

Brackenfell Centre (Hypermarket PnP)

13 July 2019

15 KM Road Race

&

6 KM FAMILY RUN/WALK/SHUFFLE

EASTERN
KRAAIFONTEIN



ATHLETIC CLUB

VENUE:

Brackenfell Centre, Old Paarl Rd, Brackenfell

START TIME:

15Km = 07H15 RUN

6Km = 07H25 FUN RUN/WALK

Fee:

R90 (licensed) R140 (unlicensed)

R30

RACE ENQUIRIES:

WILLIAM: 084 247 7170

ROCHEN: 083 302 5594

PRE ENTRIES:

<https://www.webtickets.co.za>

NOTE: Children under 10 years old must be accompanied by an adult.

Medals to First 1500
15km Finishers

Medals to First 400
6km Family Event Finishers

Many Fantastic Spot Prizes!

Coca-Cola

Peninsula
Beverages



All the quality items
you need.

WESTERN PROVINCE ATHLETICS

Event Agency and website:
www.wpa.org.za
www.wpa.org.za

Packaging

ENTRIES AND PRE RACE REGISTRATION:

- Start times: 15km Race @ 7h15 and 6km Family Run/Walk/Shuffle @ 7h25
- A tog bag facility will be available at owners' risk
- Entries will be taken at the start from 5h45 on race day
- Refreshment stations providing water and Coca-Cola. Coca-Cola will be available at the finish
- Prize giving will commence at approximately 09h30
- Each kilometre will be clearly marked
- Online Entries are available at Webtickets Active, www.webtickets.co.za or enter in-store at selected Pick n Pay outlets. Pay online or in-store at any Pick n Pay, Pick n Pay Clothing, Pick n Pay Liquor or BP Express store (simply present your 13 digit code at the till point).
- To view the stores where you can enter in-store visit <https://www.webtickets.co.za/pnpoulets.aspx> for Webtickets support contact info@webtickets.co.za or call 086 111 0005
- Pre-Race Number collection will take place at Brackenfell Centre from 14h00 to 19h00 on Friday 12th July 2019.
- Alternatively Pre-Race Entries can also be Collected on Race Day
- Card facilities will be available on race day.

15KM PRIZE MONEY

	15-19	OPEN	40-49	50-59	60-69	70+
1st	400	900	600	550	400	400
2nd	250	600	450	400	250	250
3rd	150	350	300	250	150	150

OPEN TEAM PRIZE 4 X R170.00 MALE & FEMALE

RULES:

- This race will be held in accordance with the rules of ASA, WPA and IAAF.
- Juniors will count towards Open Team Prizes
- Juniors born in the year 2000 or later must display "J" category tags to qualify for age category prizes.
- Club Colours must be worn to qualify for team prizes
- All licensed runners must wear their 2019 license numbers and must be displayed on the front and the back of their vest. No Race numbers will be issued.
- Unlicensed (non-club member) participants must, in addition to the race entry fee, purchase a temporary license which must be worn on the front. Temporary licence holders when registering must complete and hand in the tear off strip from the number in order to be eligible to compete.
- Age category tags must be worn (e.g. 40, 50, 60, etc.) on the front and back of the vest, if runners wish to be eligible for age category prizes. Temporary licenced participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
- Runners must obey traffic officers, Race Officials and Race Marshals at all times
- Participants must be 15 years or older on the day of the race
- In addition to overall (open) prizes, participants will only be eligible for any age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category down to senior.
- The cut off time for both races is at 9h45.
- No personal seconding will be permitted except at official refreshment stations.
- Entry cards must be worn, and be visible, for the duration of the race and handed in at the results board at the Finish.
- Tog-bag security facility will be available at the registration area, this will be at participants own risk.
- The use of music players with headphones is not allowed and may result in disqualification.
- The organisers, sponsors, landlord, and its employees, agents, representatives, contractors, managers, WPA or any other acting under the landlord's control (collectively called "the owner") shall not be responsible or liable for any claim, loss or damage arising or suffered by any person participating in this activity, including but not limited to personal injury or death, or death, or any harm caused to any person or for damages, loss or destruction of any person arising from negligence by the owner or theft or from any other cause whatsoever.
- Please DO NOT leave any Valuables in your car.
- Wheelchair athletes must contact the organisers timeously to discuss arrangements for their participation.
- Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees, #RunClean
- Detailed rules are available on www.wpa.org.za or on request from the organisers or the WPA office.