



25KM & 10KM RACE

11 November 2023

**25KM
STARTS AT
05:30**

**10KM
STARTS AT
05:45**

**RACE STARTS AT VERKENNER PRIMARY SCHOOL,
LINTON GRANGE, PORT ELIZABETH.**

**Contact Anita: 084 555 5223 or
Basil Mclean on 082 467 1949
Online entries - Webtickets**



Entry Form



Tick the appropriate block:

25km (05:30) 10km (05:45)

2023 Licence No: _____ Club: _____

Surname: _____ Name: _____

ID No: _____ Date of Birth: ____ / ____ / ____

Gender: _____ Age: _____ Cell : _____

Email Address: _____

Emergency Contact Name & No: _____

Race	Entry Fee	Amount Paid
25km (licenced runner)	R 150	R
Temporary licence	R 40	R
25km (60+yrs) (licenced runner)	R 60	R
25km (60+yrs) (unlicenced runner)	R 100	R
10km (licenced runner)	R 100	R
10km (60+yrs) (licenced runner)	R 40	R
10km (60+yrs) (unlicenced runner)	R 80	R
Total paid		R

INDEMNITY/WAIVER: By entering this event I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

Signature: _____ (Parent or Guardian if minor)

General Race Information

1. Organised in accordance with the rules and regulations of EPA and ASA.
2. Athletes must display the 2023 licence numbers on the front and back of the vest/shirt and official race number placed over the race number with ASA advertising visible.
3. Athletes who are not licensed members of a club affiliated to ASA must purchase a temporary license to be worn on the back of vest or plain colored T-shirt, with the official race number on the front of the vest/T-shirt
4. Temporary licensed athletes are not covered by ASA Group Insurance and are therefore encouraged to join an EPA affiliated club.
5. Age category tags must be clearly visible on front and back of your vest if you wish to qualify for category prizes. Athletes may be requested to provide proof of age on race day.
6. Wearing of earphones are not allowed and may lead to disqualification.
7. The race committee reserves the right to accept or reject any entry.
8. The Prize Giving will commence at 09:30.
9. Entries may be handed in at Brian Bands and Sportsman's Warehouse. The closing date for pre-entries will be Wednesday 8 November 2023. Online entries available on www.webtickets.co.za and will close on Wednesday 8 November 2023.
10. No cheques will be accepted.
11. Pre entries and late entries at Verkenner School on Friday 10th November 2023 from 16:00 till 18:00. NO LATE ENTRIES on race day, collections only from 4:45.
12. Entry fees are non-refundable.
13. The no seconding rule will apply. No private vehicles will be allowed on the route to second athletes.
14. There will be sufficient refreshment stations on the 25km and 10km route.
15. Anti-Littering rules apply. Refuse bins will be provided along the route. Please discard used water sachets into or near to these bins.
16. The venue is an alcohol - free zone.
17. Full results will be available on www.eathletics.co.za.

