

MANUAL RACE DETAILS

First Name: _____ Surname: _____

ID/Passport No.: _____ Age: _____

Tel No.: _____ Cell No.: _____

Email: _____

Club: _____ Licence No.: _____

(Please circle where applicable)

Gender: Male / Female

Runner / Walker

Age Category: Open / 35-39 / 40-49 / 50-59 / 60-69 / 70+

Medical Details:

Medical Aid Company: _____ Medical Aid No.: _____

Emergency Contact Person: _____ Emergency Contact No.: _____

Indemnity:

I am medically fit to run and fully understand that I enter at my own risk. I indemnify the organisers, sponsors, or any persons assisting in the organisation or holding of the race from liability for any injury or illness which I may suffer directly or indirectly as a result of participating in the race, or for any damage to my property or loss which I may suffer directly or indirectly as a result of participating in the race.

Name: _____ Signature: _____

Date: _____



15KM CHRISTMAS CHALLENGE

Proudly hosted by Westville Athletic Club,
corner Maryvale Road & Syringa Ave. on Sunday, 10 December 2023 at 06h00.

CUT-OFF TIME 2 hours, 30 minutes (including club buses)

PRIZE GIVING 08h45

SHIRTS For the first 1500 entries

RACE ENTRIES

ENTRY FEE:	R190 - A portion of the entry fee will go to race charity: The Robin Hood Foundation. Late entry fee: R250
FREE ENTRY:	For those over 65 (proof of age required)
TEMP LICENCES:	R60
ONLINE ENTRIES:	http://eventtiming.info/illovosugar/ (closes midnight, 08 December 2023) Bank transfer: ATM cash deposits at Capitec Bank Account holder: Eventtiming (K H Bradfield) Account Number: 1543764345 Clearing code: 470010 Account type: Savings Branch: Pavilion Use ID number as reference and WhatsApp deposit slip + entry form with reference endorsed on it to 061 505 1416.
MANUAL ENTRIES:	Manual entries will be taken on Saturday, 09 December 2023 from 10H00 - 16H00 at Westville Athletic Club. No entries will be taken on Sunday morning (race day).
REGISTRATION:	Saturday, 09 December 2023 (10h00 – 16h00) and Sunday morning, 10 December 2023, from 04h30 at Westville Athletic Club.

PRIZES

AGE CATEGORIES (MEN AND LADIES)	1st	2nd	3rd
OPEN	R1000	R700	R500
35 - 39	R300	R200	R150
40 - 49	R300	R200	R150
50 - 59	R300	R200	R150
60 - 69	R300	R200	R150
70+	R300		
JUNIORS	R300	R200	R150
OPEN MEN'S TEAM	R200 x 4		
OPEN LADIES TEAM	R200 x 4		
WALKERS	R300	R200	R150

EXTRA R1000 FOR THE 1ST MAN AND 1ST LADY TO BREAK THE RECORD.

TROPHIES

1ST MEN'S TEAM

Bronzed Boot Floating Trophy

1ST LADIES TEAM

Floating Trophy

1ST MINI BUS

A trophy will be awarded to the first "MINI BUS" – comprising a minimum of ten members from the same club who must finish the race within 30 seconds of each other.

FRIENDLIEST BUS

The London Bus Floating Trophy is awarded to the friendliest, best dressed and most original bus, that finishes within the cut-off time.

BEST WATER TABLE

A Floating Trophy will be awarded to the best water table.

RULES

- Staged subject to the rules of WA, ASA, and KZNA and participants to abide by these rules.
- Foreign athletes must comply with WA Competition Rule 1.7 and ASA Rule 9.
- The 2023 licence number must be worn on the front and back of vest/crop top (ASA Rule 25.4.8).
- Any athlete wishing to count towards a team prize must have a permanent licence and must wear full club colours (ASA Rule 24.10).
- ASA approved age category tags must be worn on upper front and back of vest/crop top to be eligible for age category prizes (ASA Rule 22.9).
- Holders of temp licences will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.
- Walkers must wear KZNA approved "W" tags on the upper front and back of vest/crop top (ASA Rule 33.1).
- Proof of age required for age category winners (ASA Rule 2.14).
- Junior athletes (19 years or younger on 31 December in the year of competition) must wear a "J" tag on the upper front and back of vest/crop top in order to be eligible for prizes and must provide proof of age on race day.
- Traffic Officers, Marshals, and Race Officials must be obeyed.
- Temp licences must be worn on the back of the vest/crop top with the race number on the front.
- Refreshment stations will be provided along the route and no personal seconding will be allowed.
- Temp licenced runners to wear neutral colours and adhere to WA and ASA Rules.
- Tog bag facility will be provided but at owner's risk.
- Temp licenced athletes are not covered by a National Insurance Policy (ASA Rule 25.6.15).
- ASA Licence Numbers: Organisers/athletes may NOT replace ASA licence numbers with competition/race numbers under any circumstances. Where a competition/race number is used, it must be placed so that the ASA licence sponsor and the ASA province/year remains visible above the competition/race number. The licence numerals may be covered. Athletes who fail to adhere to this rule may be disqualified (ASA Rule 26.1.7).
- Open to all runners/walkers aged 15 years and older on race day.

**All club tents must be erected on Saturday, 09 December 2023.
No vehicle access to the grounds on Sunday (race day).**

