# ROOIES NIGHT RACE 10km & FUN RUN

DATE:31 JANUARY 2024TIME:18H00VENUE:HTS MIDDELBURGMEDALS & PRIZES - 1500 Medals

Men & Ladies Price money 1<sup>st</sup> Open R500 2<sup>nd</sup> Open R300 3<sup>rd</sup> Open R200 1<sup>st</sup> Junior R200 1<sup>st</sup> 40+ R200 1<sup>st</sup> 50+ R200 1<sup>st</sup> 60+ R200 1<sup>st</sup> 70+ R200 1<sup>st</sup> Walker R200

Entry fee 10km R80 4.9km R40 Temporary Licenses R40 (10km only)

## Cut off time: NO

#### Referees DECISION IS FINAL

Obey All Traffic officials and Race marshals. The race will be run according to the rules of ASA, WA and AMPU House Rules. No seconding or pacing will be allowed. Ages: Athletes for 10km must be 14 years or older on the day of the race. All athletes will participate at their OWN risk.

Proof of age (ID) to be produced upon request on day of race.

Registered athletes must wear full club colors.

2023 license numbers on <u>the front and back</u> of the vest.

Temporary license at the front on the vest.

Age category ID tags must be worn (back and front) by athletes competing for a category prize AND

must be fixed on vest all 4 corners

ASA numbers must not be covered with any paper race numbers/ race bib.

Walkers must have a fixed "W" on the vest to qualify for any prices

Category winners must be present at the prize giving ceremony or make prior arrangements to collect

the award, failing to do so the athlete will forfeit his/her prize money.

No littering, please make use of waste boxes on the route.

All participates must take note that photographs might be taken at the event and placed on social media.

### THE USE OF ANY TYPE OF EARPHONES IS NOT ALLOWED AND WILL LEAD TO

#### DISQUALIFICATION.