10 January 2024	CGA APPROV OFFICIAL RAN			Main Sponsor MAPOGO MATHAMAGA 10 492 4321	
ARUGEDSDORP	BIR	ENTR			DAL TRACE MBER YOUR
Road Runners		At the venu 5 KM R70	15KN 15KN R180		AD LIGHT
Grand Master 60yrs	Mal		R60-00 R70-00	NO	Hoërskool Dordheuwel
	1st	R700-00 R500-00 R400-00		5KM	
	1st 1st	R400-00 R400-00			TRAG DEUR KENNIS
Grand Master Male & Female Junior Male & Female	1st 1st	R400-00 R400-00	24	Address:	193 Bell Dr., Noordheuwel
16-19 yrs on race day Medals to 1 st 1000 Fi				tarting T	
INDEMNITY: By entering this event I undertake to be bound by the rules and regulations of the event. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release Hoërskool Noordheuwel, KRR, CGA, ASA, all official sponsors and partners, volunteer groups, and any and all local authorities, from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- an post-race activities.					
water every 3km on the route • Distance markers every 1km • Toilet Facilities Available at finish • Medical personnel available throughout the race • Sufficient and secure parking	FRUCKOR Protector Protecto	MEGA		Heisshad Commission Co	
REGISTER NOW AT https://entrytickets.net/bergendal Click Here Info@krugersdorproadrunners.co.za Online Closing Date: Sun 31 Dec 2023					
follow us on of For any Enqu	uiries	<u> </u>)82 77 1 75 8825 (Sh	