

TYEKS SECURITY Cheetahs Marathon 2023

| EVENT | 5KM | 10K | 21.1KM | 42.2KM | CYCLE ONE BOX | |
|-----------------|-----|-----|--------|--------|---------------|--|
| SURNAME | | | | | | |
| NAME | | | | | | |
| SEX | | | | | | |
| ADDRESS | | | | | | |
| TEL NO. | | | | | | |
| PROVINCE | | | | | | |
| CLUB NAME | | | | | | |
| 2023 LICENCE NO | | | | | | |
| UNKNOWN | | | | | | |
| DATE OF BIRTH | | | | | | |
| AGE | | | | | | |
| ID NUMBER | 1 | | | | | |

I declare that I will abide by the rules of Athletics Transkei and Athletics South Africa. I participate at my own risk and will NOT hold the organizers Cheetahs Athletic Club or sponsors, responsible for any loss or injury during and after the race.

Signature of competitor Signature of parent or guardian (if under 16yrs

Race number collection

Venue: Savoy Hotel, Mthatha – N2 Nelson Mandela Drive | Saturday 12 November from 10am-5pm





Official Qualifier

General race information

12 NOVEMBER 2023

Entry fees

42.2 km: R300 21.1 km: R200 10 km: R180

5km: R130

Temporal license

- R50 for 42.2KM,21KM&10KM
- 5KM no license required
- This exciting race is a Two Oceans Marathon and Comrades Marathon Qualifier which offers the opportunity for runners

To experience the best of Mthatha N2 route with the partial road closure on certain areas.

- Free t-shirts to the first 1000 entries then R200 per t shirt thereafter .
- Medals to all finishers

| RACE | START TIME | CUT- OFF TIME | ONLINE ENTRY | TEMP LICENSE | MIN AGE |
|--------|---------------|---------------------|-------------------------|---------------------------|------------|
| 42.2KM | 6h00 | 6hrs | R300 | R50 | 20yrs |
| 21.1KM | 6h30 | 4hrs | R200 | R50 | 16yrs |
| 10KM | 7h00 | 2hrs | R180 | R50 | 14yrs |
| 5KM | 7h15 | 1.5hrs | R130 Manual entry | No license required | Open |

Account Details for 5km entries

Bank:FNB

Account Number:62504158800

Attach proof of payment with your entry form .

- Please note that all 5km entries will only be manual, Drop forms attached with proof of payment at these following
- METROPOLITAN PLACE, 49 Leeds Road, office 318
- SAVOY PHARMACY-Nelson Mandela Drive
- Closing date for manual entries: 11 November 2023 18:00pm at Savoy Hotel Mthatha

ONLINE ENTRIES

CLICK HERE TO ENTER ONLINE

Closing date for online entries: 8 November 2023 at 23:59

LATE ENTRIES ONLY ACCEPTED AT RACE NUMBER COLLECTION ON 10 FRIDAY AND 11 SATURDAY NOVEMBER 2023

2 Race number collection

Savoy Hotel Nelson Mandela Drive

Friday 10 November 2023: 13:00pm to 19:00pm

Saturday, 11 November 2023: 10:00am to 18:00pm

3. NO ENTRIES ON RACE DAY

4. PARKING

Free Parking for the race on Sunday available at Mthatha Sports field - N2 Nelson Mandela Drive

7. Taxi Pick-up points Mthatha SportsField

- From 4:30am- 42km
- From 5:00am -21km
- From 5:30am-10km
- From 6:30am -5km
- R50 per person to 42km Start
- R25 per person to 21km Start
- R 15 per person to 10km Start
- R 15 per person to 5km Start
- All payable in cash to the driver on the morning of the race.

8. Starting Location

- 42.2 km: N2 from East London to Mthatha -Mthentu cuttings
- 21.1 km: N2 from East London to Mthatha
- 10 km: Qweqwe location on N2 from East London to Mthatha
- 5km: ULTRACITY on N2 from East London to Mthatha

Race Rules

- 1. Race under the rules of WA (IAAF), ASA and ATRA. All foreign athletes must abide by WA (IAAF) rules 4.2, 22.1 and 142 ASA rule 9.
- 2. Age restriction:
- 42.2 km: The participant must be 20 years or older on race day.
- 21.1 km: The participant must be 16 years or older on race day.
- 10 km: The participant must be 14 years or older on race day.

- 3. All COVID 19 rules and regulations will be observed
- 4. Athletes are responsible for their own accommodation
- 5 ASA/ATRA approved age tags to be worn on upper front and back of vest/crop top, to be eligible for age category prizes.
- 5. The race number must be worn over the permanent license number on the front of the upper body clothing and be placed so that the ASA province year remain visible above the race number (ASA Rule 26.1) Temporary license athletes must wear the race number on the front upper body clothing.
- 6. 2023 license number must be worn on the back and front of vest.
- 7. Race numbers and license numbers must not be worn on shorts/tights.
- 8. Temporary license must be worn on back of vest and the completed tear-off slip must be lodged with the organisers at the end of the race.
- 9. Cut-off times:
- 42.2 km: 6 hours
- 21.1 km: 4 hours
- 10 km: 2hrs

5km:1.5hrs

- 10. 42.2 km Comrades qualifier: 4 hours 49 minutes
- 11. Results will be sent via sms and will be available on mobilelite website https://www.mobilelite.com/results/
- 12. Disqualified athletes will not be eligible for any incentives/ prizes
- 13.PLEASE NOTE THAT ALL MONEY WILL BE PAID VIA EFT. NO PRIZE MONEY WILL BE HANDED OUT ON THE DAY AT PRIZE GIVING. ALL WINNERS MUST ENSURE THAT THEY PROVIDE THE CORRECT BANKING DETAILS TO THE ORGANISERS AT PRIZE-GIVING. PRIZES WILL BE HANDED OVER 11:15am
- 14. Marathon halfway cut-off: 4 hours, Runners arriving at halfway after this time will be removed from the race by race officials.
- 15. Proof of age may be required for age category winners.
- 16. Participants must obey the race officials, marshals and traffic officers.
- 17. Your entry fee will not be refunded if you do not participate.
- 19. Prize money is only for the race you have entered.
- 20. Watering points every 3km. No personal seconding is allowed. The stand and hand rule within 100 metres of the watering points rule will apply.
- 21. Public parking will be provided at Mthatha Sports field Stadium
- 22 No animals allowed on race course

- 23 The wearing of earphones or headsets is prohibited and will lead to disqualification. Cellphones may be used on route for the purpose of the Strava app.
- 24 No queries will be attended on race day
- 25. Please ensure that your check that your car is locked when walking away from it, do not assume it is remote jammers have been known to frequent such events.
- 26. Do not leave belongings in full view, rather lock them up in the boot so they are out of sight.
- 27. Tog bag storage facility available at Start and finish venue
- 28. Portable Toilets will be available at certain points along the marathon route

For Queries Contact:

Ntsindiso Majali 073 133 6469

Mzukisi Sosibo 067 119 8676

CHEETAHS MARATHON PRIZE 2023

| 5KM | 11 and under | 12-14rys | | | |
|-----|--------------|-----------|-------|------|-------|
| | Male Fer | nale Male | Fen | ale | |
| .1 | 300 | 300 | 900 | 300 | |
| 2 | 250 | 250 | 250 | 250 | |
| 3 | 150 | 150 | 150 | 150 | |
| | 1000 | 7,000 | (700) | -000 | 2 800 |

Male Female Male 1500 1500 Male Male 2 3 300 300 150.

| 21.1km | QF | EN | Irer | | | Sub -W | et - | White | | 19 | Mesters | | Grand M | asters | |
|--------|------|--------|------|-------|--------|--------|--------|-------|------|-------|---------|--------|---------|--------|------|
| | Male | Female | Male | | Female | Male | Female | Male | - 1 | emale | Male | Female | Male | Female | |
| 1 | 2509 | 2500 | | 400 | 400 | p. | 400 | 400 | 400 | 400 | 490 | 400 | 400 | 0 400 | |
| 2 | 1800 | 1800 | | 300 | 300 | | 100 | 300 | 300 | 300 | 300 | 300 | 300 | 0 300 | |
| 9 | 1500 | 1500 | | 200 | 200 | þ. | 200 | 100 | 200 | 200 | 200 | 200 | 300 | 0 200 | |
| | 1001 | 1000 | | - 300 | 50 | | 100 | 900 | 1990 | 700 | 900 | - | 300 | 900 | 20 0 |

| | Section 1 | Grand Masters | | Masters | | Vet Masters Grand Master | | et | Sub-Vet | | OPEN | | Position | 42km | 42iam | |
|-------|-----------|---------------|------|---------|------|--------------------------|------|---------|---------|------|----------|-------|----------|------|-------|---|
| | ale | Female | Male | Female | Male | Female | 100 | le Male | Fer | Male | Female - | Yalis | Male | - | | |
| | 500 | 500 | | 500 | 500 | 500 | 500 | 500 | 500 | 1 | 6500 | 6500 | | 1 | | 1 |
| | 400 | 400 | | 400 | 400 | 400 | 400 | 400 | 400 | 1 | 4000 | 4000 | | 2 | | 2 |
| | 300 | 100 | | 300 | 300 | 300 | 300 | 300 | 300 | | 2500 | 2500 | | 3 | | 3 |
| 35.60 | 1300 | 100 | | 1000 | 5300 | 1988 | 1000 | 10000 | 2300 | | 10000 | 10000 | | | | |
| 71 90 | Prize f | Total P | | | | | | | | | | | | | | |

2 800

12 900