Mark box with X	21.1 KM	Mark box with X	10 KM	Mark box with X
ENTRY FEE	R150		R120		R100	
TEMPORARY LICENSE - IF NOT IN POSSESSION OF 2019 LICENSE	R40		R40		R40	
CHAMPIONCHIP BUY	R150		R150		R150	
CHAMPIONCHIP RENT	R50		R50		R50	
	TOTAL		TOTAL		TOTAL	

CHAMPIONCHIP TIMING

This event is being timed with the ChampionChip system and therefore you are required to have a ChampionChip to participate in the event. To ensure that you are accurately recorded in the Race Results, it is important that your ChampionChip is correctly registered in your name. If you do not currently have a ChampionChip, or want to verify that your ChampionChip is correctly registered, this can be done on the internet at www.championchip.co.za or by contacting ChampionChip Africa on 086 110 0963. If you have a ChampionChip code number it must be entered on this entry form. Your ChampionChip MUST be correctly attached as per instructions supplied with your ChampionChip.
For correct attachment instructions please visit www.championchip.co.za.

RULES AND WAIVER

I agree not to hold the PPC Riebeek Bergmarathon Committee, PPC Ltd and Swartland Athletics Club or any sponsors, or any persons assisting with the organization or holding of the race, liable for any damage to my property, injury of illness which I may suffer directly or indirectly as a result of participating in the race. Entrants irrevocably consent to PPC Ltd or their assignees using any photographs or film of themselves taken during or after the events, for promoting their products and/or name. I confirm that this Special Assignment is entered into for the benefit of the PPC Riebeek Bergmarathon, Swartland Athletics Club or any sponsors, or any persons assisting with the organization or holding of the race.

> SIGNATURE SIGNATURE OF PARENT/GUARDIAN (IF UNDER 21)

AGE CATEGORY TAGS Must be worn on front and back of shirt or vest to qualify for a category prize

PRIZE MONEY	MARATHON	HALF MARATHON	10 KM	MEDALS GOLD - FIRST 10 MEN & WOMEN including category winner SILVER - POSITION 11 - 110 except Gold winners BRONZE - AWARDED TO ALL REMAINING ATHLETES IN EACH RACE who finish within the cut off time Spot prizes up for grabs in
JUNIOR			1 ST R400 2 ND R200	
OPEN 1	R3000	R1500	R1000	
OPEN 2	R2000	R900	R500	
OPEN 3	R1500	R700	R300	
40+	1 ST R450 2 ND R350	1 ST R400 2 ND R300	1 ST R300 2 ND R250	
50+	1 ST R450 2 ND R350	1 ST R400 2 ND R300	1 ST R300 2 ND R250	
60+	1 ST R450 2 ND R350	1 ST R400 2 ND R300	1 ST R300 2 ND R250	
70+	1 ST R450 2 ND R350	1 ST R400 2 ND R300	1 ST R300 2 ND R250	each race
1 ST SWARTLAND	R400	R400	R400	
1 ST PPC PARTICIPANT	R400	R400	R400	
1 ST TEAM OF 4	R1000	R800	R600	

INFORMATION

- STARTING TIME: MARATHON 07:30 | HALF MARATHON 08:00 | 10KM RUNWALK 08:30 | 5KM FUN RUNWALK 08:45.

 Number collection at Sportmans Warehouse Canal Walk: From 14:00 20:30 on Thursday, August 1, 2019.

 Number collection at PPC Riebeek, Riebeek West: From 16:00 20:00 on Friday, August 2, 2019. From 05:30 07:30 on Saturday, August 3, 2019.

 A race photographer will be available.
- Athletes will not be allowed to switch races or participate using another athlete's official race number after the closing date. NO LATE ENTRIES WILL BE ACCEPTED AND NO SUBSTITUTIONS AFTER CLOSING DATE.
- The entry fee is non- refundable.
- All results can be found on www.championchip.co.za as well as on www.ppc.co.za
- The cut-off times are as follows: 42.2km: 5 ½ hours (2 ½ hours at halfway mark) | 21.1km: 4 hours | 10km: 2 ½ hours. Contact the TOURISM CENTRE for accommodation in the Riebeek Valley (022) 448 1545.
- Toilets and showers will be available.
- Prize giving will be held at 10:30 Fun Run | 11:00 10km Race | 11:30 Half Marathon | 12:30 Marathon. Entrants belonging to a registered ASA club must run in club colours.

 PPC Riebeek Bergmarathon race number should be displayed on the front of participant's shirt or vest.
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- 15. 2019 license or temporary license number should be displayed on the back of participant's shirt or vest.
 16. Entrants under the age of 16 years may not enter the half marathon.
 17. Minimum age for the full marathon is 20 years of age.
- No pacing and seconding will be allowed.

CONTACT DETAILS

Direct Deposits & EFT:

Riebeek Bergmarathon. ABSA Bank (632 005), Acc No. 380 700 557

Race office contact number: 061 919 1003 Fax: 086 433 6028

Email: ppcrbm@ppc.co.za









