



# RISING SUN CHATSWORTH A.C



## RISING SUN CHATSWORTH FREEDOM MARATHON

**CHATSWORTH STADIUM, DURBAN  
SUNDAY, APRIL 23, 2023 AT 5:30AM**

**52KM RUN**



T-shirts & Medals  
Comrades Qualifier  
6hrs 24min 59sec

**1st Prize**

Male : R15 000

Female : R15 000

**R30 000**

Sponsored By



**25KM RUN**



T-shirts

**1st Prize**

Male : R5 000

Female : R5 000

**R10 000**

Sponsored By



**10KM RUN / WALK**



T-shirts

**1st Prize**

Male : R2 500

Female : R2 500

**R5 000**

Sponsored By



**ONLINE ENTRIES CLOSE ON 16 APRIL 2023**

Contact : Dan Paliam - 082 877 0400

ONLINE ENTRIES : [www.eventtiming.co.za](http://www.eventtiming.co.za)

(STRICTLY PRE ENTRY ONLY)



Official Qualifier  
6hrs 24min 59 sec.



KWAZULU-NATAL  
ATHLETICS



## RACE ENTRIES: WHERE TO ENTER

### "Pre-Entry only"

1. Chatsworth Stadium on Tuesdays from 6:00pm to 7:00pm.
2. Online Entries at [www.eventtiming.co.za](http://www.eventtiming.co.za) (entries close at midnight on 16 April 2023)
3. Bank Transfer : ATM Cash Deposits @ Capitec can be made. No Bank Transfers can be made after 16 April 2023  
Bank : Capitec , Account Holder : Eventtiming (K H Bradfield), Account Number : 1543764345 , Clearing code : 470010  
Account Type : Savings, Branch : Pavillion. Use your Identity Number as reference and Whatsapp the slip with your reference endorsed on it to 061 505 1416

## ALSO NOTE

- Race entry tags will not be posted.
- COLLECT on Saturday, 22 April from 10:00am to 4:00pm or race morning from 04:00am to 05:15am at the Chatsworth Stadium.
- Race entry forms can be downloaded from website: [www.eventtiming.co.za](http://www.eventtiming.co.za)
- NB: 10km Run/Walk Starts at 5:45am
- NB: 52km/25km Run Starts at 5:30am

## OTHER INFORMATION & RULES

- All foreign athletes must abide by WA rules 4.2, 22.1, 142 and ASA Rule 9.
- Foreign athletes to contact race organizer.
- The race is run in accordance with and subject to WA, ASA & KZNA rules
- Runners must be 20 years or older for 52km on race day.
- Runners must be 19 years or older for 25km on race day.
- Runners must be 14 years or older for 10km on race day.
- KZNA approved age category and walker tags must be worn on back and front of vest / crop top and must be clearly visible in order to qualify for age category prizes.
- 2023 Licence numbers must be worn on the back and front of the vest / crop top and must be clearly visible.
- Temporary Licence on back of vest / crop top and must be clearly visible with the race number on the front.
- Cut off times : 52km – **6hrs 30 mins** : 25km – **3 hrs 30 mins** : 10km – **1 hr 30 mins**
- Prize giving will commence at 10:30am.
- The 52km is a comrades qualifier: 6hrs 24min 59 sec.
- Personal seconding will not be allowed.
- Results on clubs website.
- Disqualified athletes will not be eligible for any incentives.
- T-shirts to first 2000 entrants.
- Cut off point for 52km: **5hrs 30mins at 42km mark (11h00)**
- Those arriving after 5hrs 30mins at this point will be removed from the race. (Traffic authority requirement).
- Proof of age may be required from age category athletes.
- Participants must obey the race officials, marshals and traffic officers.
- Your entry fee will not be refunded if you do not participate.
- The race number must be worn over the permanent licence number on the front of the upper body clothing and be placed so that the ASA Licence sponsor and the ASA Province/year remain visible above the race number (ASA Rule 26.1.7).
- Junior athletes must be 19 years and younger on the 31st December in the year of the competition, must wear a 'J' on the upper front and back of vest or crop top in order to be eligible for prizes and must provide proof of age on race day

ENQUIRIES: [www.eventtiming.co.za](http://www.eventtiming.co.za)

COMMUNITY NEWSPAPERS

**RISING SUN**  
A CUSTOM ASSOCIATED COMPANY

 **Take n Pay** 

# ENTRY FEE

KM	EARLY BIRD ENTRIES	LATE ENTRIES
52km	R300	R350
25km	R200	R250
10km	R120	R150

**70 Years and over: FREE Entry on presentation of ID**  
 Temporary Licence - 25km R80 + Entry Fee & 10km R60 + Entry Fee  
**NO Temp Licence for 52km**

## Early Bird Entries

Closes 16 April 2023

## Late Entries

Up to Saturday 22 April 2023 at 16:00

Hand Delivered Only

**NO ENTRIES ON RACE DAY**

## “Ideal Comrades Tester”

# ENTRY FORM

Distance	52km <input type="checkbox"/>	25km Run <input type="checkbox"/>	10km <input type="checkbox"/> R <input type="checkbox"/> W <input type="checkbox"/>	Race No. FOR OFFICIAL USE
Surname				
First Name/s				
2023 Licence Number			Email	
S.A Citizen	YES <input type="checkbox"/>	NO <input type="checkbox"/>		
Club:			Province:	
Gender	M <input type="checkbox"/>	F <input type="checkbox"/>	Age <input type="text"/>	
Identity Number			Or Permanent Residence Number:	
Tel(Home):		Tel(Work):		Cell:

# PRIZE MONEY

PRIZE MONEY	MALE / FEMALE : 52KM			MALE / FEMALE : 25KM			MALE / FEMALE : 10KM				
	RUNNERS ONLY			RUNNERS ONLY			RUNNERS / WALKERS				
	1st	2nd	3rd		1st	2nd	3rd		1st	2nd	3rd
OPEN	R15 000	R3 000	R2 000	OPEN	R5 000	R1500	R500	OPEN RUNNERS	R2 500	R800	R500
40 - 49	R500	R300	R200	40 - 49	R300			Walkers	R250	R150	R100
50 - 59	R500	R300	R200	50 - 59	R300						
60+	R500	R300	R200	60+	R300			Junior	R500	R300	R200

**DISCLAIMER & INDEMNITY:** I am medically fit to run and understand that I enter at my own risk and the organisers will not be held responsible for any injury or illness during or as a result of the races, or for any property lost or damaged on the course or in the changing area. In the event of requiring medical attention, I agree that I will be held responsible for the medical costs. In the event of my participation as a temporary licensed runner, I absolve the Club, Sponsors and KZN Athletics of any liability.

SIGNED: .....

DATE: .....

.za • Dan Paliam : 082 877 0400



Mobile Disco, Sound & Entertainment Company



**KWAZULU-NATAL ATHLETICS**