

RULES

- The race will be staged according to the rules of WA, ASA & KZNA.
- Minimum ages: 10KM (14 years) 21,1KM (16 years) 42,2 KM (20 years)
- The race number must be pinned on the front in such a way that the logo and the year of the licence is visible.
- ASA/KZNA Approved age category tags must be worn on the front and the back of the vest/crop top and must be clearly visible to claim the prize.
- Proof of age must be produced if requested.
- No refunds for entry fees for non-participation.
- Tog bag facility owner's risk.
- All participants will participate at their own risk. Organizers and sponsors will not be held responsible for any loss, injury or any damage during or as a result of the race, property lost or damaged on the course or in the changing areas.
- 42,2 KM halfway cut off is 3 hours , any runner who will fail to pass halfway by 3 hours will be asked to leave the road.
- Prizes will be strictly in the race you entered.
- Traffic officials, race officials, marshals and technical officials to be obeyed at all times.
- Foreign athletes must abide by WA CR 1.7, TR 4.1, TR 4.2 & ASA Rule 9.
- Temporary licence holders are not covered by a National Insurance policy. Unregistered athletes running with temporary licenses must run in neutral colours and adhere to WA & ASA Advertising Regulations. Holders of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13
- Permanent licence holders to wear club colours.
- Junior Athletes 19 years on 31 December in the year of the event, must wear "J" on the upper front and back of the vest/crop top in order to be eligible for prize and must provide proof and age on race day.
- Prize winners must attend the prize giving to qualify for their prizes.
- Marathon entrants may finish only the half marathon if desired but will not qualify for half marathon prizes.
- 2023/2024 License numbers to be pinned on the front and back of the upper part of the vest/crop top. They must be visible.

PRIZE MONEY

MALE AND FEMALE

CATEGORY	42.2KM	21.1KM	10KM
OPEN	1. R3 000	1. 1500	1. R1000
	2. R2 000	2. R1 000	3. R500
	3. R1 000	3. R500	3. R350
35-39	1. R800	1. R500	1. R350
	2. R500	2. R350	
40-49	1. R800	1.R500	1.R350
	2.R500	2. R350	
50-59	1.R800	1. R500	1. R350
	1. R500	1. R350	
60-69	1. R800	1. 500	1. R350
	2. R500	2. R350	
70+	1. R600	1. R400	1. R350
Juniors		1. R500	1. R350
		2. R350	

ROUTE

- **Undulating and fast**
- **10 km race: To and fro**
- **21,1 km: One Lap**
- **42,2 km: Two Laps of 21,1 km**

ZABALAZA MARATHON ENTRY FORM

SURNAME _____

NAME _____

SEX M/F _____

AGE ON RACE DAY _____

2023/2024 LICENSE NUMBER _____

CLUB/SCHOOL _____

PROVINCE _____

ADDRESS _____

POSTAL CODE _____

SA CITIZEN : YES/NO _____

ID NUMBER: _____

FOREIGN/VISITOR:PASSPORT NO

TELEPHONE NO: _____

EMAIL: _____

AGE CAT: eg J, 35-39, 40-49, etc

RACE ENTERED: 42.2 KM run R350



21.1 KM run R250

10 KM run R200

INFORMATION

Date :18 February 2024

Venue :George Cato Primary School

Start Time : 42,2KM run & 21,1 KM run at 05h15 10KM 05h25

Entry Fee: 42,2 km run R350.00 (This is a Two Oceans & Comrades Qualifier)

21,1 KM run R250

10 KM run R200

70 + years old free entry (Proof Required)

Temp Lic: 42,2 KM – N/A

21,1 KM -R90

10 KM -R60

Prize Giving : 10 KM & 21,1 KM at 09h30 & 42,2 KM at 11h00

Closing Date: For online entries 14/02/2024 at 00h00.For manual Entries & number collection on the 16th & 17th of February 2024 from 10h00 to 16h00

<https://www.webtickets.co.za/v2/event.aspx?itemid=1541376340>

No entries on the morning of the race

MEDALS TO ALL FINISHERS

Enquiries : Bongani: 073 225 4146

Nonjabulo : 083 627 7411