

GERMISTON CALLIES PRESENTS

FRED MORRISON

10KM & 21KM RACES

**15 OCTOBER
2023 06:30**

**GERMISTON STADIUM
Delville Rd North, Germiston
GPS S26 13 38.2 E28 10 23.2**

ONLINE PRE-ENTRY ONLY

AT PEAKTIMING.CO.ZA

FREE MUG TO FIRST 500 ENTRIES

PRE-ENTRY ONLINE UNTIL 8 OCTOBER 2023
10km R140 / GM R90 21km R180 / GM R100

LATE ONLINE ENTRIES (9 - 14 OCTOBER 2023)
10km R180 / GM R90 21km R200 / GM R100
Entries will be sold on Saturday 14 October 2023
between 09h00 and 13h00, AS LATE ENTRIES.

ON RACE DAY LATE ENTRIES (15 OCTOBER 2023 FROM 05h00)
10km R180 / GM R90 21km R200 / GM R100
NO RESULTS WILL BE ISSUED FOR THESE ENTRIES.

TEMP LICENSES
10km R60 21km R70

BLIND RUNNERS AND GREAT GRAND MASTER ARE FREE.

Race numbers may be collected at Callies Offices, Germiston Stadium on Saturday, 14 October 2023, between 9am and 1pm. Alternatively on the day of the race from 5:30am at the kiosk. Cut off time for both races is 10am, no exceptions. The marathon was changed to a half marathon. Rules and regulations must be followed by all runners and walkers. These will be enforced by marshals and traffic officials for everyone's safety.

This race honours Fred Morrison known as "The Father of Callies" and also a top runner and a contemporary of Wally Hayward and Jackie Mekler. He was chairman of Callies for many years.

This is a CGA approved race



RACE RULES:

1. Run in accordance with ASA and CGA rules.
2. No seconding allowed - ample water points available.
3. Registered athletes must be a member of a club affiliated to ASA and wear club colours with both their provincial 2023 licence numbers and the issued race number on the front of their running vest.
4. Unlicensed runners must purchase a temporary licence. Temporary licensed athletes must wear plain clothing together with the temporary licence on their back and the issued race number on the front of the vest.
5. Athletes indemnify National, Provincial, Regional bodies, organisers and sponsors against all or any actions of whatever nature arising out of their participation in the race.
6. Numeric age category ID tags (including juniors) must be worn (front and back) and be clearly visible. Proof of age for prizewinners will be required and to be presented to referees before prize giving. Prizes will be withheld until confirmed.
7. Athletes must be 16 years old on race day (15 October 2023) to enter the 21km race.
8. Athletes must be 15 years old on race day (15 October 2023) to enter the 10km race.
9. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by participants, or wheelchair athletes will be permitted to participate without the special permission of the race organiser and traffic authorities. All such participants MUST start at the back of the field.
10. No pets are allowed to accompany runners.
11. International athletes to provide clearance letter to referees in the event of winning a prize.
12. Temp licensed athletes are eligible for open and category prizes, provided they have the age category tags clearly visible front and back.
13. Athletes are only eligible for prizes if ALL information is filled in clearly on the race number tear off.
14. No iPods, headphones or portable radios are allowed.
15. Athletes participate at their own risk.
16. Entries are not refundable.
17. Objections to be lodged within 30 minutes (before or after prize giving) in writing accompanied by R300 which is refundable if appeal is upheld.
18. No littering beyond marked points at water points. Carry any litter to next water point. Do your part to care for the environment.
19. Marshals and traffic officers to be obeyed at all times.

PRIZES

Open Men & Women
Men & Women 40 - 49
Men & Women 50 - 59
Men & Women 60+
Men & Women Junior

10KM

1st	2nd	3rd
R750	R500	R300
R200	R100	R50
R100		
R100		
R100		

PRIZE GIVING @ 09H00

21KM

1st	2nd	3rd
R1000	R600	R400
R400	R200	R100
R150		
R150		
R150		

PRIZE GIVING @ 10H00

10 X SPOT PRIZES FOR EACH RACE WILL BE AWARDED. MEDALS TO ALL FINISHERS.

PARKING & TOG BAGS

Callies parking marshalls and car guards will be clearly identifiable. Please adhere to their guidance to ensure a smooth flow of traffic. Please park in designated areas only.

PLEASE NOTE: Whilst every care is taken to keep the tog bag area safe and protected, Germiston Callies cannot and will not be held liable for any losses, damage or theft of any nature whatsoever.

ENQUIRIES: Brian Machill 0837005977 email: gch@germistoncallies.co.za