

Dullstroom Scenic Altitude 3 in 1 to all catergory winners

SATURDAY 2 SEPTEMBER 2023

EVENT DETAILS

Start / Finish Point: Epilepsy Hall , Beelaerts Street, Dullstroom Out and back route.

21.1 km Start at: 7:00 (3 hour cut-off time)
10 km Start at: 7:00 (2 hour cut-off time)
Fun Run Start at: 7:15

ENTRY FEE

21km

10km

Fun Run

R50

R200

R100

TEMPORARY LICENCE R40

Online entry only. Entries close 31 August 2023 www.entryninja.com

Race Enquiries:

Organiser: Monique Murray: 060 977 2771 dullstroomroadrunners@gmail.com

Main Sponsor: New Communications





PRIZE MONEY

Male and Female

21km			10km		
1st Open	R1000	R1000	1st Open	R500	R500
2nd Open	R500	R500	2nd Open	R400	R400
3rd Open	R400	R400	3rd Open	R300	R300
1st Junior	R350	R350	1st Junior	R250	R250
2nd Junior	R250	R250	2nd Junior	R150	R150
40+ 1st	R250	R250	40+ 1st	R150	R150
50+ 1st	R250	R250	50+ 1st	R150	R150
60+ 1st	R250	R250	60+ 1st	R150	R150

Dullstroom Scenic Altitude 3 in 1

ASA Rules apply:

- REFEREES' DECISION IS FINAL
- . Obey all Traffic Officials and Race Marshals.
- The race will be run according to the rules of ASA, WA & AMPU House rules.
- No seconding will be allowed. No pacing of any kind.
- Ages: Atheletes for 10km must be 14 years or older and for the 21km must be 16 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- All athletes will participate at their own risk.
- Registered athletes must wear full club colours.
- 2023 license numbers on the front and back of the vest.
- Temporary license at the front on the vest.
- Remember to complete the <u>Temporary license tear off slip</u> immediately and hand it back to the organizer.
- Age category ID tags must be <u>clearly displayed for the duration of the event</u> (back and front) by athletes competing for a category prize AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.
- ASA license numbers must not be covered with any paper race numbers /race bib.
- This is a close competition for runners, walkers with a fix "W" welcome.
- Normal prize giving.
- Any foreign athlete must have a conformation letter or permit from their Sport federation.
- No littering, please make use of waste boxes on the route RUN CLEAN
- All participates must take note that photographs might be taken at the event and placed on social media.