

**N2 CITY BLUEWATER BAY 15KM - GQEBERHA - 2024/01/20**

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
1	195	1836	XOLISA	NDLUMBINI	VUKANI	M	41	40-44M	0.49.46	5
2	746	356	LUYANDA	TSHANGANA	IKHAMVA	M	40	40-44M	0.50.14	5
3	729	20300	SIBUSISO	COLEPI	MOTHER	M	19	SM	0.50.46	5
4	744	20542	SIYAVUYA	JEYI	MOTHER	M	18	JM	0.51.01	5
5	526	1825	KHAYA	GQWETHA	VUKANI	M	38	35-39M	0.51.16	5
6	401	4001	ROSS	BARNARD	TEMP	M	33	SM	0.51.25	0
7	291	1319	MZOLISI	MAKHANDA	NEDBANK	M	41	40-44M	0.53.08	5
8	217	1339	MILA	PASIYA	NEDBANK	M	44	40-44M	0.53.49	5
9	153	1335	ANELE	MALIZA	NEDBANK	M	45	45-49M	0.53.54	5
10	566	4497	LUKE	ARCHIE	TEMP	M	23	SM	0.54.05	0
11	739	376	HOPEWELL	JABAVU	IKHAMVA	M	40	40-44M	0.54.14	5
12	743	141	SANUSE	MBONENI	ACT AC	M	39	35-39M	0.55.15	5
13	820	60	THANDO	NCIPHA	SAPPE	M	31	SM	0.55.32	4
14	738	358	MZWANELE	MAPHEKULA	IKHAMVA	M	47	45-49M	0.56.37	5
15	512	1806	BATHANDWA	MOOI	VUKANI	M	39	35-39M	0.57.17	4
16	695	4522	ANELE	VOORMAN	TEMP	M	23	SM	0.57.44	0
17	123	866	MELIKHAYA	KEPE	NEDBANK	M	47	45-49M	0.57.52	5
18	211	1458	GEORGE	NTSHILIZA	NEDBANK	M	44	40-44M	0.58.56	4
19	180	994	MASANDE	MLONYENI	CHARLO	M	43	40-44M	0.59.04	4
20	316	1443	DENYS	WOLMARANS	NEDBANK	M	44	40-44M	0.59.07	4
21	260	865	MNCEDI	KHANTI	NEDBANK	M	44	40-44M	0.59.23	4
22	219	1522	HANNES	PELSER	32GI	M	40	40-44M	0.59.41	4
23	607	519	LUVUYO	DYANI	MOTHER	M	53	50-54M	1.00.02	5
24	309	282	ABDUL	WICOMB	MUIRITE	M	45	45-49M	1.00.24	5
25	303	1400	KELLY	VAN VLIET	NEDBANK	F	36	35-39F	1.00.35	5
26	358	1255	ERROL	WHITTAL	ELITEAC	M	48	45-49M	1.00.36	5
27	706	1357	MALIBONGWE	MBELU	NEDBANK	M	51	50-54M	1.00.40	5
28	65	999	GRAHAM	ESHMADE	CHARLO	M	46	45-49M	1.00.46	5
29	357	1127	BRADLEY	MACKENZIE	ACH	M	52	50-54M	1.00.49	5
30	735	185	SANELE	SAM	CSEP	M	31	SM	1.00.57	3
31	314	1046	JEMAIN	WILSON	XCEL	M	36	35-39M	1.01.29	3
32	149	1319	MZOLISI	MAKHANDA	NEDBANK	M	41	40-44M	1.01.38	3
33	146	1344	CHRISTOPHER	MABENGEZA	NEDBANK	M	57	55-59M	1.01.49	5
34	748	565	SEBASTIAN	KLEU	ELITEAC	M	47	45-49M	1.01.51	4
35	657	1216	WESSEL	WOLMARANS	ELITEAC	M	45	45-49M	1.01.51	4
36	181	74	TUMELO	MOCHELENYANE	SAPPE	M	41	40-44M	1.01.55	3
37	187	993	THEMBEKILE	MSIPA	CHARLO	M	49	45-49M	1.02.09	4
38	719	1707	DAMIAN	OLIVER	GELVAN	M	32	SM	1.02.09	3
39	585	4476	LEIGH	CALLAGHAN	TEMP	F	28	SF	1.02.12	0
40	687	1465	HENRY	CRAUSE	NEDBANK	M	41	40-44M	1.03.20	3
41	504	793	GAVIN	THORNE	NEDBANK	M	42	40-44M	1.03.45	3
42	128	1353	MZUKISI	KLAAS	NEDBANK	M	55	55-59M	1.04.12	5
43	162	384	LUYANDA	MATIWANA	SPAREC	M	45	45-49M	1.04.13	3
44	580	1847	MHLENGI	MAHLABA	HOLLYWOO	M	32	SM	1.04.37	2
45	824	4841	STANDIWE	BANGISO	TEMP	M	22	SM	1.04.54	0
46	821	1324	LINDEN	NZEZA	NEDBANK	M	40	40-44M	1.05.03	3
47	170	1752	LWAZI	MDUNYA	ASPEN	M	38	35-39M	1.05.20	2
48	689	1406	REFELOE	SOLOMONS	NEDBANK	F	42	40-44F	1.05.26	5
49	256	2368	NTSIKELELO	SEBE	NEDBANK	M	41	40-44M	1.05.28	3
50	336	1425	DARRYL	BAGLEY	NEDBANK	M	48	45-49M	1.05.32	3
51	270	1347	LUVUYO	STEPHEN	NEDBANK	M	53	50-54M	1.05.37	4
52	617	1092	EDEN	GRUNDLINGH	ACH	M	34	SM	1.05.38	2
53	502	4038	BIANCA	MEISTRE	32GI	F	38	35-39F	1.06.24	4
54	705	406	LONWABO	NDLALENI	CHILLIEP	M	46	45-49M	1.06.25	3
55	471	4471	DANNY	SOLEYMANI	TEMP	M	27	SM	1.06.57	0
56	221	539	SERGIO	PETERSON	RUN4C	M	45	45-49M	1.07.00	3
57	64	1480	AUGUST	ESAU	NEDBANK	M	53	50-54M	1.07.06	3

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
58	232	985	CHRISTOFF	PUREN	CHARLO	M	33	SM	1.07.18	2
59	259	2241	LUTHANDO	SIKIWE	DESPATCH	M	38	35-39M	1.07.23	2
60	213	931	ANDILE	NYOKA	CHARLO	M	51	50-54M	1.07.26	3
61	427	4027	LUKE	HOYLE	TEMP	M	19	SM	1.07.27	0
62	148	1395	MICHAEL	MAGSON	NEDBANK	M	47	45-49M	1.07.28	3
63	106	932	DEAN	HOYLE	CHARLO	M	54	50-54M	1.07.29	3
64	116	919	KELVIN	JOOSTE	CHARLO	M	37	35-39M	1.08.00	2
65	503	80215	WYNAND	DU PREEZ	VITALITY	M	50	50-54M	1.08.02	3
66	111	1761	SLULAMI	JACK	TRANSNET	M	48	45-49M	1.08.09	3
67	621	1581	LILY	JANSE VAN RENSBURG	DESPATCH	F	48	45-49F	1.08.12	5
68	152	898	PATRIC	MAKWENKWE	CHARLO	M	57	55-59M	1.08.41	4
69	629	1032	CHRISTIAN	DU PREEZ	XCEL	M	53	50-54M	1.08.54	3
70	609	1416	CHRISTINE	CLAASEN	NEDBANK	F	59	55-59F	1.08.56	5
71	587	4478	ANDRE	WHYTE	TEMP	M	35	35-39M	1.08.58	0
72	288	1902	JEN	VALLANCE	STFRAN	F	36	35-39F	1.09.08	3
73	321	390	SONWABILE	ZOKOZA	SPAREC	M	41	40-44M	1.09.11	2
74	538	386	BULELANI	MTSHWANE	SPAREC	M	32	SM	1.09.11	2
75	134	1263	KAHN	LANGFORD	VWAC	M	45	45-49M	1.09.32	2
76	243	2362	Grant	Rudman	DESPATCH	M	46	45-49M	1.09.37	2
77	665	80288	KAHNGELANI	HALOM	TRANSNET	M	42	40-44M	1.09.44	2
78	611	80358	ELROY	MATTHEWS	DESPATCH	M	54	50-54M	1.09.45	3
79	17	970	MALCOLM	BLANDY	CHARLO	M	41	40-44M	1.09.47	2
80	726	1314	TAWFEEQ	VYVER	NEDBANK	M	25	SM	1.09.49	2
81	209	1822	MZWANELE	NQOQO	VUKANI	M	46	45-49M	1.09.51	2
82	136	1283	URAN	LE ROUX	VWAC	M	57	55-59M	1.10.01	3
83	366	2199	YANDISA	FAKU	MADIBAZ	M	36	35-39M	1.10.10	2
84	560	706	STEPHEN	MCCARTHY	CRUSADE	M	62	60-64M	1.10.12	4
85	147	1394	DAVERA	MAGSON	NEDBANK	F	49	45-49F	1.10.20	4
86	173	1431	GIDEON	MENGO	NEDBANK	M	46	45-49M	1.10.32	2
87	749	1957	HENRY	PIENAAR	BLUEBAY	M	52	50-54M	1.10.34	3
88	482	1441	MARTIN	JANSEN	NEDBANK	M	55	55-59M	1.10.38	3
89	521	731	GAVIN	ROGERS	CRUSADE	M	59	55-59M	1.10.49	3
90	561	1748	RICHARD	RAMATSASA	GELVAN	M	48	45-49M	1.10.57	2
91	809	1750	BASIL	STEVENS	GELVAN	M	52	50-54M	1.10.59	3
92	269	1869	SIZWE	SOLANI	HOLLYWOO	M	48	45-49M	1.11.07	2
93	710	50969	SITHA	SIGENU	REALGIJ	F	40	40-44F	1.11.09	0
94	426	4026	JORDAN	HOYLE	TEMP	M	19	SM	1.11.22	0
95	524	1803	ABELANG	MOSWEU	VUKANI	M	39	35-39M	1.11.31	2
96	444	4044	KHAKA	NJOZELA	TEMP	M	37	35-39M	1.11.37	0
97	707	561	DARRYL	CALVERT	RUN4C	M	48	45-49M	1.11.37	2
98	46	546	CHARLES	CORBY	32GI	M	53	50-54M	1.11.38	2
99	207	1112	SHANE	NORRIS	ACH	M	49	45-49M	1.11.42	2
100	367	1437	DARREN	VAN VLIET	NEDBANK	M	40	40-44M	1.11.43	2
101	525	1516	THERESA	BUCHNER	32GI	F	38	35-39F	1.11.57	2
102	514	1113	ROGER	TRADER	ACH	M	70	70+M	1.12.06	5
103	537	1862	SIMPHIWE	SOCI	HOLLYWOO	M	58	55-59M	1.12.11	3
104	535	1857	MKHUSELI	DANISA	HOLLYWOO	M	29	SM	1.12.26	2
105	727	263	LINDIKHAYA	NTEYI	TINARHA	M	44	40-44M	1.12.30	2
106	368	1385	KOOS	OLIVIER	MADIBA	M	66	65-69M	1.12.33	4
107	496	4096	ZANDIE	LE ROUX	TEMP	M	27	SM	1.12.43	0
108	199	1639	VANDRE	NEL	MADIBA	M	39	35-39M	1.12.47	2
109	455	4055	PIETER	STRYDOM	TEMP	M	36	35-39M	1.12.53	0
110	685	1040	NIGEL	DANIELS	XCEL	M	48	45-49M	1.12.57	2
111	165	1457	RICHARD	MAZUNGULA	NEDBANK	M	47	45-49M	1.12.58	2
112	534	619	BRETT	HOLMES	ASPEN	M	49	45-49M	1.12.59	2
113	553	360	LUVUYO	BANGAZI	IKHAMVA	M	47	45-49M	1.13.04	2
114	662	1038	PHILLIP	DU PLESSIS	XCEL	M	53	50-54M	1.13.05	2
115	189	385	LONWABO	MTSHAKE	SPAREC	M	53	50-54M	1.13.09	2

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116	312	2264	BRUCHANE	WILLIAMS	GELVAN	M	37	35-39M	1.13.14	2
117	511	1061	MICHAEL	WALLIS	ACH	M	45	45-49M	1.13.16	2
118	637	4238	MILES	HOLLINS	TEMP	M	50	50-54M	1.13.17	0
119	240	1501	ROMMANY	ROGERS	32GI	F	41	40-44F	1.13.20	2
120	127	2385	FENANDO	KIEWIETS	RUN4C	M	38	35-39M	1.13.24	2
121	236	1526	CANDICE	RICHARDS	32GI	F	31	SF	1.13.26	2
122	326	51110	HASSAN	NDZAKANA	NEDBOR	M	54	50-54M	1.13.28	0
123	343	2306	THEMBISILE	MSUTHU	VUKANI	M	45	45-49M	1.13.30	2
124	394	1529	KIRSTI	DOLINSCHKEK	32GI	F	42	40-44F	1.13.42	2
125	344	554	PETRUS	RADEMEYER	RUN4C	M	49	45-49M	1.14.01	2
126	403	4003	LUKE	BINNEMAN	TEMP	M	31	SM	1.14.27	0
127	543	1801	LUNGISA	MKOSI	VUKANI	M	36	35-39M	1.14.30	2
128	642	4087	ANCHE	HOLLINS	ACH	F	42	40-44F	1.14.32	2
129	294	20550	RONAN	VAN DER VAART	ACH	M	18	JM	1.14.32	2
130	747	2209	FREDAH	NCUBE	MADIBAZ	F	41	40-44F	1.14.41	2
131	816	4934	SIVUYILE	MHLIFILI	TEMP	M	44	40-44M	1.14.46	0
132	369	1334	SUZETTE	VICTOR	NEDBANK	F	53	50-54F	1.14.54	3
133	60	1659	HANNES	ELS	MADIBA	M	74	70+M	1.14.55	5
134	531	1275	PLAAITJIE	DAMONS	VWAC	M	60	60-64M	1.15.04	3
135	590	4481	JUDE	ROSS	TEMP	M	27	SM	1.15.10	0
136	598	4489	LUVUYO	LAMDU	TEMP	M	31	SM	1.15.13	0
137	114	1729	BRIAN	JONAS	GELVAN	M	62	60-64M	1.15.14	3
138	246	2010	HERMAN	SAAYMAN	MADIBA	M	39	35-39M	1.15.21	2
139	404	4004	PEDRE	BOOYSEN	TEMP	M	39	35-39M	1.15.24	0
140	411	4011	FREDDIE	CRONJE	TEMP	M	35	35-39M	1.15.24	0
141	349	2032	KAREN	BARNARD	MADIBA	F	34	SF	1.15.25	2
142	249	1528	KELVIN	SAMUEL	32GI	M	40	40-44M	1.15.32	2
143	21	890	SIMPHIWE	BLOU	CHARLO	M	51	50-54M	1.15.44	2
144	261	584	BRENDON	SLABBERT	RUN4C	M	52	50-54M	1.15.50	2
145	684	1954	LEONARD	CONRADIE	BLUEBAY	M	69	65-69M	1.15.54	3
146	717	2372	Siphosethu	Mavatha	SIBALEKA	F	27	SF	1.15.59	2
147	431	4031	SIPHAMANDLA	KOKO	TEMP	M	34	SM	1.16.08	0
148	584	4475	BABALO	KULATA	TEMP	M	39	35-39M	1.16.08	0
149	233	51917	MPHO	RAMUHULU	INKAMANA	M	41	40-44M	1.16.11	0
150	807	1809	SIBONGILE	MGQEBA	VUKANI	F	36	35-39F	1.16.15	2
151	627	11864	ADRE	STRYDOM	MEDIHELP	F	46	45-49F	1.16.17	0
152	4	881	SHAUN	ATTENBOROUGH	CHARLO	M	55	55-59M	1.16.38	2
153	422	4022	VICKI	GRICE	TEMP	F	42	40-44F	1.16.43	0
154	605	22763	SIYABONGA	MADWE	ABSA	M	28	SM	1.16.53	0
155	163	1035	JEROME	MAY	XCEL	M	57	55-59M	1.16.55	2
156	569	4500	JAN	LE ROUX	TEMP	M	50	50-54M	1.17.02	0
157	350	2366	MVULELI	MAGAWULANA	ASPEN	M	47	45-49M	1.17.05	2
158	827	1027	SIYABONGA	PANDLE	XCEL	M	54	50-54M	1.17.10	2
159	721	1042	EUGENE	VAN WYK	XCEL	M	52	50-54M	1.17.11	2
160	7	1718	CHARLES	BAATJIES	GELVAN	M	67	65-69M	1.17.25	3
161	542	1435	THOLAKELE	SITELA	NEDBANK	M	34	SM	1.17.27	1
162	69	892	GARETH	FLETCHER	CHARLO	M	49	45-49M	1.17.29	2
163	360	2126	LUTHANDO	NDZAMBO	MADIBAZ	M	40	40-44M	1.17.33	2
164	603	1301	DESTIN	SAUER	VWAC	M	42	40-44M	1.17.34	2
165	548	2377	GUGU	BUDAZA	VUKANI	M	23	SM	1.17.34	1
166	469	4469	SIPHESIHLE	JOJA	TEMP	M	25	SM	1.17.35	0
167	204	205	ZUKISANI	NJOKWENI	CSEP	M	34	SM	1.17.35	1
168	681	1272	BULELANI	MINI	VWAC	M	32	SM	1.17.36	1
169	156	952	CINDY	MARAIS	CHARLO	F	46	45-49F	1.17.38	2
170	371	2266	LEONARD	ERASMUS	GELVAN	M	65	65-69M	1.17.42	3
171	186	1013	SANNAH	MPUKULA	ASPEN	F	50	50-54F	1.17.46	3
172	89	1775	BONKE	GOYI	VUKANI	M	35	35-39M	1.17.51	1
173	356	1777	JAMAL	ASANI	VUKANI	M	37	35-39M	1.17.52	1

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174	819	5546	BRADLEY	SMITH	TEMP	M	38	35-39M	1.17.55	0
175	11	893	HISHAAN	BHANA	CHARLO	M	27	SM	1.17.56	1
176	182	964	JUSTIN	MOGRIDGE	CHARLO	M	35	35-39M	1.18.07	1
177	107	983	JOANNE	HOYLE	CHARLO	F	54	50-54F	1.18.13	3
178	728	1863	DAVID	MAMA	HOLLYWOO	M	48	45-49M	1.18.14	2
179	551	634	JO-ANNE	FORSON	ASPEN	F	36	35-39F	1.18.37	2
180	87	637	MARK	GODDARD	ASPEN	M	27	SM	1.18.37	1
181	78	1846	SIYABONGA	GAZIYA	HOLLYWOO	M	39	35-39M	1.18.43	1
182	604	1033	SALWYN	DENNIS	XCEL	M	45	45-49M	1.19.00	2
183	267	1642	NICO	SMITH	MADIBA	M	38	35-39M	1.19.03	1
184	615	51052	LUNGISA	NGQINA	BUFFALO	M	38	35-39M	1.19.07	0
185	8	1043	DAVID	BAINS	XCEL	M	57	55-59M	1.19.09	2
186	713	435	NKOSINATHI	CLAY	CHILLIEP	M	59	55-59M	1.19.11	2
187	694	1300	VERNON	NAIDOO	VWAC	M	54	50-54M	1.19.11	2
188	20	944	DISEMBA	BLOU	CHARLO	M	65	65-69M	1.19.15	2
189	315	876	GEORGE	WINSHIP	CHARLO	M	58	55-59M	1.19.18	2
190	701	4829	MARC	RIEDER	TEMP	M	49	45-49M	1.19.27	0
191	541	1452	EDDIE	EADES	NEDBANK	M	74	70+M	1.19.31	3
192	364	119	THEMBALETHU	MANA	VARSITY	M	47	45-49M	1.19.33	1
193	463	4063	ALEXANDER	WEED	TEMP	M	73	70+M	1.19.35	0
194	310	1369	CHRISTINE	WIENAND	NEDBANK	F	44	40-44F	1.19.48	2
195	740	18827	ANDREW	MOLOISANE	VITALITY	M	39	35-39M	1.19.50	1
196	459	4059	AMORAY	THEUNISSEN	TEMP	F	30	SF	1.19.50	0
197	39	2326	DEBRA JANE	CHRISTY	STFRAN	F	59	55-59F	1.19.54	3
198	125	1450	NKHATHALLENG	KHIBA	NEDBANK	F	42	40-44F	1.19.55	2
199	410	4010	ESTEE	COCKROFT	TEMP	F	39	35-39F	1.19.55	0
200	184	1590	ANNEKE	MOORE	DESPATCH	F	39	35-39F	1.19.57	2
201	483	1342	DARIUS	SWIEGELAAR	NEDBANK	M	28	SM	1.19.57	1
202	741	1444	MFUNDISO	LUVALO	NEDBANK	M	54	50-54M	1.20.14	2
203	171	1476	NOLIKHANYO	MDWAYI	NEDBANK	F	42	40-44F	1.20.14	2
204	660	1554	HELGARD	POTGIETER	DESPATCH	M	51	50-54M	1.20.18	2
205	497	4097	BENNIE	KILIAN	TEMP	M	25	SM	1.20.23	0
206	485	1323	VUSUMZI	SIMAKUHLE	NEDBANK	M	58	55-59M	1.20.29	2
207	692	2204	IVAN	MOSES	MADIBAZ	M	61	60-64M	1.20.36	2
208	75	649	JUANITA	FULLER	ALBANY	F	47	45-49F	1.20.44	2
209	536	1876	NTOMBAMAZIZI	MATOLE	HOLLYWOO	F	42	40-44F	1.21.01	2
210	157	948	THOMAS	MARAIS	CHARLO	M	37	35-39M	1.21.02	1
211	508	1052	ASHWELL	JONAS	GELVAN	M	50	50-54M	1.21.03	1
212	48	1088	PERCY	DALTON	ACH	M	75	70+M	1.21.07	2
213	522	1872	AYANDA	GROOTBOOM	HOLLYWOO	M	38	35-39M	1.21.22	1
214	458	4058	CHARLIZE	SWANEPOEL	TEMP	F	19	SF	1.21.25	0
215	473	4473	NICOLAS	STEWART	TEMP	M	16	JM	1.21.28	0
216	450	4050	JANA	RELIHAN	TEMP	F	22	SF	1.21.32	0
217	421	4021	BRANDON	GILL	TEMP	M	25	SM	1.21.32	0
218	592	4483	SIZWE	RADEBE	TEMP	M	31	SM	1.21.45	0
219	810	1701	VERNON	NEWFELDT	GELVAN	M	57	55-59M	1.21.47	2
220	141	741	MARGARET	LLOYD	CRUSADE	F	60	60-64F	1.21.48	3
221	406	4006	RODNEY	BUTTERS	TEMP	M	61	60-64M	1.21.51	0
222	500	4100	DELME	REDCLIFFE	TEMP	M	40	40-44M	1.21.51	0
223	337	1454	WENDY	SORENSEN	NEDBANK	F	49	45-49F	1.21.56	2
224	671	1824	VUYILE	TIKWAYO	VUKANI	M	42	40-44M	1.22.11	1
225	702	4830	ZOLANI	NTUNGWA	TEMP	M	41	40-44M	1.22.12	0
226	335	540	JACQUES	LANGLEY	ELITEAC	M	35	35-39M	1.22.14	1
227	363	31	DUNCAN	STEWART	PEAAC	M	52	50-54M	1.22.17	1
228	80	1512	CHARL	GERBER	32GI	M	47	45-49M	1.22.20	1
229	365	288	WARREN	GRIFFITHS	MUIRITE	M	58	55-59M	1.22.22	1
230	328	28578	DAMIAN	SMITH	PIR	M	56	55-59M	1.22.33	0
231	718	1721	LIZETTE	OLIVER	GELVAN	F	37	35-39F	1.22.35	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
232	626	1552	THERESA	OOSTHUIZEN	DESPATCH	F	52	50-54F	1.22.38	2
233	130	1236	STEPHEN	KLUE	ELITEAC	M	65	65-69M	1.22.44	2
234	446	4046	MIKE	NUNAN	TEMP	M	69	65-69M	1.22.50	0
235	453	4053	LUYANDA	SINEKE	TEMP	M	37	35-39M	1.22.54	0
236	277	2386	GEOFFREY	SWARTBOOI	RUN4C	M	47	45-49M	1.22.56	1
237	645	4250	ASEMAHLE	NGCOKOSHO	TEMP	F	16	JF	1.22.57	0
238	372	50	MICHAEL	DEKKER	SAPPE	M	51	50-54M	1.23.02	1
239	509	564	GAVIN	SILLS	RUN4C	M	50	50-54M	1.23.08	1
240	383	838	BABALO	MAKALIMA	NEDBANK	M	40	40-44M	1.23.13	1
241	216	1004	JOHANNETTE	OOSTHUIZEN	BODYCON	F	59	55-59F	1.23.19	2
242	742	1626	GERRIT	FYVER	MADIBA	M	39	35-39M	1.23.22	1
243	28	1031	CHESTER	BROOKS	XCEL	M	65	65-69M	1.23.27	2
244	41	894	TONY	CLARKE	CHARLO	M	63	60-64M	1.23.29	2
245	679	80352	Brendan	Human	DESPATCH	M	24	SM	1.23.29	1
246	57	1609	WILLEMEN	DU RANDT	DESPATCH	F	49	45-49F	1.23.31	2
247	523	1586	MAUDY	BOTES	DESPATCH	F	41	40-44F	1.23.37	1
248	667	1564	LEON	WEITSZ	DESPATCH	M	49	45-49M	1.23.38	1
249	381	80360	ALISON	BOWKER	ELITEAC	F	35	35-39F	1.23.40	1
250	74	988	JARRED	FRANZSEN	CHARLO	M	34	SM	1.23.42	1
251	245	1211	SANETTE	RYAN	ELITEAC	F	53	50-54F	1.23.50	2
252	815	1261	FRANKLYN	HUMAN	VWAC	M	48	45-49M	1.23.52	1
253	16	1106	ERROL	BLACK	ACH	M	73	70+M	1.23.57	2
254	501	1018	IVO	MEYER	BODYCON	M	49	45-49M	1.24.01	1
255	177	170	THANDEKA	MHLANGA	ACT AC	F	33	SF	1.24.02	1
256	299	672	CECILE	VAN SCHALKWYK	ALBANY	F	32	SF	1.24.09	1
257	391	327	ELWIN	WOODS	MUIRITE	M	60	60-64M	1.24.11	1
258	339	1111	GRAHAM	CHANNON	ACH	M	74	70+M	1.24.11	2
259	138	1647	JUSTIN	LEESON	MADIBA	M	37	35-39M	1.24.16	1
260	822	4921	AFRIKA	MHLOPHE	TEMP	M	45	45-49M	1.24.17	0
261	392	1060	DEAN	FINLAY	ACH	M	57	55-59M	1.24.18	1
262	133	2124	ELMAR	LANDMAN	32GI	M	30	SM	1.24.22	1
263	302	883	LINDI	VAN TONDER	CHARLO	F	45	45-49F	1.24.26	1
264	55	1212	EDMUND	DRAKE	ELITEAC	M	33	SM	1.24.29	1
265	530	1007	JANETTE	SCHIERZ-CRUSIUS	BODYCON	F	63	60-64F	1.24.34	2
266	324	520	KIRSTI	KUHN	RUN4C	F	35	35-39F	1.24.36	1
267	297	926	TREVOR	VAN RENSBURG	CHARLO	M	71	70+M	1.24.36	2
268	533	618	KELLY	HOLMES	ASPEN	F	46	45-49F	1.24.44	1
269	255	1481	WAYNE	SCHOLTZ	32GI	M	43	40-44M	1.24.46	1
270	266	980	CLINTON	SMITH	CHARLO	M	38	35-39M	1.24.47	1
271	172	1637	CHARL	MEISTRE	MADIBA	M	38	35-39M	1.24.48	1
272	61	1424	SAM	ERASMUS	NEDBANK	M	66	65-69M	1.24.48	2
273	273	555	BURNITA	STRYDOM	ELITEAC	F	55	55-59F	1.24.48	2
274	396	2253	JANICE	ISAACS	32GI	F	39	35-39F	1.24.50	1
275	14	1208	CHRISTINE	BIRD	ELITEAC	F	52	50-54F	1.24.53	2
276	231	1543	SHIRLEY	PURDON	32GI	F	58	55-59F	1.24.54	2
277	389	1819	ZOLANI	MQOQI	VUKANI	M	47	45-49M	1.24.58	1
278	244	982	PRISHEN	RYAN	CHARLO	M	33	SM	1.24.59	1
279	67	765	LESLIE	FERREIRA	CRUSADE	M	28	SM	1.25.04	1
280	108	528	JOEL	HUMAN	CHARLO	M	50	50-54M	1.25.05	1
281	622	1427	RYAN	VAN DER MESCHT	NEDBANK	M	42	40-44M	1.25.05	1
282	447	4047	MARK	OOSTHUIZEN	TEMP	M	59	55-59M	1.25.07	0
283	210	6040	MAXWELL	NTABANKULU	CHILLI	M	40	40-44M	1.25.10	0
284	405	4005	BEN	BRITZ	TEMP	M	23	SM	1.25.12	0
285	1	1691	CRAIG	ADAMS	GELVAN	M	46	45-49M	1.25.13	1
286	193	374	NTOMBENTSHA	NAZO	HOLLYWOO	F	39	35-39F	1.25.37	1
287	544	426	ONATHI	STUURMAN	CHILLIEP	M	24	SM	1.25.39	1
288	546	425	GODFREY	STUURMAN	CHILLIEP	M	23	SM	1.25.41	1
289	279	1472	ALTON	THOMAS	NEDBANK	M	48	45-49M	1.25.41	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
290	565	4496	DEON	ENGELBRECHT	NMBAC	M	56	55-59M	1.25.48	1
291	6	978	CHRISTOPHER	AYERST	CHARLO	M	56	55-59M	1.25.50	1
292	105	693	DARREN	HOWE	VITALITY	M	39	35-39M	1.26.05	1
293	250	283	LORENZO	SAMUELS	MUIRITE	M	38	35-39M	1.26.21	1
294	84	1214	BENITA	GERBER	ELITEAC	F	59	55-59F	1.26.24	2
295	239	50011	ALAN	ROBB	GCH	M	70	70+M	1.26.25	0
296	460	4060	ELIZE	THOMPSON	TEMP	F	32	SF	1.26.32	0
297	549	5968	ANELISA	MAGAMA	REALGIJ	F	37	35-39F	1.26.38	0
298	454	4054	ZANDILE	SIYATA	TEMP	F	45	45-49F	1.26.38	0
299	338	455	JODI	PIENAAR	WALMER	M	30	SM	1.26.39	1
300	688	418	WILTON	MNQAYI	TRANSNET	M	41	40-44M	1.26.43	1
301	166	796	XOLA	MBATSHA	NMBAC	M	43	40-44M	1.26.45	1
302	161	1790	SIDWELL	MATINYANE	VUKANI	M	58	55-59M	1.26.52	1
303	378	781	YENZILE	MDODANA	NMBAC	F	31	SF	1.26.55	1
304	494	4094	ASIVE	SOTASHE	TEMP	F	28	SF	1.27.01	0
305	430	4030	WILHELM	KILIAN	TEMP	M	47	45-49M	1.27.05	0
306	519	1054	LIZ	PRINS	ACH	F	54	50-54F	1.27.09	1
307	95	1671	LEON	GROENEWALD	MADIBA	M	57	55-59M	1.27.09	1
308	716	1907	SONWABISO	JIKA-JIKA	SIBALEKA	M	38	35-39M	1.27.14	1
309	117	723	ALETTA	JOUBERT	CRUSADE	F	62	60-64F	1.27.15	2
310	242	750	PIETER	ROUX	CRUSADE	M	68	65-69M	1.27.16	1
311	417	4017	YOLANDA	DUGMORE	TEMP	F	51	50-54F	1.27.16	0
312	648	2036	RAYMOND	JACOBS	GELVAN	M	66	65-69M	1.27.22	1
313	142	1340	WELCOME	LOLIWE	NEDBANK	M	59	55-59M	1.27.23	1
314	154	1500	JONATHAN	MANDELL	32GI	M	59	55-59M	1.27.31	1
315	164	1356	JEROME	MAY	NEDBANK	M	57	55-59M	1.27.31	1
316	237	281	MONIQUE	RICHARDSON	MUIRITE	F	28	SF	1.27.31	1
317	586	4477	ALTON	JANTJES	TEMP	M	44	40-44M	1.27.33	0
318	623	1258	MARTIN	LANGLEY	ELITEAC	M	43	40-44M	1.27.45	1
319	490	4090	DA-NIEL	BEZUIDENHOUT VAN ZYL	TEMP	M	34	SM	1.27.49	0
320	413	4013	GURSHEN	DAVIDS	GELVAN	M	36	35-39M	1.27.51	1
321	263	1678	ADELE	SLABBERT	MADIBA	F	53	50-54F	1.27.52	1
322	650	1565	BONITA	WEITSZ	DESPATCH	F	51	50-54F	1.27.56	1
323	54	1772	ABENA	DLAKAVU	VUKANI	F	36	35-39F	1.27.57	1
324	572	4231	SILAS	KHANYUNDI	TEMP	M	45	45-49M	1.27.58	0
325	425	4025	KIRK	HELLIKER	TEMP	M	67	65-69M	1.28.00	0
326	22	1143	CHRISTELLE	BLUME	JBAY	F	55	55-59F	1.28.07	1
327	628	1588	JACQUES	BOTHA	DESPATCH	M	49	45-49M	1.28.10	1
328	619	1615	STEPHANUS	LAMBRECHTS	DESPATCH	M	41	40-44M	1.28.10	1
329	300	1389	MARTIE	VAN SCHALKWYK	NEDBANK	F	59	55-59F	1.28.12	1
330	318	1567	JACOBUS	WYATT	DESPATCH	M	60	60-64M	1.28.14	1
331	516	4472	BRENDON	DRYDEN	TEMP	M	55	55-59M	1.28.16	0
332	540	397	THANDO	FRANS	SPAREC	M	45	45-49M	1.28.18	1
333	443	4043	GRANT	MORTON	TEMP	M	38	35-39M	1.28.24	0
334	826	1297	THANDEKILE	GAXAMBA	VWAC	M	53	50-54M	1.28.33	1
335	223	1962	DANIEL	PIETERSE	BLUEBAY	M	61	60-64M	1.28.35	1
336	563	4494	SELWYN	ISAACS	TEMP	M	49	45-49M	1.28.43	0
337	98	80006	LEZELL	HARRIS	VWAC	F	50	50-54F	1.28.51	1
338	408	4008	SIHLE	CHILI	TEMP	M	29	SM	1.28.55	0
339	262	583	CHRISTELLE	SLABBERT	RUN4C	F	52	50-54F	1.29.13	1
340	724	1312	DEON	VYVER	NEDBANK	M	57	55-59M	1.29.21	1
341	683	1561	RIAAN	DELPORT	DESPATCH	M	38	35-39M	1.29.22	1
342	493	4493	DIANA	MARAIS	TEMP	F	66	65-69F	1.29.22	0
343	264	930	IMKE	SMIT	CHARLO	F	35	35-39F	1.29.24	1
344	571	4089	GRAHAM	MUNTON	TEMP	M	62	60-64M	1.29.24	0
345	227	922	Sherwin	Plaatjies	CHARLO	M	42	40-44M	1.29.25	1
346	709	1262	SABIR	SALIE	VWAC	M	36	35-39M	1.29.25	1
347	693	1645	RORY	RICHTER	MADIBA	M	40	40-44M	1.29.31	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
348	176	1428	TANYA	MEYER	CHARLO	F	39	35-39F	1.29.35	1
349	812	5803	SIVIWE	MEVENI	REALGIJ	M	37	35-39M	1.29.45	0
350	379	1270	MUHAMMED	PETERSEN	VWAC	M	40	40-44M	1.29.48	1
351	150	1291	ASHENDA	MAKONIE	VWAC	F	48	45-49F	1.29.48	1
352	305	972	CONRAD	VENTER	CHARLO	M	32	SM	1.29.51	1
353	614	1628	NELESH	JAGANATH	MADIBA	M	42	40-44M	1.29.53	1
354	73	1598	LERENZO	FRANCIS	DESPATCH	M	37	35-39M	1.29.55	1
355	342	1299	MICHAEL	SLATER	VWAC	M	53	50-54M	1.30.00	1
356	606	1656	SCHOOMBEE	PRETORIUS	MADIBA	M	66	65-69M	1.30.07	1
357	448	4048	AXOLA	PAKADE	TEMP	M	27	SM	1.30.13	0
358	298	1250	PETER	VAN RENSBURG	ELITEAC	M	65	65-69M	1.30.14	1
359	2	1201	CATHY	ALLERS	ELITEAC	F	62	60-64F	1.30.23	1
360	224	1264	LAVINIA	PIETERSE	VWAC	F	49	45-49F	1.30.28	1
361	649	1702	LEONARD	GROVES	GELVAN	M	59	55-59M	1.30.35	1
362	424	4024	SINETHEMBA	HELA	TEMP	M	35	35-39M	1.30.38	0
363	518	2227	YOLANDA	SIDWABA	ASPEN	F	32	SF	1.30.41	1
364	334	80347	FRANCOIS	WINN	DESPATCH	M	41	40-44M	1.30.45	1
365	43	285	VANESSA	COETZEE	MUIRITE	F	47	45-49F	1.30.49	1
366	733	4244	GAVIN	LENTOOR	TEMP	M	45	45-49M	1.30.54	0
367	634	4234	LOYISO	MALOTANA	TEMP	M	48	45-49M	1.30.54	0
368	698	4527	NCEDIWE	STEMELE	TEMP	F	43	40-44F	1.30.55	0
369	690	2169	WAYNE	MAC GEAR	MADIBAZ	M	60	60-64M	1.31.00	1
370	711	130	IGHSAAN	ISAACS	MALABAR	M	58	55-59M	1.31.03	1
371	220	46	CRAIG	PETERSEN	SAPPE	M	49	45-49M	1.31.15	1
372	51	1503	TENIELLE	DE ANDRADE	VITALITY	F	38	35-39F	1.31.16	1
373	704	307	DENVER	HUME	MUIRITE	M	46	45-49M	1.31.17	1
374	632	1673	COLIN	INGRAM	MADIBA	M	63	60-64M	1.31.20	1
375	348	824	JAYD	BURGINS	XCEL	M	38	35-39M	1.31.38	1
376	616	1161	SUSAN	MEYER	JBAY	F	62	60-64F	1.31.50	1
377	281	1420	GRAEME	TING CHONG	NEDBANK	M	55	55-59M	1.31.53	1
378	646	4521	NOLIKHANYO	MADLINGOZI	TEMP	F	30	SF	1.32.03	0
379	600	4491	LUYANDA	NCWADI	TEMP	M	42	40-44M	1.32.14	0
380	370	1717	ANTOINETTE	HUMAN	GELVAN	F	55	55-59F	1.32.20	1
381	53	1234	DEWALD	DEYSEL	ELITEAC	M	41	40-44M	1.32.41	1
382	327	50823	GUGULETHU	NTWENDALA	REALGIJ	F	31	SF	1.32.48	0
383	515	1708	DEON	SMITH	GELVAN	M	55	55-59M	1.32.54	1
384	278	1429	RIKA	TERBLANCHE	NEDBANK	F	46	45-49F	1.33.04	1
385	198	1636	LISTIA	NEL	MADIBA	F	48	45-49F	1.33.08	1
386	44	2364	MARYKA	COETZER	MADIBA	F	41	40-44F	1.33.08	1
387	663	1600	YVETTE	JONKER	DESPATCH	F	51	50-54F	1.33.13	1
388	677	80351	DEVON	VAN EYK	DESPATCH	M	29	SM	1.33.13	1
389	567	4498	LUTHABILE	MPULU	TEMP	M	22	SM	1.33.17	0
390	630	1466	AT	SCHOEMAN	NEDBANK	M	67	65-69M	1.33.18	1
391	432	4032	MARISKA	KRUGER	TEMP	F	46	45-49F	1.33.36	0
392	470	4470	MADELEINE	GERBER	TEMP	F	52	50-54F	1.33.43	0
393	818	4942	MPUMELELO	SEBANYONI	TEMP	M	34	SM	1.33.48	0
394	484	5593	LOUIS	SWIEGELAAR	PPOLICE	M	57	55-59M	1.33.49	0
395	487	1284	DEAN	BOSMAN	VWAC	M	41	40-44M	1.33.50	1
396	85	913	ZENE	GERBER	CHARLO	F	22	SF	1.33.56	1
397	79	914	ETIENNE	GERBER	CHARLO	M	53	50-54M	1.33.58	1
398	91	293	Karli	Greyling	MUIRITE	F	22	SF	1.34.03	1
399	594	4485	SEBELO	MAGAGAMELA	TEMP	M	41	40-44M	1.34.07	0
400	510	1115	ANNE	WALLIS	ACH	F	42	40-44F	1.34.09	1
401	90	645	CAROLYN	GRANT	ALBANY	F	57	55-59F	1.34.11	1
402	169	1446	MFEZI	MCINGANA	NEDBANK	M	48	45-49M	1.34.13	1
403	235	322	ROGER	REDCLIFFE	MUIRITE	M	32	SM	1.34.32	1
404	265	1087	FRANCOIS	SMIT	ACH	M	64	60-64M	1.34.39	1
405	42	1188	WESTLEY	COCKRELL	JBAY	M	35	35-39M	1.34.43	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
406	715	20222	YEDWA	BLOUW	SIBALEKA	M	16	JM	1.34.44	1
407	488	1704	KEITH	SEZOE	GELVAN	M	53	50-54M	1.34.53	1
408	12	956	NEELES	BHANA	CHARLO	M	52	50-54M	1.34.55	1
409	287	8441	DHIRESH	VALLABH	SCOTTAC	M	38	35-39M	1.34.55	0
410	86	1853	Sesibulelenkosi	GIGI	HOLLYWOO	F	27	SF	1.35.01	1
411	159	1706	HENRY	MASCHAKA	GELVAN	M	57	55-59M	1.35.01	1
412	644	4084	ISIPHILE	KILANI	TEMP	F	14	JF	1.35.01	0
413	640	4241	MAKHOSANDILE	NGQUSE	TEMP	M	47	45-49M	1.35.02	0
414	804	123	SIHAAM	ALLISON	MALABAR	F	38	35-39F	1.35.07	1
415	27	882	ARMIN	BRANDLE	CHARLO	M	72	70+M	1.35.08	1
416	576	1873	VUYO	MAQUTU	HOLLYWOO	M	45	45-49M	1.35.22	1
417	517	447	Simo	Nkanyuza	HOLLYWOO	M	36	35-39M	1.35.23	1
418	610	2193	INA	VAN RENSBURG	MADIBAZ	F	50	50-54F	1.35.29	1
419	225	1094	MARIETJIE	PIETERSEN	ACH	F	67	65-69F	1.35.30	1
420	102	1641	DEBBIE	HILTON	MADIBA	F	51	50-54F	1.35.30	1
421	653	2152	BERNARD	PETERSEN	MADIBAZ	M	58	55-59M	1.35.34	1
422	323	80361	SAMANTHA	DOUGLAS	ELITEAC	F	36	35-39F	1.35.40	1
423	103	40	KEVIN	HOLMES	PEAAC	M	68	65-69M	1.35.52	1
424	13	2334	MTETELELI	BIKO	MADIBAZ	M	32	SM	1.35.53	1
425	457	4057	BIANCA	SWALWELL	MADIBAZ	F	28	SF	1.35.53	1
426	731	1559	NOLEEN	AMBRAAL	DESPATCH	F	53	50-54F	1.35.56	1
427	36	903	KESVAL	CHETTY	CHARLO	M	59	55-59M	1.35.57	1
428	655	1820	ABONGILE	PEZA	VUKANI	M	40	40-44M	1.36.01	1
429	672	213	SHARON	SMUTS	CSEP	F	57	55-59F	1.36.02	1
430	643	4086	SINDISWA	ZAMXAKA	TEMP	F	43	40-44F	1.36.04	0
431	658	1726	BERNARD-BENJAMI	LODEWYK	GELVAN	M	52	50-54M	1.36.08	1
432	179	850	MARIANE	VAN DER LINDE	NEDBANK	F	45	45-49F	1.36.12	1
433	24	2121	BRENDAN	BOSMAN	MADIBA	M	39	35-39M	1.36.14	1
434	661	2263	LIONEL	TERBLANCHE	GELVAN	M	47	45-49M	1.36.14	1
435	588	4479	NADIA	SERFONTEIN	TEMP	F	48	45-49F	1.36.19	0
436	129	1172	SIMONE	KLEYN	JBAY	F	36	35-39F	1.36.19	1
437	686	1601	ANIZE	GERBER	DESPATCH	F	51	50-54F	1.36.25	1
438	317	1568	TALANA	WYATT	DESPATCH	F	32	SF	1.36.32	1
439	268	1627	NATASHA	SMITH	MADIBA	F	37	35-39F	1.36.42	1
440	412	4012	MICHA	CRONJE	TEMP	F	34	SF	1.36.43	0
441	467	4467	SISANDA	NURSE	TEMP	F	38	35-39F	1.36.50	0
442	668	1178	LIEZL	FERREIRA	JBAY	F	41	40-44F	1.36.52	1
443	474	4074	LIEZEL	GOUSSARD	TEMP	F	41	40-44F	1.36.55	0
444	40	573	BRITTANY	CILLIERS	RUN4C	F	30	SF	1.36.58	1
445	750	20004	ANELISIWE	JACOBS	ACT AC	F	16	JF	1.37.06	1
446	26	298	SANET	BOUCHER	MUIRITE	F	44	40-44F	1.37.09	1
447	384	1530	BRONWIN	MEYER	32GI	F	51	50-54F	1.37.09	1
448	451	4051	SASANTI	SASANTI	TEMP	F	33	SF	1.37.10	0
449	293	80350	Benice	Van der Mescht	DESPATCH	F	22	SF	1.37.17	1
450	292	80349	DEON	VAN DER MERWE	DESPATCH	M	54	50-54M	1.37.18	1
451	479	4079	ALBERT	BEZUIDENHOUT	TEMP	M	35	35-39M	1.37.27	0
452	708	799	GANIEF	DAVIDS	CHARLO	M	57	55-59M	1.37.32	1
453	805	1298	MPHATHISI	MJADU	VWAC	M	52	50-54M	1.37.35	1
454	808	1880	MELUMZI	NORUSHU	HOLLYWOO	M	55	55-59M	1.37.39	1
455	402	4002	JACOBUS	BERNARDO	TEMP	M	30	SM	1.37.40	0
456	386	1818	ANDILE	BOVUNGANA	VUKANI	M	56	55-59M	1.37.49	1
457	377	1623	SUSAN	ALCOCK	MADIBA	F	57	55-59F	1.38.01	1
458	354	1668	CANDICE	SHARP	MADIBA	F	40	40-44F	1.38.02	1
459	355	1662	NATALIE	SHARP	MADIBA	F	44	40-44F	1.38.03	1
460	322	80194	CARMEN	DE LANGE	DESPATCH	F	34	SF	1.38.18	1
461	340	1034	ALBERT	NGCANGA	XCEL	M	73	70+M	1.38.21	1
462	613	808	LULAMILE	PHONGOLA	NMBAC	M	66	65-69M	1.38.24	1
463	124	433	NCUMISA	KEPE	CHILLIEP	F	43	40-44F	1.38.28	1



POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
464	659	1555	LYDIA	POTGIETER	DESPATCH	F	49	45-49F	1.38.33	1
465	499	4099	SISEKO	MKUMLA	TEMP	M	39	35-39M	1.38.48	0
466	423	1922	SINETHEMBA	NGABASE	SIBALEKA	M	20	SM	1.38.48	1
467	464	4064	MZIWAMADODA	YAKO	TEMP	M	34	SM	1.38.51	0
468	725	1313	TOEGEDA	VYVER	NEDBANK	F	51	50-54F	1.39.02	1
469	462	4062	JENNA	VAN ROOY	TEMP	F	16	JF	1.39.06	0
470	737	52093	TEMBISA	BANGISO	STUT	F	51	50-54F	1.39.14	0
471	276	2388	YARDON	SWARTBOOI	RUN4C	M	15	JM	1.39.18	1
472	620	328	MADRE	WELMANS	MUIRITE	F	55	55-59F	1.39.19	1
473	556	783	THEMBELA	MANYA	NMBAC	F	40	40-44F	1.39.22	1
474	218	996	PAULA	PEARCE	CHARLO	F	55	55-59F	1.39.38	1
475	168	238	LULAMA	MCEKA	KOWIE	F	62	60-64F	1.39.43	1
476	699	4528	SIYANDA	MLISA	TEMP	F	33	SF	1.39.43	0
477	579	1102	KEN	BARWOOD	ACH	M	68	65-69M	1.39.44	1
478	284	1194	CELIDA	TRAHMS	JBAY	F	58	55-59F	1.39.47	1
479	72	1220	ANDRE	FOURIE	RUN4C	M	76	70+M	1.39.57	1
480	376	72	HERMAN	DEKKER	SAPPE	M	79	70+M	1.39.58	1
481	495	4095	KEVIN	GARDNER	TEMP	M	43	40-44M	1.39.59	0
482	436	4036	MATHONGO	MAKHIWANE	TEMP	M	48	45-49M	1.40.00	0
483	23	1579	JHANINEN	BOSHOFF	DESPATCH	F	57	55-59F	1.40.09	1
484	59	1632	JOS	ELS	MADIBA	F	71	70+F	1.40.21	1
485	480	2273	SONJA	VAN WYK	DESPATCH	F	41	40-44F	1.40.34	1
486	814	1730	CYRIL	UITHALER	GELVAN	M	61	60-64M	1.40.43	1
487	570	4088	MNIKELI	NQEBE	TEMP	M	62	60-64M	1.40.45	0
488	52	400	RONEL	DE TARNOWSKY	RUN4C	F	43	40-44F	1.40.49	1
489	289	2235	HENNIE	VAN DER KOLF	PEAAC	M	65	65-69M	1.40.50	1
490	393	1629	ARINDA	VAN DER LINDE	MADIBA	F	34	SF	1.40.55	1
491	56	572	SHANTE	DU PLESSIS	RUN4C	F	31	SF	1.41.02	1
492	290	38	JANETTE	VAN DER KOLF	PEAAC	F	64	60-64F	1.41.05	1
493	670	1333	MBULELO	SOBIKWA	NEDBANK	M	69	65-69M	1.41.06	1
494	825	140	MOEGAMMAD-WAJDI	SOLOMON	MALABAR	M	59	55-59M	1.41.14	1
495	331	80348	CLAUDEAN	VAN GREUNEN	DESPATCH	F	42	40-44F	1.41.20	1
496	35	80278	MARI	CALITZ	CHARLO	F	63	60-64F	1.41.29	1
497	559	705	OCTAVIA	BOSHOFF	CRUSADE	F	54	50-54F	1.41.35	1
498	351	1407	BUKEKA	HELA	NEDBANK	F	51	50-54F	1.41.45	1
499	390	434	NQABISA	BENYA	CHILLIEP	F	42	40-44F	1.41.53	1
500	601	17091	ENA MARIE	HEWITT	VITALGN	F	44	40-44F	1.41.55	0
501	602	17092	JULIAN	'	VITALGN	M	44	40-44M	1.41.56	0
502	552	2198	NONDUMISO	PHAKATHI	MADIBAZ	F	42	40-44F	1.41.57	1
503	76	345	GEDDES	GALLANT	SANDEFEP	M	57	55-59M	1.42.15	1
504	200	80033	THABISA	NGESI	VUKANI	F	33	SF	1.42.17	1
505	119	131	SHUKRY	KAFAAR	MALABAR	M	37	35-39M	1.42.25	1
506	452	4052	ANNABELLE	SATOW	TEMP	F	18	JF	1.42.26	0
507	612	686	BRENDA	MUKOMBE	VITALITY	F	36	35-39F	1.42.49	1
508	191	751	NICK	MULLINS	CRUSADE	M	67	65-69M	1.42.50	1
509	88	1716	DERICK	GOLIATH	GELVAN	M	60	60-64M	1.43.00	1
510	352	1670	HELEN	MCLEAN	MADIBA	F	63	60-64F	1.43.01	1
511	734	427	BANOYOLO	GQOLI	CHILLIEP	F	42	40-44F	1.43.03	1
512	272	1560	PIETER	STRYDOM	DESPATCH	M	62	60-64M	1.43.10	1
513	31	759	MIKE	BURGER	CRUSADE	M	70	70+M	1.43.12	1
514	420	4020	LITHO	FERREIRA	TEMP	M	27	SM	1.43.13	0
515	29	1280	CHRISTOPHER	BRUINTJIES	VWAC	M	51	50-54M	1.43.16	1
516	555	784	NOMTHA	QUANTA	NMBAC	F	38	35-39F	1.43.31	1
517	428	4028	KATE	JAMES	TEMP	F	22	SF	1.43.46	0
518	175	1352	VOLENTI	MEYER	NEDBANK	F	46	45-49F	1.43.47	1
519	285	918	HANNAH	TRUTER	CHARLO	F	31	SF	1.43.47	1
520	597	4488	PETER	MSIZA	TEMP	M	50	50-54M	1.43.50	0
521	591	4482	DELANI	THUSI	TEMP	M	41	40-44M	1.43.52	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
522	562	4493	SIYANDA	KETANI	TEMP	M	36	35-39M	1.43.54	0
523	82	20188	Lauren	Gerber	ELITEAC	F	16	JF	1.43.59	1
524	817	4936	RYNO	LATEGAN	TEMP	M	15	JM	1.44.00	0
525	45	648	ANDREA	COMLEY	ALBANY	F	58	55-59F	1.44.05	1
526	135	1331	JAN	LE ROUX	NEDBANK	M	64	60-64M	1.44.07	1
527	274	80205	MELISSA	SWANEPOEL	VITALITY	F	35	35-39F	1.44.20	1
528	596	4487	ANDREA	JACK	TEMP	F	21	SF	1.44.23	0
529	558	44	COLLEEN	MOSES	SAPPE	F	48	45-49F	1.44.26	1
530	359	508	OLWETHU	BOMVANA	CHILLIEP	F	37	35-39F	1.44.32	1
531	547	412	NOSITO	NQWATA	CHILLIEP	F	41	40-44F	1.44.33	1
532	554	51983	LEBOGANG	MAKOLOI	CHILLI	M	43	40-44M	1.44.34	0
533	205	419	AMANDA	NOHAJI	CHILLIEP	F	35	35-39F	1.44.34	1
534	574	51284	PUMZA	KAYINGANA	ABSA	F	40	40-44F	1.44.35	0
535	397	405	THAPELO	POLO	CHILLIEP	M	39	35-39M	1.44.36	1
536	212	431	ATHULE	NTSHUNTSCHA	CHILLIEP	M	27	SM	1.44.36	1
537	442	4042	OTTO	MKABA	TEMP	F	38	35-39F	1.44.38	0
538	506	407	JABU	NGUBANE	CHILLIEP	M	54	50-54M	1.44.38	1
539	703	1030	COREEN	LEANDER	XCEL	F	50	50-54F	1.44.40	1
540	387	2093	GEROME	MINTOOR	ATLANTIC	M	56	55-59M	1.44.40	1
541	652	1832	ANELE	MESANI	VUKANI	M	43	40-44M	1.44.52	1
542	353	1669	BASIL	MCLEAN	MADIBA	M	64	60-64M	1.44.53	1
543	194	753	PLACXEDES	NDHLOVU	CRUSADE	F	49	45-49F	1.44.54	1
544	492	632	GISELA	BUDLER	ASPEN	F	35	35-39F	1.44.55	1
545	654	1556	RIAANA	BOUWER	DESPATCH	F	47	45-49F	1.44.59	1
546	478	814	BIANCA	ESTERHUYSE	BLUEBAY	F	32	SF	1.45.02	1
547	656	1725	PEARL	DAMONS	GELVAN	F	60	60-64F	1.45.02	1
548	144	728	Paul	Lubbe	CRUSADE	M	61	60-64M	1.45.06	1
549	325	5100	MERVYN	LEE	EDGE	M	69	65-69M	1.45.26	0
550	435	4035	AZIZITA	MADASA	TEMP	F	25	SF	1.45.27	0
551	557	45	ANDREW	MOSES	SAPPE	M	50	50-54M	1.45.32	1
552	385	1380	BANDILE	CUNTU	NEDBANK	M	59	55-59M	1.45.36	1
553	599	4490	MONWABISI	SAMANA	TEMP	M	51	50-54M	1.45.36	0
554	110	1104	CATHY	IVES	ACH	F	70	70+F	1.45.52	1
555	395	8922	VERNON	CLOETE	RAC	M	64	60-64M	1.45.52	0
556	25	2244	Elize	Botha	MUIRITE	F	48	45-49F	1.45.58	1
557	330	52023	TIMNA	SOMANA	TEMP	F	45	45-49F	1.46.05	0
558	639	4240	BUNTU	BAM	TEMP	M	37	35-39M	1.46.33	0
559	203	562	JUDITH	NIENABER	RUN4C	F	64	60-64F	1.46.34	1
560	682	1005	ECKART	SCHUMANN	BODYCON	M	78	70+M	1.46.37	1
561	214	1713	LYDIA	OLIVER	GELVAN	F	55	55-59F	1.46.41	1
562	30	338	Paul	Botha	RUN4C	M	29	SM	1.46.44	1
563	608	337	CHARL	BEZUIDENHOUT	RUN4C	M	45	45-49M	1.46.48	1
564	97	80211	XOLISWA	GXWEM	VITALITY	F	27	SF	1.46.53	1
565	539	387	NANDIPA	MYELEYELE	SPAREC	F	36	35-39F	1.46.59	1
566	532	1266	DAVID	CHENGWE	VWAC	M	46	45-49M	1.47.17	1
567	332	80240	ADEL	VAN RENSBURG	VITALITY	F	45	45-49F	1.47.26	1
568	140	1073	THERESA	LILLIS	ACH	F	67	65-69F	1.47.33	1
569	398	1332	THANDIWE	NKWANDLA	NEDBANK	F	58	55-59F	1.47.42	1
570	18	2201	SYLVAN	BLIGNAUT	MADIBAZ	M	64	60-64M	1.47.45	1
571	414	4014	JADE	DE GOEDE	TEMP	M	30	SM	1.47.49	0
572	449	4049	MARTIN	PRETORIUS	TEMP	M	27	SM	1.47.49	0
573	188	1870	THOBELA	MTANGA	HOLLYWOO	M	37	35-39M	1.47.52	1
574	5	1051	LIZ	AUSTIN	ACH	F	65	65-69F	1.47.53	1
575	254	935	BRENTON	SCHNETLER	CHARLO	M	49	45-49M	1.48.35	1
576	568	4499	MZUKISI	SALIWA	TEMP	M	40	40-44M	1.48.51	0
577	674	361	JULIUS	SHOGOLE	IKHAMVA	M	71	70+M	1.48.51	1
578	409	4009	ANDISWA	CINGO	TEMP	F	37	35-39F	1.48.57	0
579	304	927	ANTON	VAN WYK	CHARLO	M	56	55-59M	1.49.09	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
580	631	1253	ANNELIE	VAN DER MERWE	ELITEAC	F	45	45-49F	1.49.12	1
581	513	1789	BULELWA	MASOKA	VUKANI	F	43	40-44F	1.49.23	1
582	673	4236	SANDRA	LEIBRANDT	TEMP	F	58	55-59F	1.49.23	0
583	466	4066	SIYABULELA	ZWENI	TEMP	M	36	35-39M	1.49.32	0
584	418	4018	WARRICK	EMMANUEL	DESPATCH	M	24	SM	1.49.32	1
585	70	1684	ERIKA	FOREMAN	MADIBA	F	53	50-54F	1.49.34	1
586	400	1807	MZI	BALENI	VUKANI	M	52	50-54M	1.49.37	1
587	399	1813	MKHUSELI	MARAWU	VUKANI	M	53	50-54M	1.49.38	1
588	595	4486	BHATISANI	WIDZANI	TEMP	M	41	40-44M	1.49.40	0
589	121	2391	JACQUES	KEIRSGIETER	ASPEN	M	35	35-39M	1.50.01	1
590	550	2038	LUTHO	NOMBEMBE	ASPEN	M	30	SM	1.50.02	1
591	241	748	MELINDA	ROIG-VARELA	CRUSADE	F	54	50-54F	1.50.08	1
592	49	968	DENISE	DARLOW	CHARLO	F	55	55-59F	1.50.25	1
593	122	969	GARY	KELLEHER	CHARLO	M	66	65-69M	1.50.25	1
594	575	17187	KHAYA	MTI	ABSA	M	44	40-44M	1.50.42	0
595	286	917	VICKY	TSOUKNIDAS	CHARLO	F	46	45-49F	1.50.48	1
596	416	4016	MELUSI	DLAMINI	TEMP	M	36	35-39M	1.50.51	0
597	183	2189	PHATHEKA	MOKGWETSI	MADIBAZ	F	32	SF	1.50.59	1
598	712	1295	XOLANI	MGIJIMA	VWAC	M	41	40-44M	1.51.22	1
599	582	4473	MICHELLE	HARDY-BERRINGTON	TEMP	F	38	35-39F	1.51.30	0
600	651	80101	BONGINKOSI	KHUMALO	VWAC	M	55	55-59M	1.51.37	1
601	811	4928	CHUMA	MKONJWA	TEMP	M	37	35-39M	1.51.45	0
602	441	4041	JASON	MITCHELL	TEMP	M	26	SM	1.51.47	0
603	633	4235	THEMBU	NTSUKUNYANE	TEMP	F	44	40-44F	1.51.53	0
604	126	62	ALEX	KHUZWAYO	SAPPE	M	60	60-64M	1.52.05	1
605	636	232	ROBERT	JOINER	KOWIE	M	76	70+M	1.52.17	1
606	415	4015	ANIRLE	DE MEYER	TEMP	F	26	SF	1.52.25	0
607	664	515	RONNIE	JONKER	DESPATCH	M	54	50-54M	1.52.38	1
608	167	673	MTHUNZIKAZI	MBUNGWANA	ALBANY	F	42	40-44F	1.52.46	1
609	320	1349	CAROLINE	ZINTO	NEDBANK	F	43	40-44F	1.52.49	1
610	481	1348	XOLILE	GOMOMO	NEDBANK	M	71	70+M	1.52.49	1
611	347	2167	WENDY	CAMERON	MADIBAZ	F	46	45-49F	1.53.21	1
612	201	1841	BUYISWA	NGXONONO	HOLLYWOOD	F	46	45-49F	1.53.22	1
613	806	4938	DEON	MIGGELS	TEMP	M	53	50-54M	1.53.35	0
614	112	792	ANDISWA	JAFTA	NMBAC	F	31	SF	1.53.38	1
615	346	1802	THOBEKA	MABUSELA	VUKANI	F	62	60-64F	1.53.39	1
616	545	420	NOMPUMEZO	MAXENGANA	CHILLIEP	F	34	SF	1.53.50	1
617	528	98	AMANDA	WOLMARANS	INFINITY	F	65	65-69F	1.54.05	1
618	696	4523	ALLIWIE	FRITZ	TEMP	M	41	40-44M	1.55.18	0
619	96	1287	BANDILE	GWAMANDA	VWAC	M	53	50-54M	1.55.21	1
620	104	1686	ROUXLE	HORN	MADIBA	F	30	SF	1.55.27	1
621	573	4232	NOZBELE	MBETHE	TEMP	F	49	45-49F	1.55.40	0
622	329	28577	RUTH	SMITH	PIR	F	59	55-59F	1.55.41	0
623	238	234	MARIETJIE	ROBB	KOWIE	F	67	65-69F	1.55.47	1
624	647	399	NOZIE	MKHABELA	SPAREC	F	44	40-44F	1.55.49	1
625	578	1722	JASMINE	JACK	GELVAN	F	52	50-54F	1.55.51	1
626	81	570	PIETER	GERBER	RUN4C	M	65	65-69M	1.55.55	1
627	9	1593	NAOMI	BAKKER	DESPATCH	F	46	45-49F	1.55.56	1
628	253	80027	STEPHANIE	SCHEEPERS	DESPATCH	F	27	SF	1.55.56	1
629	178	80282	SASHA-LEE	MILES	DESPATCH	F	28	SF	1.56.08	1
630	498	4098	MPUMELELO	NGWENYA	TEMP	M	34	SM	1.56.15	0
631	465	4065	BONISWA	ZONDANI	TEMP	F	40	40-44F	1.56.22	0
632	283	1913	LINDIWE	TOKWE	SIBALEKA	F	50	50-54F	1.56.22	1
633	230	1497	MICHAEL	PRICE	32GI	M	49	45-49M	1.56.32	1
634	222	35	JEANETTE	PIENAAR	PEAAC	F	75	70+F	1.56.36	1
635	58	544	JACQULENE	DU TOIT	RUN4C	F	51	50-54F	1.56.39	1
636	101	1000	ROY	HEINE	CHARLO	M	68	65-69M	1.56.42	1
637	271	80111	DEBBIE	STRYDOM	ELITEAC	F	40	40-44F	1.56.49	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
638	589	4480	OBAKHE	NTSHUKUMBANA	TEMP	F	25	SF	1.57.00	0
639	19	286	SANET	BLOM	MUIRITE	F	56	55-59F	1.57.08	1
640	257	211	MATHAPELO	SENTI	CSEP	F	34	SF	1.57.16	1
641	593	4484	GARFIELD	TSATSANE	TEMP	M	58	55-59M	1.57.23	0
642	151	1794	NOMLINDO	MAKUBALO	VUKANI	F	49	45-49F	1.57.28	1
643	143	995	BERNADETTE	LOOCK	CHARLO	F	44	40-44F	1.57.32	1
644	206	402	VUYOKAZI	NONCEMBU	CHILLIEP	F	51	50-54F	1.57.34	1
645	296	1386	JOHLI	VAN EEDEN	NEDBANK	F	54	50-54F	1.57.38	1
646	234	1421	ANNELINE	RAUTENBACH	NEDBANK	F	55	55-59F	1.57.41	1
647	407	4007	SANDRA	BUTTERS	TEMP	F	58	55-59F	1.57.45	0
648	491	4091	VUYOKAZI	NGALO	TEMP	F	42	40-44F	1.57.46	0
649	625	1606	FANIE	CLAASSEN	DESPATCH	M	66	65-69M	1.58.10	1
650	507	1914	SELBY	THABETHE	SIBALEKA	M	50	50-54M	1.58.23	1
651	215	543	NIEKIE	OOSTHUIZEN	RUN4C	F	53	50-54F	1.58.30	1
652	197	974	LIESL	NEL	CHARLO	F	49	45-49F	1.58.33	1
653	433	4033	HEATHER	LANGFORD	TEMP	F	52	50-54F	1.58.33	0
654	419	4019	GESINA	ERASMUS	TEMP	F	42	40-44F	1.58.47	0
655	486	1117	GRAHAM	NELL	ACH	M	72	70+M	1.58.59	1
656	33	50345	ROBERT	BUTTON	OLDSELB	M	64	60-64M	1.59.06	0
657	461	4061	CRAIG	VAN LOGGERENBERG	TEMP	M	18	JM	1.59.46	0
658	99	1683	SUNET	HARRIS	MADIBA	F	50	50-54F	1.59.50	1
659	66	713	DENISE	FERREIRA	CRUSADE	F	62	60-64F	2.00.11	1
660	472	4472	PHAKAMILE	NKOTHOBE	TEMP	M	46	45-49M	2.00.47	0
661	520	809	ARETHA	PLATA	SIBALEKA	F	41	40-44F	2.01.06	1
662	736	1823	NOTOZOLA	JAM JAM	VUKANI	F	42	40-44F	2.01.07	1
663	388	197	AUBREY	LE ROUX	CSEP	M	70	70+M	2.01.08	1
664	678	1742	DESIREE	TITUS	GELVAN	F	58	55-59F	2.01.20	1
665	37	923	EVA	CHETTY	CHARLO	F	55	55-59F	2.01.44	1
666	94	575	ANTONIE	GROBLER	RUN4C	M	71	70+M	2.01.45	1
667	489	297	WELILE	MERELE	MUIRITE	M	57	55-59M	2.02.29	1
668	564	4495	TEMPTATION	NCUBE	TEMP	M	33	SM	2.02.31	0
669	823	4901	ZIPHEZINTLE	KHUMALO	TEMP	F	34	SF	2.02.37	0
670	722	5839	SHANAAZ	FRITZ	NEDBANK	F	45	45-49F	2.02.57	1
671	118	886	CELEST	JOYCE	CHARLO	F	55	55-59F	2.03.18	1
672	333	80365	WENDY	VICTOR	MADIBA	F	41	40-44F	2.03.34	1
673	468	4468	ZIMKITHA	DAYI-SIBANGELE	TEMP	F	38	35-39F	2.03.35	0
674	192	929	ANUSHA	NAIDU	CHARLO	F	57	55-59F	2.04.42	1
675	691	1375	BARRY	NELSON	NEDBANK	M	72	70+M	2.04.48	1
676	345	557	CHARLENE	RADEMeyer	RUN4C	F	42	40-44F	2.05.06	1
677	174	324	JOHNDAVID	METCALF	MUIRITE	M	66	65-69M	2.05.07	1
678	434	4034	JASON	LE ROUX	TEMP	M	28	SM	2.05.20	0
679	68	1403	JOHAN	FERREIRA	NEDBANK	M	62	60-64M	2.05.38	1
680	445	4045	THUTO	NTSOEU	TEMP	F	28	SF	2.06.07	0
681	196	80016	NOMBULELO	NDZUZO	SIBALEKA	F	43	40-44F	2.06.52	1
682	720	20234	ASISIPHO	MATSHA	SIBALEKA	F	16	JF	2.07.00	1
683	226	1743	THOMAS	PLAATJIES	GELVAN	M	46	45-49M	2.07.15	1
684	697	4526	MTHUTHU	PIKOLI	TEMP	M	49	45-49M	2.07.39	0
685	247	1274	GAYLE	SAAYMAN	VWAC	F	35	35-39F	2.07.43	1
686	374	20001	ZANTE	DEKKER	SAPPE	F	16	JF	2.07.58	1
687	373	75	HESTER	DEKKER	SAPPE	F	51	50-54F	2.07.59	1
688	813	4930	OLWETHU	SANJINI	TEMP	F	40	40-44F	2.08.00	0
689	375	70	BIANCA	SWARTS	SAPPE	F	20	SF	2.08.12	1
690	3	17144	FUNDISWA	ANTONY	ABSA	F	51	50-54F	2.08.29	0
691	638	4239	SIXA	MALGHAS	TEMP	M	41	40-44M	2.08.33	0
692	475	4075	MARK	BOTHA	TEMP	M	52	50-54M	2.08.39	0
693	476	4076	ERICA	ERASMUS	TEMP	F	54	50-54F	2.08.40	0
694	100	1434	DIANNE	HARTZENBERG	NEDBANK	F	65	65-69F	2.08.45	1
695	440	4040	ANDISWA	MINI	TEMP	F	43	40-44F	2.09.11	0

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
696	109	1305	CASEY	ISAACS	VWAC	F	45	45-49F	2.09.22	1
697	380	1279	NURENA	PETESEN	VWAC	F	40	40-44F	2.09.22	1
698	730	2370	NQOBILE	QUPE	HOLLYWOO	F	53	50-54F	2.09.51	1
699	624	1286	SHANDRY	NAZER	VWAC	F	35	35-39F	2.09.57	1
700	666	1277	DENVER	ELLIE	VWAC	M	43	40-44M	2.09.58	1
701	113	1594	ADELE	JANSE VAN RENSBURG	DESPATCH	F	53	50-54F	2.10.25	1
702	745	1577	MELISSA	BERG	DESPATCH	F	53	50-54F	2.10.26	1
703	319	1852	NOZUKO	YEYE	HOLLYWOO	F	52	50-54F	2.10.40	1
704	47	1831	SIPHOKAZI	CUBUNGU	VUKANI	F	44	40-44F	2.10.47	1
705	77	998	ROBERT	GALLOWAY	CHARLO	M	72	70+M	2.11.14	1
706	583	4474	SARAH	KHOHLISO	TEMP	F	37	35-39F	2.11.27	0
707	700	4529	MKONYISELA	MCUBASE	TEMP	M	37	35-39M	2.11.43	0
708	361	1879	Nwabisa	Dukada	HOLLYWOO	F	51	50-54F	2.11.45	1
709	71	1215	HELEN	FOURIE	RUN4C	F	54	50-54F	2.12.06	1
710	732	1723	REHANA	DE MAINE	GELVAN	F	56	55-59F	2.12.14	1
711	208	1720	NOLEEN	NORRIS	GELVAN	F	66	65-69F	2.12.55	1
712	83	971	DEIDRE	GERBER	CHARLO	F	52	50-54F	2.13.22	1
713	714	20221	Azania	Blouw	SIBALEKA	F	17	JF	2.14.16	1
714	429	4029	GOCOBISA	JOXO	TEMP	F	45	45-49F	2.14.51	0
715	676	1908	NOMBUYISELO	MBAVA	SIBALEKA	F	53	50-54F	2.14.54	1
716	641	1740	JANICE	JONES	GELVAN	F	47	45-49F	2.14.59	1
717	669	1471	SHIRLEEN	CLARKE	NEDBANK	F	61	60-64F	2.15.20	1
718	190	453	JO-ANNE	MUIR	WALMER	F	54	50-54F	2.15.32	1
719	229	452	SHARON	POTGIETER	WALMER	F	59	55-59F	2.15.38	1
720	635	4233	CANDEE	DAVIDS	TEMP	F	26	SF	2.16.07	0
721	675	1727	ACHMAT	ELLIE	GELVAN	M	64	60-64M	2.16.12	1
722	437	4037	YOLISWA	MATWA	TEMP	F	40	40-44F	2.16.30	0
723	282	1773	EYETHU	TISO	VUKANI	F	31	SF	2.16.36	1
724	307	550	LIEZEL	WAIT	RUN4C	F	50	50-54F	2.16.56	1
725	477	4077	THEMBANI	MJEZA	TEMP	M	31	SM	2.17.27	0
726	258	1657	SANDRA	SHARE	MADIBA	F	58	55-59F	2.18.03	1
727	527	687	LISA	BEDFORD	RUN4C	F	49	45-49F	2.18.24	1
728	145	910	RAE	LUCKMAN	CHARLO	F	53	50-54F	2.19.40	1
729	505	2248	ABDURRAGIEN	VAN DER SCHAFF	MALABAR	M	59	55-59M	2.20.50	1
730	251	438	SIPHOSETHU	SANDI	CHILLIEP	F	27	SF	2.20.59	1
731	63	1089	HELEN	ERLANK	ACH	F	41	40-44F	2.22.38	1
732	34	1692	MARISA	CALISTE	GELVAN	F	38	35-39F	2.23.19	1
733	93	1649	SYMANTHA-ANNE	GREYLING	MADIBA	F	49	45-49F	2.23.34	1
734	160	80051	SANDISWA	MASWANA	MADIBAZ	F	43	40-44F	2.23.34	1
735	280	712	NDILEKA	THOMPSON	CRUSADE	F	46	45-49F	2.25.58	1
736	311	1616	JACQUI	WIGHTMAN	MADIBA	F	50	50-54F	2.26.23	1
737	158	304	FOZA	MARTIN	MUIRITE	F	63	60-64F	2.28.12	1
738	120	1703	GODFREY	KARIEM	GELVAN	M	83	70+M	2.32.27	0

#### HELPERS RUN

H1	901	908	KAYLA	NELL	CHARLO	F	29	SF	1.05.45	3
H2	902	545	RUHAN	VAN RENSBURG	RUN4C	M	31	SM	1.14.47	2
H3	903	1944	MUSA	SENTI	BLUEBAY	M	31	SM	1.19.12	1
H4	904	887	LYNNE	NEUBERT	CHARLO	F	51	50-54F	1.19.49	2
H5	905	1010	JAN	VAN EEDEN	NEDBANK	M	65	65-69M	1.21.55	2
H6	906	5906	CHANTELLE	MOLL	TEMP	F	24	SF	1.22.32	0
H7	907	556	ARTHUR	WILLIAMS	RUN4C	M	61	60-64M	1.22.50	2
H8	908	1614	ISCHKE	LAMBRECHTS	DESPATCH	F	40	40-44F	1.22.56	1
H9	909	51200	DOLLY	NDUDE	BUFFALO	F	51	50-54F	1.28.37	0
H10	910	1937	AMANDA	PRIDEAUX	BLUEBAY	F	48	45-49F	1.30.29	1
H11	911	50156	SITATU	NYIKANA	CHILLIEB	M	49	45-49M	1.39.03	0
H12	912	889	PETER	POHLMANN	CHARLO	M	60	60-64M	1.39.40	1
H13	913	1945	Janine	Gray	BLUEBAY	F	46	45-49F	1.41.11	1
H14	914	871	RICHARD	DE ANDRADE	CHARLO	M	63	60-64M	1.42.59	1

POS	RNO	LIC NO	NAME	SURNAME	CLUB	SEX	AGE	CAT	HMS	PTS
H15	915	1935	XENOPHON	FERREIRA	BLUEBAY	M	62	60-64M	1.44.35	1
H16	916	100	LYNETTE	CRAUSE	INFINITY	F	63	60-64F	1.44.48	1
H17	917	1956	SONJA	OLIVIER	BLUEBAY	F	56	55-59F	1.50.48	1
H18	918	1950	Nicole	GRAY	BLUEBAY	F	22	SF	1.54.05	1
H19	919	1936	MARKUS	KUNNEKE	BLUEBAY	M	54	50-54M	1.54.16	1
H20	920	530	ANDRE	PIENAAR	RUN4C	M	61	60-64M	1.54.54	1
H21	921	4921	TANIA	MDYOGOLO	TEMP	F	40	40-44F	2.02.06	0