

THE LAST RUN OF 2023

RUNNERS MEMORIAL RACE



DATE: SUNDAY, 31 DECEMBER 2023

VENUE: GREEN POINT LIGHTHOUSE, MOUILLE POINT

START: 07:00 / DISTANCE: 8KM

NAMES OF RUNNERS WHO HAVE PASSED AWAY WILL BE READ OUT @ 06:45
(Please contact the organizers to add additional names to the memorial list)

ENTRY FEE: R95 ONLINE ENTRIES (www.webtickets.co.za)

R90 ENTRIES ON THE DAY (FROM 05:30)

CUT-OFF TIME: 90 MINS

COMMEMORATIVE DRINKING GLASSES TO FIRST 1200 FINISHERS

THIS WILL BE A CARRY YOUR OWN RACE

No sachets, only cups will be available at water tables #RunClean

NO POSITION PRIZES WILL BE AWARDED. LUCKY DRAW PRIZES@ 08:30

NO CLUB COLOURS OR LICENSES REQUIRED

ENQUIRIES: FRANCOIS GOUWS – 083 236 8265

raceconvener@edgemeadrillers.org.za



Race flyers and results
www.wpa.org.za
wpa-subscribe@yahoogroups.com

WESTERN PROVINCE ATHLETICS

RUN IN ACCORDANCE WITH WPA AND ASA RULES

- No Race numbers will be issued.
- For safety reasons the use of personal music players with headphones is not allowed. Use of such device in contravention of IAAF rule 144.3b, may result in disqualification.
- Dogs and prams are allowed but must please start at the back of the field so as to not cause an inconvenience for other runners.
- There will be refreshments stations available.
- Wheelchair athletes must please contact the organizers timeously to discuss arrangements for their participation.

Do not litter. Dispose of cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees.

