







### The Merewent 15km Run/Walk

Sunday
20 August 2023
Starts @ 6.30am
@ Dinapur Road - Merebank

Registration on Saturday from 10.00am to 16.00pm & On Sunday from 5.00am

# Entry Fee R80 Temp license R70

PRIZE MONEY												
	OPEN			IUNIORS		SENIORS	WALKERS					
	MALE	FEMALE		W 16		MALE	FEMALE					
1 <sup>st</sup>	R750	R750	1 <sup>st</sup>	R200	1 <sup>st</sup>	40-49	R200	1 <sup>st</sup>	R200			
2 <sup>nd</sup>	R500	R500	A Park	Tis.	1 <sup>st</sup>	50-59	R200	2 <sup>nd</sup>	R150			
3 <sup>rd</sup>	R300	R300	MAR		1 <sup>st</sup>	60-69	R200	3 <sup>rd</sup>	R100			
			MA		1 <sup>st</sup>	70+	R200					

40 Years
Commerative
Medal to all
Finishers

Enquiries: Lenny Govender 083 659 2537 Neville Moodley 072 141 5045









## The Merewent 15km Run/Walk

PERSONAL DETAILS	FIRST NAME																
	SURNAME																
	DATE OF BIRTH								AC	GE .		GEI	NDER	М	ı	F	
	ID NUMBER											ii.					
RUNNING DETAILS	CLUB NAME										A S						
	LICENCE NUMBER		6		·	A	/ 10	F	PROV	INCE							
CONTACT DETAILS	E-MAIL				Y		100	-	L	-							
	CELL NO											1					
EVENT DETAILS	ENTRY FEE	R							TEM	P LICENC	E R						
1	TOTAL		<u> </u>								7		_				
INDEMNITY	I am medically fit to sponsors will not be with the rules of the this event. If I am co Policy.	held re	sponsi Athlet	ble fo	or any thleti	loss o	or injur ith Afri	y dur ca an	ing o	r as a resi aZulu-Na	ult of the	e ever	nt. I agi or my p	ee to	com ipatio	ply n in	
1	SIGNATURE		1		5			1	1	DATE			19				

#### GENERAL RACE INFORMATION

- 1. Min entrance age is 14 years old ASA rule 22.10
- 2. All licensed runners are required to display 2023 license numbers on the front and back of your vest/crop top with race numbers on the front ASA Rule 25.4.8.
- 3. Club colors must be worn by licensed athletes.
- 4. New ASA/KZNA age category tags (60mm-80mm) must be worn on the front and back of vest/crop top and must be clearly visible to claim prizes.
- 5. Traffic Officers, Race officials and Marshalls must be obeyed at all times.
- 6. The race will be run subjected to the rules of WA, ASA and Kwa-Zulu Natal Athletics.
- 7. Foreign Athletes must abide by WA Rule 4.2, 22.1 & 142 & ASA rule 9.
- 8. Proof of age must be provided if entrant qualifies for a prize category ASA Rule 2.14 and 5.14.
- 9. No Personal Seconding.
- 10. ASA Rule 25.6.15 All entrants participate at own risk. Organizers and sponsors will not be held responsible for any loss or injury during or as a result of the race, property lost or damaged on the course or on the premises. Temporary licensed athletes are not covered by ASA Insurance Policy.
- 11. All unlicensed entrants require a temporary license at R70 which must be worn on the back of the vest/crop-top and the race number must be on the front.
- 12. Unlicensed entrants to wear plain color vests/crop tops with no advertising.
- 13. Litter Zones will be enforced at all Water Tables as per ASA Rule 28. There will be 3 water tables with Water and Coke.
- 14.ASA Rule 34.10.6 For safety reasons the use of personal music players or other devices with headphones is not allowed. Any person may be disqualified without warning

#### RACE NUMBER COLLECTION

15. Race number collection day, Saturday 19th August 2023. @ Dhubri Road Grounds between 10:00 - 16:00 pm AND Sunday, 20th August 2023 @ 5.00 am

### IMPORTANT INFORMATION

- 1. Race will start at 6.30am sharp
- 2. Race will finish at Dhubri Road grounds, cut of time 9.30am