

Trail Run with Heart



5km



10km



21km



-  **START**
-  **FINISH**
-  **WATER POINT**



RUNNING FOR OUR COMMUNITIES



GARMIN



Brought to you by
more
Community Foundation
Communities & Conservation

Trail Run with Heart



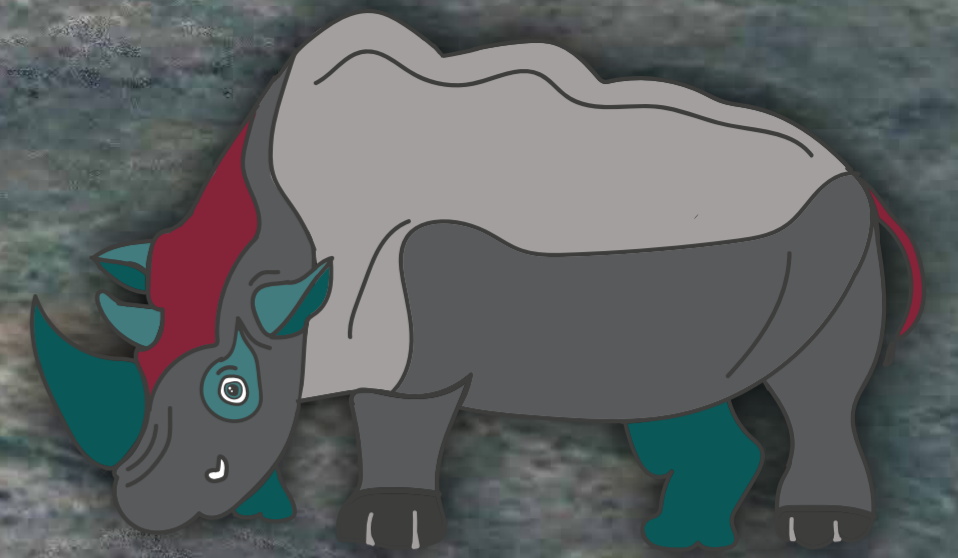
GARMIN

MOPANI
PHARMACY

Brought to you by

more

Community Foundation
Communities & Conservation



5km



START



FINISH



WATER POINT

2.5km

ELEVATIONS

START
411m

441m

FINISH
411m

• Elevation Gain - 74m



RUNNING FOR OUR
COMMUNITIES

Trail Run with Heart



GARMIN

MOPANI
PHARMACY

Brought to you by
more
Community Foundation
Communities & Conservation



10km

- START
- FINISH
- WATER POINT

2.5km

5.6km

8km

ELEVATIONS



• Elevation Gain - 131m



RUNNING FOR OUR
COMMUNITIES

Trail Run with Heart



GARMIN®

MOPANI
PHARMACY

Brought to you by
more
Community Foundation
Communities & Conservation



21km

4.6km

7.2km

10km

14.05km

2.5km

16.5km

- START
- FINISH
- WATER POINT

ELEVATIONS

441m
START
411m

FINISH
411m

• Elevation Gain - 295m



**RUNNING FOR OUR
COMMUNITIES**