

# Beaufort West Marathon

## 42.2km

21.1km, 10 km

Presented by

### BEAUFORT WEST RUNNERS CLUB



**SATURDAY, 29<sup>th</sup> JULY 2023**

Supported by



HELD UNDER THE RULES OF ASWD, ASA AND WA



This event is timed by IPICO chip. NO CHIP NO TIME

#### INFORMATION

Registration & Pre- Entries: Online entries at [www.aswd.co.za](http://www.aswd.co.za) until 25<sup>th</sup> July 2023 at 23H59.

Please note: (Additional R10 to online entries)

Registration & late entries:

Rustdene Stadium on Friday 28<sup>th</sup> July 2023 between 17:00 to 20:30. **ALL UNLICENSED RUNNERS & non SWD runners MUST register**

Late entries will be taken on Friday and will attract a R20 premium to advertised rates.

**NO ENTRIES ON RACE DAY**

Start:

The 42.2km (06:30), 21.1km (06:45) and 10km (07:00) will start from Beaufort West Rustdene Stadium.

**Ablution:** Toilets are available at the Start/Finish

**First Aid:** Available

**Medals:** Medals to all finishers within the cut-off time.

Prize Giving : at 11H30. Athletes are responsible to collect their own prize money or make an alternative written arrangement with the Event Organizer. Failing which prize money is forfeited. (ASA Rule 2.10)

Position	42.2kms		21.1kms		10kms	
	Male	Female	Male	Female	Male	Female
1	750	750	500	500	250	250
2	400	400	250	250	200	200
3	250	250	150	150	100	100
Junior	200	200	150	150	100	100
40-49	200	200	150	150	100	100
50-59	200	200	150	150	100	100
60-69	200	200	150	150	100	100
70-79	200	200	150	150	100	100
80+	200	200	150	150	100	100
Walker			150	150	100	100

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**RACE TIMING:** An IPICO timing chip will be made available, on a loan basis, to all participants apart from ASWD licensed athletes who are to use their current personalised chips. The chip is to be worn on your shoe for the duration of the event. The loan chip is to be handed back at the end of the race in exchange for a medal. Participants will be held responsible for lost or damaged chips or those not handed back as required. It remains your responsibility to return the chip to the race organizer even in the event of not completing the race.

ASWD Licensed athlete take note: Forget your IPICO chip - you will have to pay R20 to loan one for the race. Lost your chip - you will have to pay R75 for a replacement chip.

ENTRY FORM							
ADMIN USE							
CHIP NO.							
TEMP NO.							
SURNAME							
FIRST NAME							
PROVINCE				LIC NO. 2023			
DATE OF BIRTH		D	D	M	M	YYYY	AGE
MALE				RUNNER			
FEMALE				WALKER			
CLUB							
ADDRESS							
CELLPHONE NR.							
ID / BC / PR NUMBER							
E-MAIL ADDRESS							
EMERGENCY CONTACT NR./CELL							
PARTICIPATION AGE CATEGORY							
JUNIOR / OPEN / 40 - 49 / 50 - 59/ 60 - 69/ 70 - 79/80+							
Race		Entry Fee		Temp Lic Fee		Total	
42.2km		R110.00		R40			
10 km		R65.00		R40			
21.1km		R85.00		R40			
<b>INDEMNITY / DISCLAIMER</b>							
By entering this event I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organizers of the event, all sponsors, persons and organizations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre- and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity;							
<b>Minor Release:</b> and I the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/waiver on behalf of the minor.							
Datum / Date				Handtekening /			
Parent / Voog				Signature			
If under the age of 18							

## RULES AND REGULATIONS

Held under the rules ASA and ASWD. All competitors must comply with the rules, regulations and instructions given by officials, marshals and traffic officials. Non-compliance may lead to disqualification. The race Referee's decision is final. The Race organizer reserves the right to accept / reject any entry received.

**Club Colours:** Athletes must participate in their correct club colours and display the ASA 2023 license numbers on the Front and back of the vest. All other runners must display a temporary number on Front of vest. No advertising allowed.

**Cut-off time:** 42.2km = 6hrs , 10km=2hrs & 21.1km =3hrs(Run)

**Distance markers:** Will be placed at every kilometre.

**Foreigners:** All foreign athletes must comply with WA rule 142 and 4.2. Foreign athletes must be able to produce a letter from their respective federation permitting them to participate on any race day.

**Proof of Age:** Athletes must give proof of their age at the request of the Race Referee (SA ID/Passport/ Birth certificate / Permanent Residence Permit).

**Refreshment tables:** Drinking / Sponging stations shall be provided at 5 km intervals or more frequently if weather conditions warrant such provision. Water and other suitable refreshments shall be available at the start and finish of all races.

**Road:** Athletes must stay on the right hand side of the road at all times, unless instructed differently by the marshals and Traffic Officers.

**Safety Rule (ALL DISTANCES):** No Earphone (ASA Rule 34.10.6), Animals (ASA Rule 34.10.1) or Racers (ASA Rule 34.10.3), or Wheelchairs (ASA Rule 34.10.4) allowed.

**Seconding:** No seconding from cyclist or private vehicles will be allowed on the route. Personal seconding, stand and hand rule will only be permitted within the delineated area at water points. (ASA Rule 34.8.2)

**Age Tags:** Participants will be eligible for prizes in the OPEN category and the age category for which they have entered provided the relevant OFFICIAL ASWD age category tag or junior tags is displayed, visible and above licence number, front and back. Participants may enter the age category corresponding to their chronological age or may younger category down to SENIOR.  
**(Red age tag)**