

# PPC Riebeek Bergmarathon



Saturday, 29 July 2023

Break away and experience a weekend in the picturesque Riebeek Valley only 11/4 hr drive from Cape Town.



**THE CLOSING DATE FOR ENTRY FORMS: MONDAY, 17 JULY 2023**  
NO LATE ENTRIES WILL BE ACCEPTED

<p><b>42,2km</b> Marathon 07h30</p>	<p><b>21,1km</b> Half Marathon 08h00 (Walkers welcome) <b>Boland League Race</b></p>	<p><b>10km</b> Run / Walk 08h30 <b>Boland League Race</b></p>	<p><b>5km</b> Fun Run (run/walk) 08h45</p>
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PLEASE INDICATE WHICH RACE YOU ARE ENTERING BY MARKING THE APPROPRIATE BLOCK (PLEASE ENSURE THAT YOU MARK THE ENTIRE BLOCK)

<p><b>BERGMARATHON - R200 RED NUMBERS</b></p>	<p><b>HALF MARATHON - R140 BLUE NUMBERS</b></p>	<p><b>10km RUN/WALK - R80 GREEN NUMBERS</b></p>
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**PLEASE COMPLETE THE FORM USING BLOCK LETTERS**

ID NUMBER \_\_\_\_\_

FIRST NAMES \_\_\_\_\_ SURNAME \_\_\_\_\_

MOBILE NUMBER \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

MALE  FEMALE  DATE OF BIRTH \_\_\_\_\_ AGE ON RACE DAY \_\_\_\_\_

NO. OF PPC MARATHONS COMPLETED \_\_\_\_\_ PPC MARATHON PERMANENT NO. \_\_\_\_\_

CLUB \_\_\_\_\_ 2023 LICENSE NO. \_\_\_\_\_

WILL YOU BE COLLECTING YOUR RACE NO. AT SPORTMANS' WAREHOUSE (CANAL WALK) ON THURSDAY 27 July 2023 YES  NO

I WANT TO RECEIVE FUTURE COMMUNICATION FROM PPC LTD YES  NO

Your timing chip will be attached to your race number.

**Organised by PPC Ltd and the Swartland Athletics Club | START & FINISH at PPC Riebeek | No late entries will be accepted**

Enter online at [www.peaktiming.co.za](http://www.peaktiming.co.za) & visit [www.ppc.africa](http://www.ppc.africa) for more information

This marathon is a qualifier for the Two Oceans Marathon Run under the rules of Athletics South Africa and Boland Athletics



## PRICE LIST

You will require a 2023 license number and championship to participate in the PPC Riebeeek Bergmarathon. In the table below, please mark the relevant box with an X next to your selection.

	42.2 KM	Mark box with X	21.1 KM	Mark box with X	10 KM	Mark box with X
ENTRY FEE	R200		R140		R80	
TEMPORARY LICENSE - IF NOT IN POSSESSION OF 2023 LICENSE	R70		R50		R40	
	TOTAL		TOTAL		TOTAL	

## RULES AND WAIVER

I agree not to hold the PPC Riebeeek Bergmarathon Committee, PPC Ltd and Swartland Athletics Club or any sponsors, or any persons assisting with the organization or holding of the race, liable for any damage to my property, injury of illness which I may suffer directly or indirectly as a result of participating in the race. Entrants irrevocably consent to PPC Ltd or their assignees using any photographs or film of themselves taken during or after the events, for promoting their products and/or name. I confirm that this Special Assignment is entered into for the benefit of the PPC Riebeeek Bergmarathon, Swartland Athletics Club or any sponsors, or any persons assisting with the organization or holding of the race.

SIGNATURE

DATE

SIGNATURE OF PARENT/GUARDIAN  
(IF UNDER 21)




## AGE CATEGORY TAGS

Must be worn on front and back of shirt or vest to qualify for a category prize

PRIZE MONEY	MARATHON	HALF MARATHON	10 KM	MEDALS
JUNIOR			1 <sup>ST</sup> R400   2 <sup>ND</sup> R200	<b>GOLD</b> - FIRST 10 MEN & WOMEN including category winner <b>SILVER</b> - POSITION 11 - 110 except Gold winners <b>BRONZE</b> - AWARDED TO ALL REMAINING ATHLETES IN EACH RACE who finish within the cut off time <i>Spot prizes up for grabs in each race</i>
OPEN 1	R3000	R1500	R1000	
OPEN 2	R2000	R900	R500	
OPEN 3	R1500	R700	R300	
40+	1 <sup>ST</sup> R450   2 <sup>ND</sup> R350	1 <sup>ST</sup> R400   2 <sup>ND</sup> R300	1 <sup>ST</sup> R300   2 <sup>ND</sup> R250	
50+	1 <sup>ST</sup> R450   2 <sup>ND</sup> R350	1 <sup>ST</sup> R400   2 <sup>ND</sup> R300	1 <sup>ST</sup> R300   2 <sup>ND</sup> R250	
60+	1 <sup>ST</sup> R450   2 <sup>ND</sup> R350	1 <sup>ST</sup> R400   2 <sup>ND</sup> R300	1 <sup>ST</sup> R300   2 <sup>ND</sup> R250	
70+	1 <sup>ST</sup> R450   2 <sup>ND</sup> R350	1 <sup>ST</sup> R400   2 <sup>ND</sup> R300	1 <sup>ST</sup> R300   2 <sup>ND</sup> R250	
1 <sup>ST</sup> SWARTLAND	R400	R400	R400	
1 <sup>ST</sup> PPC PARTICIPANT	R400	R400	R400	
1 <sup>ST</sup> TEAM OF 4	R1000	R800	R600	

## INFORMATION

- STARTING TIME: MARATHON 07h30 | HALF MARATHON 08h00 | 10KM RUN/WALK 08h30 | 5KM FUN RUN/WALK 08h45.
- Number collection at Sportmans Warehouse Canal Walk: From 14h00 - 20h30 on Thursday, 27 July, 2023.
- Number collection at PPC Riebeeek, Riebeeek West: From 16h00 - 20h00 on Friday, 28 July, 2023. From 05h30 - 07h30 on Saturday, 29 July, 2023.
- A race photographer will be available.
- Athletes will not be allowed to switch races or participate using another athlete's official race number after the closing date.
- NO LATE ENTRIES WILL BE ACCEPTED AND NO SUBSTITUTIONS AFTER CLOSING DATE.
- The entry fee is non- refundable.
- All results can be found on [www.peaktiming.co.za](http://www.peaktiming.co.za) as well as on [www.ppc.africa](http://www.ppc.africa)
- The cut-off times are as follows: 42.2km: 5 ½ hours (2 ½ hours at halfway mark) | 21.1km: 4 hours | 10km: 2 ½ hours.
- Contact the TOURISM CENTRE for accommodation in the Riebeeek Valley (022) 448 1545.
- Toilets and showers will be available.
- Prize giving will be held at 10h30 - Fun Run | 11h00 - 10km Race | 11h30 - Half Marathon | 12h30 - Marathon.
- Entrants belonging to a registered ASA club must run in club colours.
- PPC Riebeeek Bergmarathon race number should be displayed on the front of participant's shirt or vest.
- 2023 license or temporary license number should be displayed on the back of participant's shirt or vest.
- Entrants under the age of 16 years may not enter the half marathon.
- Minimum age for the full marathon is 20 years of age.
- No pacing and seconding will be allowed.

## CONTACT DETAILS

### Direct Deposits & EFT:

Riebeeek Bergmarathon. ABSA Bank (632 005), Acc No. 380 700 557

### Enquiries:

Race office contact number: 061 919 1003  
Email: [ppcbrm@ppc.co.za](mailto:ppcbrm@ppc.co.za)

