



2023

MADIBA'S LAST ROUTE

**42.2KM RUN START: 06:00 AT
MTHATHA AIRPORT TO QUNU
MUSEUM**

**10KM RUN START: 06:30 AT
VIEDGESVILLE BRIDGE TO QUNU**

**ENTRIES AVAILABLE AT NELSON
MANDELA MUSEUM OWEN STREET AND
DSRAC OFFICES**

**CONTACT PERSON: MR K.K. MAXAMBELA
TEL: 073 352 4475**

**CONTACT PERSON: UNATHI (NELSON MANDELA MUSEUM)
TEL: 078 570 0710**



2023 Entry Form

SATURDAY, 16 DECEMBER 2023

PROUDLY SPONSORED BY:



sport, arts & culture
Department:
Sport, Arts and Culture
REPUBLIC OF SOUTH AFRICA



Province of the
EASTERN CAPE
SPORT, RECREATION,
ARTS & CULTURE



CATEGORY (please tick) 42.2km Open 40-49 50-59 60+
 10km Jnr Open 40-49 50-59 60+

FOR OFFICE USE
RACE NUMBER

ID Number	<input type="text"/>
PR Number	<input type="text"/> International Athletes must comply with WA Rule 142.2 and 4.2
Nationality	<input type="text"/>
Surname	<input type="text"/>
First Name	<input type="text"/>
Address	<input type="text"/>
Telephone Number	<input type="text"/> Code <input type="text"/>
Cellular	<input type="text"/>
E-mail	<input type="text"/>
Date of Birth	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Male <input type="checkbox"/> Female <input type="checkbox"/>
Athletics Club	<input type="text"/>
Province	<input type="text"/>
Licence Number	<input type="text"/>
Emergency Contact No	<input type="text"/>

RACE	REGISTRATION FEES
42.2KM	R200.00
10km	R100.00



RELEASE, WAIVER & DECLARATION

In consideration of my entry, I, my executors, heirs, administrators & assigns, do hereby release & discharge the event organisers, Transkei Athletics & all sponsors, of property loss I may suffer caused by negligence of any of them arising out of my participation in this event, including pre & post-race activities. I am physically fit & sufficiently trained to participate in this race & assume all risks for such participation. I accept all rules, conditions & regulations which the terms & conditions of payment of entry fee & will comply with them. I understand not to exhibit or wear any advertising material or logos contrary to the rules of ASA of the WA. I grant permission to the organisers, Athletics South Africa & its authorised agents to use my name, photographs, video tapes, broadcasts, telecast, advertising promotion or other account of this event, free of charge.

Signature _____ **Date** _____
Signature of Parent or Guardian (if minor) _____ **Date** _____

EVENT INFORMATION AND RULES

DISTANCE	STARTING TIME	REGISTRATION FEE	AGE CATEGORY
42.2km	06:00	R200.00	20 YRS+
10km	06:30	R100.00	14YRS+

ENTRIES

FAX ENTERIES

CELL:

073 352 4475

EMAIL:

maxambelaneo13@gmail.com

BANKING DETAILS

Acc. Name:

Athletic Transkei

Acc. Number:

241 6911 33

Institution:

Standard Bank

Branch:

Mthatha

Entries without clear proof of payment will be REJECTED

Times

START: 42.2km	6h00	VENUE: Mthatha Airport to Qunu Museum
START: 10km	6h30	VENUE: Viedgesville Bridge to Qunu Museum
RESULTS - 10h00	PRIZE-GIVING - 10h00	CUT OFF - 12h00

SECONDING

NO SECONDING PERMITTED

NO VEHICLES PERMITTED ON ANY OF THE ROUTES

GENERAL

- First 500 entries for 42.2km will receive a t-shirt
- First 500 finishers for 42.2km will receive medals
- First 1000 entries for 10km will receive a t-shirt
- First 500 finishers for 10km will receive medals

GENERAL RULES

1. 42.2km runners & athletes will qualify for ASA Champs
2. Race will be run according to WA & ASA rules
3. 10km cut off time = 9h00 (2 hours)
4. 42.2 cut off time = 12h00 (6 hours)
5. Athletes do not need to belong to clubs to participate
6. All foreign athletes must comply with WA Rule: 142.2 & 4.2
7. Foreign athletes must be able to produce a letter from their respective federation permitting participation on the race day
8. All Traffic Officers & Marshals must be obeyed
9. All runners must have licences
10. The race organisers are not responsible for accommodating athletes
11. Entry fee is non-refundable
12. To bag facilities & toilets will be available
13. Seconding / physical assistance is not allowed, and athletes may be disqualified Without warning (WA Rule: 144.3 , and this includes possession or use of video recorders, radios, cd radio transmitters, mobile phone or any similar devices in the competition area.



PRIZE MONEY

42.2km

1. 42.2 kilometres = R138 400

POS	Open Men	Open Women	40-49 Men	40-49 Women	50-59 Men	50-59 Women	60+ Men	60+ Women	TOTAL
1	R20 000	R20 000	R2 500	R2 500	R1 800	R1 800	R1 800	R1 800	
2	R12 000	R12 000	R2 000	R2 000	R1 500	R1 500	R1 500	R1 500	
3	R10 000	R10 000	R1 500	R1 500	R1 300	R1 300	R1 300	R1 300	
4	R7 000	R7 000							
5	R5 000	R5 000							
	R54 000	R54 000	R6 000	R6 000	R4 600	R4 600	R4 600	R4 600	138 400

10km

2. 10 Kilometres = R59 800

POS	Open Men	Open W/men	Junior Men	Junior W/men	40-49 Men	40-49 W/men	50-59 Men	50-59 W/men	60+ Men	60+ W/men	TOTAL
1	R5 000	R5 000	R2 000	R2 000	R1 800	R1 800	R1 500	R1 500	R1 500	R1 500	
2	R3 000	R3 000	R1 500	R1 500	R1 500	R1 500	R1 200	R1 200	R1 200	R1 200	
3	R2 000	R2 000	R1 200	R1 200	R1 200	R1 200	R1 000	R1 000	R1 000	R1 000	
4	R1 800	R1 800									
5	R1 500	R1 500									
	R 13 300	R 13 300	R 4 700	R 4 700	R 4 500	R 4 500	R 3 700	R 3 700	R 3 700	R 3 700	R 59 800

TOTAL PRIZE MONEY = R198 200

