

Jan L. Jordaan

Jan L. Jordaan Inc. Attorneys

BNAC NIGHT RACE



25 OCTOBER 2023
5KM & 10KM | 19h00

*click here
to enter
online*
www.entryninja.com



BENONI NORTHERNS SPORTS CLUB

CNR O'REILLY & BRODIGAN STREET
NORTHMEAD, BENONI

ONLINE ENTRIES CLOSE 18 OCTOBER 2023

WWW.BNAC.CO.ZA | RACES@BNAC.CO.ZA | ☎ 066 468 3689

race rules:

1. The race is run in accordance with the rules of ASA and CGA. Athletes indemnify the national, provincial, and regional bodies, sponsors and organisers of the race against all or any actions of whatsoever nature, whatever same arise out of their participation in the race.
2. Registered athletes must be a member of a club affiliated with ASA.
3. Registered athletes must wear their club colours and 2023 license numbers must be worn (front & back).
4. Non-registered athletes participating in the 10km must wear a temporary license. Temporary licenses can be purchased during the entry process at an additional cost of R60. Temporary licenses are not necessary for 5km runners.
5. Foreign athletes are not allowed to run with an ASA Provincial licence and are required to purchase a temporary licence or face disqualification. (Refer to IAAF Rule 4.)
6. Foreign athletes are not allowed to run in club colours unless such a club exists in their country of origin or they are in possession of a refugee status permit or are naturalised and must produce a race number for approval.
7. Members of school teams must run in their school kit.
8. Minimum ages: 10km = 14 years. No age restriction for the 5km. Children under 14 years old must be accompanied by an adult.
9. Numeric age category ID tags are to be worn on the back and front of the vest and clearly visible to be eligible for a prize. Proof of age may be requested on race day.
10. No ear-plugged devices allowed during the race (excluding hearing aids) in contravention of IAAF Rule 144.2b that may lead to disqualification.
11. Athletes are only eligible for prizes in the race they entered.
12. Prizes will only be awarded to athletes who fill in ALL their details on their entries (online and manual). International athletes must provide a clearance letter from their country of origin to the referee in the event of winning a prize.
13. Proof of age for prize winners will be required and to be presented before prize giving. Prizes will be withheld until confirmed.
14. Objections must be lodged within 30 minutes (before or after prize giving) in writing to the chief referee accompanied by R300.00 which is refundable if the appeal is upheld.
15. Regret no wheelchair athletes due to road surface.
16. No seconding allowed.
17. 1, 2, 3 or 4 wheel carts or prams which are mechanically or manually operated by participants can participate ONLY with special permission from the race organisers and traffic authorities.
18. No animals allowed.
19. Online entries close on 18 October 2023.

Late entries will be taken at JAN L JORDAAN INC. ATTORNEYS OFFICES on 23 & 24 OCTOBER 2023 from 09:00 to 15:00. AND ON race day from 09h00 at Benoni Northern Sports Grounds

NO REFUNDS in the event that the race is cancelled or a runner is unable to participate.

entry fee:
5km – R100
10km – R150
Temporary License Fee R60

late entries:
5km – R130
10km – R200
Temporary License Fee R60

prize money:

Prize Giving will take place at 20h30.
10km 1st place male and female R600
10km 2nd place male and female R300
10km 3rd place male and female R200

prizes for schools:

School with the most online entries in the fun run.
School with the first 10 athletes finishing the 10km.

Main Sponsor:

Jan L. Jordaan
Jan L. Jordaan Inc. Attorneys

Timing By:



This is a CGA approved race:



CENTRAL GAUTENG ATHLETICS