

KWAZULU NATAL ATHLETICS

RACE DAY ←  
**21 JAN 2024**



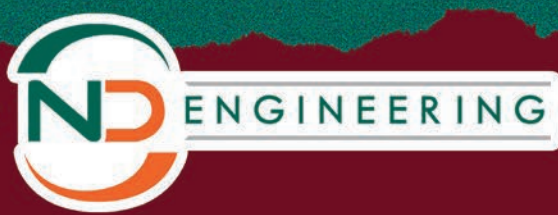
KEARSNEY  
**Striders**

**HALF**  
**MARATHON**  
**+ 10km Run/Walk**

**Enter Online - [www.eventtiming.co.za](http://www.eventtiming.co.za)**

**T-Shirts to First 1200 Entries / Lots of Prizes To Be Won!**  
**Increased Prize Money And For Breaking The Course Record of 01h08m44s**

**A HUGE THANKS TO OUR SPONSOR**



**AND OUR PARTNERS**



# KEARSNEY STRIDERS RACE RULES 2024

## Half Marathon – 10 km Run – 10 km Walk

**DATE:** Sunday 21 January 2024 | **TIME:** 06h00

**DISTANCE:** 21 km Run; 10 km Run; 10 km Walk

### START/FINISH VENUE

- Kearsney College, Old Main Road, Botha's Hill. Parking available inside Kearsney College only – no parking or entry allowed through main entrance gate.

### ENTRIES and LATE ENTRIES

- [www.eventtiming.co.za](http://www.eventtiming.co.za) – by midnight 17/01/2023
- On Friday 19th January 2024, 13h00 – 17h30 at the MAIN Spar, Sandy Centre, Pinetown
- On Saturday 20th January 2024, 12h00 – 16h00 at Kearsney College, Striders Clubhouse

### COLLECTION OF RACE PACKS

- On Friday 19th January 2024, 13h00 – 17h30 at the MAIN Spar, Sandy Centre, Pinetown
- On Saturday 20th January 2024, 12h00 – 16h00 at Kearsney College, Striders Clubhouse
  - T-shirts to the first 1200 entries online.

### ENTRY FEE

- R 250 – entrants doing 21km run
- R 200 – entrants doing 10 km run/walk

### TEMPORARY LICENCES

- R80 – for 21 km runners
- R50 – for 10km runners/walkers

### PRIZE GIVING

- 9.00 AM

### AGE RESTRICTION

- 16 years & over for 21km run
- 14 years & over for 10 km run & walk

### START TIMES

- 21km is at 6.00 AM with 3-hour cut-off at 9.00 AM
- 10km run & walk is at 6.05 AM

Category	VALUE OF PRIZE MONEY		
	1st	2nd	3rd
<b>Men's &amp; Ladies 21km Run</b>			
Open	1800	1200	760
35 - 39	760	560	360
40-49	760	560	360
50 - 59	760	560	360
60+	760	560	360
<b>Men's &amp; Ladies 10km Run</b>			
Open	1000	750	500
35 - 39	500	300	
40-49	500	300	
50 - 59	500	300	
60+	500	300	
Juniors	500	300	200
Kearsney Boys	500	300	200
<b>Men's &amp; Ladies 10km Walk</b>			
Open	760	560	360

**R5000 up for the grabs to the man or woman who breaks the course record**

### RACE RULES

The race will be subject to the rules of the **WA, ASA** and **KZN Athletics**. All licensed runners are expected to participate in this race displaying 2023/2024 licence number front and back of their vest. Participants must be 16 years and older for the 21.1km and 14 years and older for the 10km.

All participants must wear correct club colours. **All unlicensed entrants require a temporary licence.** Age category tags and walker tags must be worn on the front and back of one's vest if one is to claim age category and walker prizes.

Foreign athletes must abide by WA Rules CR 1.7, TR 4.1 and 4.2 and ASA Rule 9. No personal seconding.

Temporary licensed athletes are not covered by the ASA National Insurance Policy. Unlicensed athletes must run in neutral colours and adhere to WA and ASA advertising rules. Holders of temporary licences will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rules

2023/2024 license numbers to be worn front and back on vests – **NOT shorts**. New ASA/KZNA age categories (60-80) and Walker tags to be worn front & back of vests and be clearly visible

### PARKING

Please follow instructions from marshals to school field – NO ENTRY AT FRONT GATE OF SCHOOL