



# Comrades & Two Oceans Qualifier 2024



## The Host City Polokwane, Limpopo

### 28 October 2023

### ENTRIES NOW OPEN

[www.peaktiming.co.za](http://www.peaktiming.co.za)



## ENTRY FEES

	Entry Fee	Bus Ticket To Start	Dri-Fit Tshirt	Temp Licence	Starting Time
48Km	R380	Included	Included	R50	06h00
32Km	R350	Included	Included	R50	06h00
21Km	R280	Included	Included	R50	06h00
10Km	R100	N/A	N/A	R50	07h00
5Km	R60	N/A	N/A	N/A	07h30

Transport Time: 48 Km, 32 Km, 21 Km will depart from New Peter Mokaba stadium from 04h30

**NB: Due to road closures from 05h00 it is compulsory to use the bus for 48, 32 & 21 KM**

Foreign athletes must provide a clearance certificate and an ASA authentication letter to the race organisers. Failure to do so will result in automatic disqualification.

Dry Fit Tshirt included to online entries for 48Km, 32Km & 21Km

**NB: No Tshirt for Late registration on-site for 48Km, 32Km & 21Km (If you require a Tshirt you will be required to buy it separately at an additional charge of R120).**

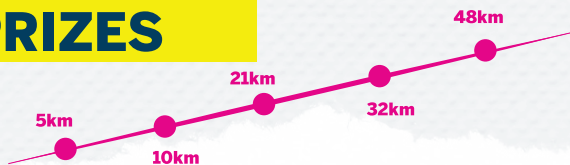
Dry Fit Tshirt excluded to online entries for 10Km Optional to buy it separately at an additional charge of R120.

**Dry Fit Tshirt excluded to online entries for 5Km Optional to buy it separately at an additional charge of R120**





# PRIZES



## Race Rules

- The race will be run under the rules of IAAF and ASA. No ipods or earphones allowed.
- All runners in the 10km, 21km, 32km and 48km to either wear their permanent ASA license or register and display a temporary license.
- Runners may not display any advertising materials on his/her clothing during the race.
- All license athletes must wear valid 2023 license on the front and back of vest.
- Official race numbers to be displayed on the front and permanent/temporary license on the back of vest.
- Official numerical category tags must be displayed on the front and the back of the running vest during the race.
- No seconding will be allowed outside the designated water point area. "Stand and hand" rule applies.
- Walker must wear "W" on the back and front if competing for prize.
- Marshalls and traffic officials must be obeyed at all times.
- The decision of the referees may be appealed against in writing upon payment of R500.00 to the race organizer.
- The decision of the jury of appeal final. Winners must attend prize giving.
- Winners cash prizes on the open category will be paid after doping results have been issued.

All winners of prize money must provide original or certified copy of ID or Birth certificate or Passport as well as proof of banking details. No prize money will be paid on race day.

## Winners Cash Prize

Winners Grand Prize will be awarded to the top 10 winners open and age categorization

Position & age categorization		Men & Ladies 48km	Men & Ladies 32km	Men & Ladies 21km	Men & Ladies 10km
	Open 1st	R100 000	R20 000	R5 000	R2 500
	Open 2nd	R50 000	R10 000	R2 500	R1 250
	Open 3rd	R25 000	R5 000	R2 000	R1 000
	Open 4th	R10 000	R2 000	R1 500	R750
	Open 5th	R5 000	R1 500	R1 000	R500
	Open 6th	R2 500	R1 000	R500	R300
	Open 7th	R2 000	R500	R300	R250
	Open 8th	R1 500	R300	R250	R200
	Open 9th	R1 000	R250	R200	R150
	Open 10th	R500	R200	R150	R100
15-19 yrs	Junior 1st			R2 000	R1 000
	Junior 2nd			R1 000	R500
	Junior 3rd			R500	R250
40-49 yrs	1st	R3 000	R 2000	R1 000	R500
	2nd	R2 000	R1 000	R500	R250
	3rd	R1 000	R500	R250	R200
50-59 yrs	1st	R3 000	R 2000	R1 000	R500
	2nd	R2 000	R1 000	R500	R250
	3rd	R1 000	R500	R250	R200
60+ yrs	1st	R3 000	R 2000	R1 000	R500
	2nd	R2 000	R1 000	R500	R250
Walker	1st			R500	R300
	2nd			R300	R250