

RULES AND REGULATIONS

Held under the rules of ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The Race Referee's decision is final. The Race Organizer reserve the right to accept / reject any entry received.			
Club Colours: Athletes must participate in their correct club colours and display the ASA 2019 license numbers on the <u>front and back</u> of the vest. All other runners must display temporary number on <u>front</u> of vest. No advertising allowed.			
Cut-off time: 21.1km = 3 hrs			
Distance markers: Will be placed at every kilometre.			
Foreigners: All foreign athletes must comply with IAAF rule 142 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting them to participate on race day.			
Proof of Age: Athletes must give proof of their age at the request of the Race Referee. (SA ID/Passport/Drivers License/Refugee permit/Birth Certificate since 1994)			
Race numbers: As provided by organisers. Front and/or back. Placed over permanent or temp no./s in manner that ASA License Sponsor and ASA Province / Year is visible above the race number. (ASA Rule 26.1.6)			
Refreshment Tables: Drinking / Sponging stations shall be provided at 3km intervals (Min 2.5km – Max 3.5km apart), or more frequently if weather conditions warrant such provision. Water and other suitable refreshments shall be available at the start and finish of all races.			
Road: Athletes must stay on the right hand side of the road at all times, unless instructed differently by the marshals and Traffic Officers.			
Safety Rule (ALL DISTANCES): No Earphones (ASA Rule 34.10.6), Animals (ASA Rule 34.10.1), Racers (ASA Rule 34.10.3), or Wheelchairs (ASA Rule 34.10.4) allowed.			
Seconding: No seconding from cyclists or private vehicles will be allowed on the route. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2)			
Age Tags: Participants will be eligible for prizes in the <u>OPEN</u> category and the age category for which they have entered provided the relevant <u>OFFICIAL ASWD</u> age category tag or junior tags is displayed front and back. Participants may enter the age category corresponding to their chronological age or any younger category down to SENIOR. (Red age tags/white background (ASA Rule 22.9)			
Race	Entry Fee	Temp Lic Fee	Minimum Age
Fun Run	R10.00	None	9 years
21.1km	R65.00	R35.00	16 years



NELSON MANDELA
UNIVERSITY

PRESENTS

MADIBAZ George Half Marathon

Date: 2 November 2019

Time: 08h00 – 21.1km
08h30 – 5km Fun Run

Venue: Nelson Mandela University
George Campus
Rugby Stadium

HELD UNDER THE RULES OF ASA AND ASWD



This event is timed by IPICO timing chip.
NO CHIP NO TIME



INFORMATION

Registration and late entries: : 1) Enter Online: www.aswd.co.za. (R10 added to Online fees) 2) Pre-Entries can also be completed at Top Gear Sport, Sport Centre and ASWD office.3) Closing date for pre-entries: Wednesday, 30 October 2019 @ 12h00.4) Late Entries on race day from 06h45-07h20 Late Entrants will pay R20 premium on advertised Fee ONLY.																												
ASWD Licensed athlete take note: Forget your IPICO chip – you will have to pay R20 to loan one for the race. Lost your chip – you will have to pay R75 for a replacement chip.																												
Start: Nelson Mandela University George Campus Rugby Stadium: 21.1km @ 08h00 / 5km Fun Run @ 08h30																												
Finish: Nelson Mandela University George Campus Rugby Stadium																												
Ablution: Available at Venue.																												
First Aid: Along the route and at the finish.																												
Medals: Medals to all 21.1km finishers who complete the race within the cut-off time.																												
Prize giving: Nelson Mandela University George Campus @11h15. Athletes are responsible to collect their own prize money or make a written arrangement with the Event Organizer. Failing which prize money is forfeited. (ASA Rule 2.10)																												
Prize Money: Equal prize money for male and female athletes. No prize money to walkers.																												
21.1km																												
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;"></td> <td style="width: 15%;">OPEN</td> <td style="width: 15%;">40 – 49</td> <td style="width: 15%;">50 – 59</td> <td style="width: 15%;">60 – 69</td> <td style="width: 15%;">70 +</td> <td style="width: 15%;">JUNIORS</td> </tr> <tr> <td>1st</td> <td>R 300</td> <td>R 100</td> <td>R 100</td> <td>R 100</td> <td>R 100</td> <td>R 100</td> </tr> <tr> <td>2nd</td> <td>R 150</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>3rd</td> <td>R 100</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </table>		OPEN	40 – 49	50 – 59	60 – 69	70 +	JUNIORS	1st	R 300	R 100	R 100	R 100	R 100	R 100	2nd	R 150						3rd	R 100					
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First Nelson Mandela University George campus Athlete (Male & Female) : R100																												
Route: Undulating gravel and tar road through forest.																												
Welcome Walkers, but no official times.																												
Enquiries: Hugo Loubser 044 801 5037(w) / 082 575 1826(cell)																												

RACE TIMING: An IPICO timing chip will be made available, on a loan basis, to all participants apart from ASWD licensed athletes who are to use their current personalised chips. The chip is to be worn on your shoe for the duration of the event. The loan chips are to be handed back at the end of the race in exchange for a medal. Participants will be held responsible for lost or damaged chips or those not handed back as required. It remains your responsibility to return the chip to the race organizer even in the event of not completing the race

ENTRY FORM

ADMIN USE
CHIP NO
TEMP NO

SURNAME					
FIRST NAME					
PROVINCE			LIC NO 2019		
DATE OF BIRTH	D	d	m	M	yyyy
AGE					
MALE			RUNNER		
FEMALE			WALKER		
CLUB					
ADDRESS					
CELLPHONE NR					
ID / BC / PP / DL No.					
EMAIL ADDRESS					
EMERGENCY Contact / Cell					
PARTICIPATION AGE CATEGORY: JUNIOR / OPEN / 40 – 49 / 50 - 59 / 60-69 / 70+					
Race	Entry Fee	Temp Lic Fee	TOTAL		
Fun Run	R 10.00	None			
21.1km	R65.00	R35.00			

INDEMNITY / DISCLAIMER By entering this event I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, **and do not claim ignorance of these risks and dangers.** I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity;

Minor Release: and I the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/waiver on behalf of the minor.

Printed name of participant (parent/guardian in the case of a minor).....

Phone:..... Signature:..... Date:.....