

# Thank You



# UMZILA KA TAMBO Marathon 28<sup>th</sup> October 2023

**42.2km**

**R120 Registration**  
Start @ MALOMGWANA STOP  
Flagstaff Route  
Starting @ 06h30

**21.1km**

**R100 Registration**  
Start @ MPETSHWA  
(Ezangomeni Stop)  
Starting @ 07h00

**10km**

**R80 Registration**  
Start @ NOMLACU  
(Next To Water Scheme Billboard)  
Starting @ 07h30

**5km**

**R10 Registration**  
Start @ MBIZANA PLANTATION BOARD  
(Next To Water Scheme Billboard)  
Starting @ 08h00

*All Races will finish at Mphuthumi Mafumbatha Stadium*

Please Note Registration will be done at:  
**Oliver Reginald Tambo Cultural Centre**  
25<sup>th</sup> October -27<sup>th</sup> October 2023  
between 09h00 -16h30

Contact Person:  
Mr Maxambela 073 352 4475  
Mr Majikija 071 289 7607

"A United, Active and Winning Province Through Sport, Recreation, Arts, Culture & Heritage"





**FIRST NAME:** \_\_\_\_\_

**SURNAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**AGE:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **ID NO:** \_\_\_\_\_

**CELL NUMBER:** \_\_\_\_\_

**SEX:** \_\_\_\_\_ **LICENCE NO:** \_\_\_\_\_

**CLUB NAME /SCHOOL** \_\_\_\_\_

OPEN	JUNIOR	35-39	40-49	50-59	60
10km	5km				

**I here by indemnify the organizers & sponsors from any claim arising from my participation**

**SIGNITURE** \_\_\_\_\_ **(Guardian if under 18 )** \_\_\_\_\_

**RULES & INSTRUCTIONS**

- \* The race is run in strict accordance with the rules of the World Athletics, Athletics S.A and Athletics Transkei
- \* All Foreign athletes must comply with World Athletics rule 4.2 and ASA 4.5
- \* All 42.2 KM & 21.1 Km Participants must be 17 years or older & 10km participants must be 14 years or older
- \* Runners will be running at their own risk
  - \* A. no animals allowed on the course
  - \* B. no earphone or speakers allowed
- \* Runners & walkers must wear the correct identification tags on the front and back
- \* Age category tags must be worn on the front and back to qualify for category
- \* Seconding tables are provided. Personal seconding is allowed 100m either side of the table

**ENTRY FEE TO BE DEPOSITED TO THE FOLLOWING BANK DETAILS FOR EFT**

**KUKHANYA ACADEMY BZN NPC**  
**BANK: F.N.B**  
**Acc. No: 62943292128**  
**Branch CODE: 220422**

\* No queries will be attended to of the race day

**PRIZE MONEY BREAKDOWN**

**42,2KM OPEN**

	42,2KM OPEN			42,2KM AGE CATEGOR						TOTAL
	M	F	TOTAL	40-49 M	40-49 F	50-59 M	50-59 F	60 M	60 F	
1.	R18 000	R18 000	R36 000							
2.	R8 000	R8 000	R16 000	R900	R900	R900	R900	R900	R900	R5 400
3.	R4 500	R4 500	R9 000	R800	R800	R800	R800	R800	R800	R4 800
4.	R2 500	R2 500	R5 000	R700	R700	R700	R700	R700	R700	R4 200
5.	R2 000	R2 000	R4 000							
				R2 400	R2 400	R2 400	R2 400	R2 400	R2 400	R14 400
	R35 000	R35 000	R70 000							

**21,1KM OPEN**

	21,1KM OPEN			21,1KM AGE CATEGORY							TOTAL
	M	F	TOTAL	CATEGORY	1 <sup>ST</sup> M	1 <sup>ST</sup> F	2 <sup>ND</sup> M	2 <sup>ND</sup> F	3 <sup>RD</sup> M	3 <sup>RD</sup> F	
1	R7 000	R7 000	R14 000	JUNIOR	R1 500	R1 500	R1 200	R1 200	R1 000	R1 000	R7 400
2	R3 000	R3 000	R6 000	35-39	R1 500	R1 500	R1 200	R1 200	R1 000	R1 000	R7 400
3	R2 000	R2 000	R4 000	40-49	R1 000	R1 000	R800	R800	R500	R500	R4 600
4	R1 500	R1 500	R3 000	50-59	R800	R800	R700	R700	R500	R500	R4 000
5	R1 000	R1 000	R2 000	60+	R700	R700	R600	R600	R500	R500	R3 600
	R14 500	R14 500	R29 000	TOTAL	R5 500	R5 500	R4 500	R4 500	R3 500	R3 500	R27 000

**10KM OPEN**

	10KM OPEN			10KM AGE CATEGORY							TOTAL
	M	F	TOTAL	CATEGORY	1 <sup>ST</sup> M	1 <sup>ST</sup> F	2 <sup>ND</sup> M	2 <sup>ND</sup> F	3 <sup>RD</sup> M	3 <sup>RD</sup> F	
1	R 3 500	R3 500	R7 000	JUNIOR	R1 000	R1 000	R900	R900	R800	R800	R5 400
2	R2 000	R2 000	R4 000	35-39	R1 000	R1 000	R800	R800	R700	R700	R5 000
3	R1 500	R1 500	R3 000	40-49	R800	R800	R700	R700	R500	R500	R4 000
4	R1 200	R1 200	R1 400	50-59	R700	R700	R600	R600	R500	R500	R3 600
5	R1 000	R1 000	R2 000	60+	R700	R700	R600	R600	R500	R500	R3 600
	R9 200	R9 200	R18 400	TOTAL	R4 200	R4 200	R3 600	R3 600	R3 000	R3 000	R21 600

**5KM**

CAT	1 <sup>ST</sup>	2 <sup>ND</sup>	3 <sup>RD</sup>	4 <sup>th</sup>	5 <sup>th</sup>	TOTAL	CAT	1 <sup>ST</sup>	2 <sup>ND</sup>	3 <sup>RD</sup>	4 <sup>th</sup>	5 <sup>th</sup>	TOTAL
B 10-11 yrs	R350	R250	R200	R150	R100	R1050	B 12-13yrs	R500	R400	R300	R250	R200	R1 650
G10-11 yrs	R350	R250	R200	R150	R100	R1050	G 12-13yrs	R500	R400	R300	R250	R200	R1 650
TOTAL	R700	R500	R400	R300	R100	R2100	TOTAL	R1 000	R800	R600	R500	R400	R3 300

**TOTAL PRIZE MONIES**

Marathon	R70 000
Half Marathon	R56 000
10km	R40 000
5km	R5 400
Grand Total	R185 800