

Sasolburg AC
presents

2023

Summer Road Race

11 November 2023

**DP DE VILLIERS STADIUM, SASOLBURG
15KM, 10KM, 5 KM FUN RUN ROAD RACE
MEDALS FOR ALL PARTICIPANTS
GPS CO-ORDINATES S26 47,638 E27 49,498**



Manual Entries
at clubhouse
8-10 November 2023
from 13:00-18:00
and
11 November 2023
from 04:30

15km
R120 Entry fee
minimum age - 16 years

10km
R100 Entry fee
minimum age - 14 years

5KM FUN RUN
R60 Entry fee
minimum age - 9 years with parental supervision

START:
15KM - 06:00
10KM - 06:00
5KM FUN RUN - 06:15
Walkers are welcome!

Toilets and secure parking
available.

FINISH:
At the SAC Clubhouse at the DP
De Villiers Stadium, Sasolburg.

RULES:

1. The race is held under the rules of WA, ASA and AFS.
2. Athletes indemnify the national, provincial and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
3. All athletes participate at their own risk. Athletes acknowledge that by entering the event they are medically fit to participate.
4. All athletes must supply the name and contact number of their next of kin on both the race number and entry form.
5. Licensed athletes must wear club colours and the 2023 lincense number on the back and front of their vest with the race number worn on the front of the vest. Note that the race number may not cover the ASA and sponsor logos at the top of the 2023 license. Age tags compulsory and must be visible for all age category participants. Race walkers need to wear a W.
6. Temporary Licenses will be available for R70 (excluding 5km Fun Run athletes). To be worn in front (according to ASA ruling). No insurance coverage on the Temp no.
7. No seconding allowed. Sufficient water points.
8. No prams, pushchair, blades, cyclist or mechanically operated devices allowed in the race.
9. Foreign athletes are to comply with ASA rules. Before entering the race and the clearance certificate from the country to the AFS to delegate.
10. Wheelchair athletes will NOT be permitted to participate.
11. No animals / pets are allowed to participate.
12. Minimum age participation 15km - 16 years, 10km - 14 years. Distance 5km Fun run/walk - child/ren under supervision of parent/s/guardian/s - 9 years and older.
13. Athletes may not run with another athlete's race number.
14. No earphones, IPod's and similar devices are allowed, as they are in contravention of NEW WA rule - WA Rule T6.3.2 and will lead to disqualification.
15. Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Runners who allow their race number to be duplicated will be held liable and will face AFS disciplinary with the possibility of a ban.

R70 for 10KM & 15KM ONLY
TEMPORARY LICENCES

CUT-OFF TIMES:

3hrs for 15km, 2hrs for 10km and 1hr for 5km
Fun Run (Please note there is no prize
money,
only medals for all finishers.).

16. Habitual offenders (those who regularly participate without purchasing a race entry) will be called to an AFS disciplinary.
 17. Littering is not allowed. Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter. An AFS Clean RUN.
 18. Cut-off time. Athletes will not be allowed to finish any distance races after the cut off time.
 19. No late starters will be allowed. That is later than 5 minutes from the group start time.
 20. Results made available on day of event by Service provider.
- Distances (15km and 10km) not registered therefor the results cannot be used as a qualifying time.
- ALL PARTICIPANTS MUST ADHERE TO THE (COVID-19) HEALTH AND SAFETY PROTOCOLS IMPLEMENTED BY THE HEALTH AND SAFETY RULES AND REGULATIONS OF THE GOVERNMENT OF SA.
- EVENT ORGANISER - DOLF BINNEMAN -
CELL NO: 073 339 6809 -
E-MAIL: dolf.binneman2@gmail.com
SAFETY OFFICER - HAIG FOURIE -
CELL NO: 083 311 9722 -
E-MAIL: haigf@gmail.com
TECHNICAL OFFICER - Dewald Barkhuysen -
CELL NO: 083 304 0481 -
E-MAIL: df.barkhuysen@gmail.com
AMBULANCE - VAAL EMERGENCY CARE -
073 370 6995 - 016 976 7887