



**HARTENBOS DRAWWERS
OUJAARS DRAFFIE
10KM en 4km PRETSTAP**



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**Oujaars Draffie 10 km
30 Des 2023**

AANLYN INSKRYWINGS

Afstand	10km en 4km Pretdraf	Koste	Pretdraf 4km = R40.00
Koste	10km Atleet met ASA Lisensie = R85.00	Waar	www.aswd.co.za
Koste	10km Atleet sonder ASA Lisensie =R130.00	Sluitings datum	20 Des 2022 @ 12H00

Inskrywings vanaf 1 Des tot 22 Des 23 per hand

Afstand	10km en 4km Pretdraf	Koste	Pretdraf 4km = R30.00
Koste	10km Atleet met ASA Lisensie = R75.00	Waar	ASWD Kantoor, Hartenbos Drawwers Klub
Koste	10km Atleet sonder ASA Lisensie =R120.00	Sluitings datum	22 Des 23 @ 18h00

Inskrywings vanaf 23 Des tot 27 Des 23 per epos of whatsapp

Afstand	10km en 4km Pretdraf	Koste	Pretdraf 4km = R40.00
Koste	10km Atleet met ASA Lisensie = R85.00	Waar	Hartenbosdrawwers1@gmail.com, 0722596759
Koste	10km Atleet sonder ASA Lisensie =R130.00	Sluitings datum	27 Des 23 @ 18h00

Laat inskrywings op 29 Des 23

Afstand	10km en 4km Pretdraf	Koste	Pretdraf 4km = R30.00
Koste	10km Atleet met ASA Lisensie = R95.00	Waar	Voor die ATKV kantoor in Hartenbos
Koste	10km Atleet sonder ASA Lisensie =R140.00	Vanaf	15h00 tot 18h00

GEEN INSKRYWINGS OP DIE 30 DES 2023 NIE

Algemene inligting

Begin	10km 06h00 by die ATKV Amphi Theatre Hartenbos Pretdraf 06h20 by die ATKV Amphi Theatre Hartenbos	Waterpunt	3,5km, 7km en by endpoint 3,5km, 7km en by endpoint
Endpunt	By die ATKV Amphi Theatre Hartenbos	Medaljes	10km almal wat wedloop voltooi in 2ure 4km Pretdraf almal wat pretdraf voltooi in 1h30
Inligting	Petro 072 259 6759 Ferdie 083 294 2640		

GEEN INSKRYWINGS OP DIE 30 DES 2023 NIE

10KM DRAF/STAP - 06H00 4KM PRETDRAF/PRET STAP 06H20



ASWD



**The Race is held under the rules
of ASA and ASWD**

**Die wedloop word gehou onder
die reels van ASA en ASWD**



RULES AND REGULATIONS

1	Age	<p><i>Minimum age on race day is 14 years for the 10 km.</i></p> <p><i>The minimum age for the 4 km is 7 years, however entrants younger than 7 years can participate in the 4 km if accompanied by a guardian who is 16 years or older.</i></p>							
2	Second	<p>No seconding from cyclists or private vehicles allowed. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2).</p>							
3	Safety	<p>All distances – No earphones (ASA Rule 34.10.6), animals (ASA Rule 34.10.1), racers (ASA Rule 34.10.3) or wheelchairs (ASA Rule 34.10.4) allowed.</p>							
4	Age tags	<p>Participants will be eligible for prizes in the OPEN category tag or junior tags if displayed, visible and above license number front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/white background (ASA rule 22.9)</p>							
5	Prize Giving	<p>Prize giving will be 15min after the last athlete end the race.</p>							
6	Proof of age	<p>Athletes must give proof of age at the request of the Race Referee. (SA ID/Passport/Driver's License/Refugee Permit/Birth Cert.)</p>							
7	Foreigners	<p>No Foreigners are allowed to enter for this event.</p>							
8	Rules used	<p>All road races held subject to the rules of ASA and Athletics SWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non compliance may lead to disqualification. The Race Referee's decision is final. The race organiser reserves the right to accept/reject any entry received.</p>							
9	Time to report	<p>All athlete must be at the race an half an hour before the race start</p>							
10	Entries	<p>Online can be done at www.aswd.co.za and entries vorms will be at ASWD office and at all clubs. ' LATE ENTRIES CAN BE DONE ON THE 29 DES 23 INFORNT OF THE ATKV OFFICE IN HARTENBOS</p>							
11	Race day	NO RACE DAY ENTRIERS ON THE DAY							
Price money/Prysgelde									
PLACE	Men/Women OPEN	Men/Women JUNIOR	Men/Women 40 – 49	Men/Women 50 - 59	Men/Women 60 – 69	Men/Women 70 - 79	Men/Women 80+	Men/Women Walk	Men/Women HARTENBOS
1	R500	R200	R200	R200	R200	R200	R200	R200	R200
2	R400								
3	R300								
Prize money only if there is 3 in a age									

INLIGTING / INFORMATION

ENTRY FORM

Entry forms will be at the following places available
Entries forms will be available at ASWD office, Hartenbos Drawwers Clubhouse in Diaz

Where to enter for event

Online entries at www.aswd.co.za, online closed on 20 Dec 23 @ 12h00

Manual entries can be hand in at

ASWD Office in George, Hartenbos Drawwers Clubhouse in Diaz,
Manual entries closed on 22 Dec 2023 at 18h00

Late entries

Any late entries can be done on 29 Dec 23 at the ATKV office in Hartenbos from 15h00 till 18h00

NO RACE DAY ENTRIES

Manual entries payment

Hartenbos Drawwers

Standard bank (Savings Account)

Branch code: 051001

Account number 385414803

Reference: Name and Surname

Entry form plus proof of payment must be send by email to

hartenbosdrawwers1@gmail.com

Collection of temp number and time chip

29 Dec 23 15h00 till 1800

30 Dec 23 05h00 till 05h45

ATKV Office in Hartenbos

ATKV Amphi Theatre Hartenbos

Price giving 15min after the last athlete complet the race in the cut of time

Time limit on 10km is 2 hours

1st 1000 entries will be excepted on 10km

10km start at 06h00 by Amphi Theatre Hartenbos

Fun run start at 06h20 by Amphi Theatre Hartenbos

Waterpoints ia at 2,5km. 5km, 7,5km and at the 10km

Contact persons/Kontak persone

Ferdie

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Petro

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