



HARTENBOS

On 7 Kompanje & Raap De Goede Hoop Ave, Hartenbos,
 Hartenbos
 0446951530 hartenbos1@retail.spar.co.za
 Mon-Fri: 07h00 - 20h00 Saturday: 07h00 - 20h00
 Sunday: 08h00 - 19h00 Public Holidays: 07h00 - 20h00
 Note: Christmas Day Closed

ONLINE ENTRIES

Distance	Fun Run, 15km	Cost	Fun run is R30.00 ASA License number not necessary
Cost	15km = R90 for athletes with ASA License	Cost	15km = R135 for athletes with No ASA License
Where	www.aswd.co.za	Close date	2 Oct 2023 @ 23h59

Entries

Distance	Fun Run, 15km	Cost	Fun run is R30.00 ASA License number not necessary
Cost	15km = R80 for athletes with ASA License	Cost	15km = R125 for athletes with No ASA License
Where	ASWD office or at Hartenbos Drawers Club	Close date	3 Oct 2023 @ 19h00

Entries on 6 Oct 2023

Where	6 Oct 23 at the Hartenbos library form 16h00 and 18h00	Cost	Fun run is R30.00 ASA License number not necessary
Cost	15km = R100 for athletes with ASA License	Cost	15km = R145 for athletes with No ASA License

NO ENTRY ON RACE DAY - ONLY COLLECTION OF TEMP LICENSE NUMBERS AND TIMING CHIPS

General information

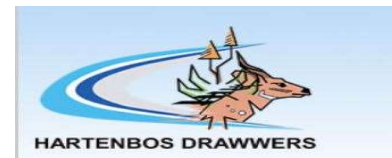
Start	15km start at 07h00 at the Hartenbos Library		
Finish	Fun run start at 07h15 at the Hartenbos Library		
Waterpoint	All the events will finish in front of the Hartenbos Library		
Medals	Waterpoints will be on the 3,5km, 7km, 10km, 12,5km and at the finish line.		
	15km all who complete the race in 2h30hours.		
	Fun run all who complete the fun run in 1h30		
Information	Petro 072 259 6759	Johan Viljoen	082 940 8830
	Ferdie 083 294 2640	Louise Vorster	083 291 6859

4KM FUN RUN/FUN WALK - 07H15

15KM RUN/WALK - 07H00



The Race is held under the rules of ASA and ASWD



HARTENBOS SPAR



HARTENBOS DRAWERS

**2023/10/07
15km**