



**QUALIFIER**

*"An ideal event that offers the elite, active and recreational runners or walkers a unique race experience"*

**START**



**RAND WATER  
VAAL RIVER CITY  
MARATHON**

Hosted by Arcelor Mittal Athletics Club  
in conjunction with Vaal River City Marathon NPC

**2023**

**3RD SEPTEMBER**

**Isak Steyl Stadium , Vanderbijlpark, Vaal  
42.2KM 21.1KM 10KM & 5KM FUN RUN**



## PRIZES

42.2  
KM

### Open

1St - R10 000 | 2nd - R5 000 | 3rd - R2500  
4th - R 1 000 | 5th - R500

### Veteran

1St - R3 000 | 2nd - R2 000 | 3rd - R1 000

### Master

1St - R1 000 | 2nd - R750 | 3rd - R500

### Grand Master

1St - R750 | 2nd R500

NB - 1st AVT runner = R5 000  
For 42.2 km only

21.2  
KM

### Junior

1St - R300 | 2nd - R250

### Open

1St - R5 000 | 2nd - R2 500 | 3rd - R500

### Veteran

1St - R1 500 | 2nd - R1 000 | 3rd - R500

### Master

1St - R500 | 2nd - R250

### Grand Master

1St - R350 | 2nd - R250

10  
KM

### Junior

1St - R250 | 2nd - R200

### Open

1St - R500 | 2nd - R300 | 3rd - R200

### Veteran

1St - R300 | 2nd - R250

### Master

1St - R250 | 2nd R200

### Grand Master

1St - R200

## ENTRIES

### Pre Entries

Online entries at [www.peaktiming.co.za](http://www.peaktiming.co.za) from 30 March 2023 till 30 July 2023. There will only be online entries for this event.

The last date for the number collection will be 2 September 2023.

**Late entries will only be taken on 2 September 2023 and only at the Sportsmans Warehouse, The Palms, Vanderbijlpark.**

**NO number collection on race day and NO entries sold on raceday!!**

### Race Number Collection Points:

30 August 2023 : Sportsmans Warehouse, Centurion Value World, Centurion

31 August 2023: Sportsmans Warehouse, East Rand Value Mall, Boksburg

01 September 2023: Sportsmans Warehouse, The Glen, Johannesburg

02 September 2023: Sportsmans Warehouse, The Palms, Vanderbijlpark

## TIMING AND RESULTS

The race distances for the 3 main distances have been measured, certified and approved by the IAAF.

Timing will be MAT to MAT for 42.2km and 21.1km (start line to finish line). There will be a 15 min start window for the 42.2km & 21.1km runners. GUN to MAT on 10km. Additional timing mats will be placed on the course to verify times. Participants must cross ALL mats (start line, on route & finish line) to record official times, failure to do so could result in no official record or disqualification.

Start window for the 42.2km & 21.1 km will be from 6:00am - 6:15am.

### RACE INFORMATION

42.2 Km - Start time: 06h00

Cut off time - 12h00 (6 Hours)

Minimum age - 20 Years

21.1 Km - Start time: 06h00

Minimum Age - 16 Years

10 Km - Start time: 06h15

Minimum Age - 14 Years

Prize Giving - For each distance after the category winners are in and the results verified.

5 Km - Start time: 06h30

### ENTRY FEES

42.2 Km - R290

42.2 Km with temp licence - R350

21.1 Km - R240

21.1 Km with temp licence - R300

10 Km - R190

10 km with temp licence - R250

5 km - R100

Temporary licences R60

\*\*Grand masters - R100

For all distances!!\*\*  
(with temporary licence R160)

## ADDITIONAL INFORMATION

Wheelchair athletes are welcome in all events but must comply with all the rules. The use of a suitable helmet is compulsory. Please be aware of pot holes along route. Only 1 pavement to mount.

Blind runners welcome, enter on the day directly with the organizers. Walkers welcome in the 5km, 10km and 21.1km races.

CAR GUARDS WILL BE IN ATTENDANCE - PLEASE ACKNOWLEDGE THEIR SERVICES. RACE ORGANIZERS AND SPONSORS DO NOT ACCEPT LIABILITY FOR ANY DAMAGE OR LOSSES INCURRED ON THE DAY.

No refunds on entry fees paid.

Disclaimer: All the information listed on this site should be used as a guide, and could change at any time without warning.

**Athletes can run the 42.2km race with a temporary licence, but the time can not be used as a qualifier for the Comrades or Two Oceans Marathon.**

## RULES

- 1.The race is run in accordance with the rules of ASA and AVT. Registered athletes must be members of a club affiliated to ASA , wear official club colours and wear two 2023 licence numbers, one on the front and one the back of the vest. Numbers may not be altered.
- 2.Race numbers for the 42.2km, 21.1km and 10km to be worn on front of vest. 5km runners must display their race tags. Runners found on route without official numbers or tabs will be removed from the route. Runners must not cover the sponsor logo.
- 3.Non registered athletes running the 42.2km, 21.1 and 10km races must purchase temporary licences, wear plain clothing and pin licence number only on the back of their vest.
- 4.Ensure you purchase the correct colour number for the distance you are running.
- 5.The race committee reserves the right to accept or reject any entry.
- 6.Proof of age to be produced on request ( birth certificate or ID documents)
- 7.Athletes competing for a category prize must wear numerical ID tags.
- 8.The athlete may, in writing to the Organiser of the event empower a third party e.g. Athlete Representative, Club Captain etc., to receive the prize or prize money; on condition that the athletes abdicates his/her right to appeal to ASA should the athlete experience difficulty in recovering the prize money from the nominated third part, or any party other that the Organizer of the event. Athletes winning prizes/medals must be present during the award ceremony. Any athlete who is not present during the medal ceremony will forfeit his/her prize money. Prize winners will be call by the public announcer to assemble before the ceremony to speed up the process.
- 9.The open category rule will apply. The competition takes place according to age categories, in addition to OPEN category. Athlete will participate and only be eligible for the prizes in the category that they entered for, provided they display the relevant official numerical age category tags front and back on their vest. Any athlete may thus qualify for a maximum of two individual prizes ( one in the open category and a second in the age category entered for)
- 10.NO SECONDING will be permitted on any part of the race route. Any runner who is seconded is liable for disqualification.
- 11.NO advertising of any form may be worn by competitors unless sanctioned by the official sponsors.
- 12.Failure to obey rules, referees, traffic marshals or any race official could result in disqualification.
- 13.There will be no officials, traffic officers, marshals or refreshment stations workers in attendance on the route after 12H00.
- 14.Distance boards will be placed at regular kilometre intervals.
- 15.There will be a tog bag area at the start and this facility is to be used by athletes at own risk.
- 16.All athletes compete at their own risk. Athletes indemnify National, Provincial and Regional bodies, sponsors and organizers of the race against all or any actions whatsoever nature whatsoever nature whatever, that may arise due to participation in the event.
- 17.Licence number may only be worn on running top and not on shorts, and must be clearly displayed.
- 18.The 42.2km, 21.1km, and 10km races are timed by Peak Timing.
- 19.ASA rule prohibits athletes from intentional littering and if found guilty could be disqualified.
- 20.Please note, should there be official race photographers on the day, entry information will be shared with the race photographers for them to alert you when your race pictures are available. Entrants agree that photographs taken by the official race photographer on event day can be used for promotional purposes by the event and/or the event sponsors.



[www.vrcm.co.za](http://www.vrcm.co.za)

ENQUIRIES

RACE OFFICE: 061 921 1005

E-Mail: [info@vaalrivercitymarathon.co.za](mailto:info@vaalrivercitymarathon.co.za)

[www.peaktiming.co.za](http://www.peaktiming.co.za)

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ENTER ONLINE

