

First 200 entries will receive a T-shirt(10km & 21km)

Entries may be done online at www.entrytime.co.za
(Closing date: 02 October 2023) or email your entry with
proof of payment to admin@sasolmarathonclub.co.za



**SKHOSI LIFESTYLE & SIMUNYE SERVICE STATION
PRESENTS EMBALENHLE 2-IN-1 CHALLENGE
21,1KM, 10KM & FUN RUN**

Hosted By:
Sasol
Marathon Club
Date: 07 October 2023
Race Start Time: 06:00
Fun Run 06:10
Venue:
Skhosi Lifestyle Centre
(eMbalenhle)
Registration on race day
from 04:00
at the venue

Medals &
Prizes
All Finishers
will receive
medals!!

First name:..... Initials:.....Surname:.....

Age:.....ID No.:.....Gender:.....

Club(In Full):.....Email:.....

Contact No.:.....Licence No.:.....

Category (Tick Appropriate Box)
Jnr. OPEN 40 50 60 70 W

I indemnify any of the national, provincial regional & local bodies,
sponsors & organizers of the race against any claims/ actions of whatsoever
nature might be arising out of my participation in the race.

Competitors Signature.....

Race Entered (Circle Appropriate): Fun Run R40: 10KM R80: 21.1KM 120: Temp License R40

T-Shirt Size -

**Banking Details: ABSA Bank Account Name: Sasol Marathon Club
Account Number: 151027231I.** And enclose a copy of deposit slip
with email entry form. Reference: Initials & Surname. Entries
will only be processed once confirmation of payment has been received.

Signature.....

- Race Rules:**
- Obey all traffic rules and race marshals
 - Referees decision is final
 - No seconding is allowed
 - All participants participate at their own risk
 - All participants must wear a valid 2023 license on the back and front. Unlicensed runners must buy a temporary license to be worn on the front.
 - Race will take place under the rules of ASA AMPU and WA. All participants to wear club colors or plain running gear if participating with temporary licence.
 - Official Age Category tags to be worn on front and back. Positive identification required for all category winners.
 - Minimum Age for 21.1KM (16 Years) 10 KM (14 Years)
 - Referees decisions are final
 - No iPods or other listening devices permitted
 - No pets allowed
 - Regrettably, no wheelchairs or prams allowed (Course unsuitable)
 - No blades, cyclists or mechanically operated devices
 - No littering allowed, use waste recycle bins provided.
 - Medical support will be available on race day

Prize Money

21.1KM (Women & Men)
1st Open R1000: 2nd Open R750: 3rd Open R500
4th Open R300: 5th Open R200

1st 40+ R500: 2nd 40+ R300
1st 50+ R400: 2nd 50+ R250
1st 60+ R300: 1st 70+ R200

1st Junior R750: 2nd Junior R500
3rd Junior R350

1st Walker R200

10KM (Women & Men)
1st Open R500: 2nd Open R400: 3rd Open R300
4th Open R250: 5th Open R200

1st 40+ R400: 2nd 40+ R200
1st 50+ R300: 2nd 50+ R200
1st 60+ R250: 1st 70+ R200

1st Junior R500: 2nd Junior R400
3rd Junior R300: 4th Junior R250
5th Junior R200

1st Walker R200

(Skhosi Lifestyle Centre)
eMbalenhle

Entry Fees:
21.1KM - R120 | 10 KM - R80
Fun Run - R40

Cut-Off Times
10KM - 2h:00 @ 08:00
21.1KM - 3h:30 @ 09:30

Temp Licences: R40

**No Temp licences for
4.9KM or Fun Run**

Contact Details: Abednego Sibanyoni 082 332 9448 | July Mavuso 082 806 1352