

**GOODIE BAGS
&
MEDALS!**



PDAC 25KM



KWAZULU NATAL ATHLETICS

**ENTER ONLINE
WWW.EVENTTIMING.CO.ZA**

**ONLINE ENTRIES OPEN 15 DEC '23 AND CLOSE
25 JANUARY '24.**

LATE ENTRIES WILL BE TAKEN AT
REGISTRATION ON SAT 27 JAN

**START:
WATERCREST
MALL
05H00**

**28
JANUARY**

**FINISH:
NEW GERMANY
PRIMARY
SCHOOL**

ENTRY FEE: R230

BUS TICKETS: R60 CASH

*Directly to driver on
the morning*

*1st bus departs at 03h30 from
New Germany Primary*

2nd bus departs 04h00 sharp.

TEMP LICENCE: R80

COLLECTION OF RACE NUMBERS:

Friday 26 January: 14h00-17h00

***Venue: Main Spar Sandy Centre
174 Josiah Gumede Rd , Cowies Hill
Park, Pinetown***

Saturday 27 Jan 10h00-14h00:

***New Germany Primary School:
Venue: 2 East Str, New Germany***

Sunday 28 Jan 03h30-05h00:

At the start at Watercrest Mall

pdacsecretary@gmail.com

www.pdac.co.za

0610697384



CATERGORY	POSITION	RUNNER MALE	RUNNER FEMALE	WALKER MALE	WALKER FEMALE
Open	1st	R600	R600	R600	R600
	2nd	R500	R500		
	3rd	R400	R400		
30-39	1st	R500	R500		
40-49	1st	R500	R500		
50-59	1st	R500	R500		
60-69	1st	R500	R500		



RACE RULES AND INSTRUCTIONS

1. Age restriction: 19 years and older
2. 2023/2024 licence numbers to be worn on front and back of vest/crop top and must be clearly visible.
3. Age category tags and walker tags must be worn on front and back of vest/crop top and must be clearly visible. Proof of age will be required for category winners as per ASA rule 2.14
4. Results will be posted on the website www.eventtiming.co.za
5. Cut off is 9:15am. Participants who have not finished by the cut off will be called off the route.
6. ER24 ambulance and response vehicle will be available en-route.
7. There will be 6 refreshment stations offering water sachets and coke. No personal seconding permitted. **Please endeavour to RUN CLEAN. If extra water sachets are taken beyond the bin area, please carry the empty sachet to the next table or rubbish bin**
8. The race is run in strict accordance with the rules of World Athletics, Athletics South Africa and Kwazulu Natal Athletics.
9. All foreign athletes must comply with the World Athletics Rules CR 1.7, TR 4.1 and TR4.2 together with ASA rule 9.
10. Race officials, marshals and traffic officers MUST be obeyed at all time
11. Temp licensed athletes are not covered by the ASA National Insurance Policy
12. Unlicensed athletes must run in neutral colours and adhere to WA and ASA advertising rules
13. Holders of temporary licences will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rules.

contact information

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