



UNIWIISP 3-IN-1 URBAN CHALLENGE

HOSTED BY UNIWIISP RUNNING CLUB

MBOMBELA 4th MARCH 2023

21.1km

RACE STARTS AT 06H00

10km

RACE STARTS AT 06H15

5km

RACE STARTS AT 06H30

ENTRY FEES: 21.1km - R200 • 10km - R100 • 5km - R50

Temp Number (10&21.1km) - R40 • T-Shirt R150

All Races Start and Finish at the Nelspruit Rugby Club

MEDALS TO ALL FINISHERS

ENTRIES OPEN ON 1 DEC 2022 & CLOSE ON 20th FEB 2023

MEDALS TO ALL FINISHERS / PRIZE GIVING STARTS AT 09H30

Lucky Draw and Hotspot Bonusses for the 21.1km Race.

FOR MORE INFORMATION OR TO ENTER VISIT:
WWW.UNIWISPMARATHON.CO.ZA

HOKA

SPONSORED BY

UNIWIISP

The best of both worlds

CECILIA BOTHA - 083 375 8765

PRIZE CAT Men	21.1KM	10KM	PRIZE CAT Lady	21.1KM	10KM
1ST OPEN	R4000.00	R3000.00	1ST OPEN	R4000.00	R3000.00
2ND OPEN	R2000.00	R2000.00	2ND OPEN	R2000.00	R2000.00
3RD OPEN	R1000.00	R1000.00	3RD OPEN	R1000.00	R1000.00
JUNIOR 1ST	R800.00	R500.00	JUNIOR 1ST	R800.00	R500.00
JUNIOR 2ND	R400.00	R300.00	JUNIOR 2ND	R400.00	R300.00
1ST 40+	R800.00	R500.00	1ST 40+	R800.00	R500.00
2ND 40+	R400.00	R300.00	2ND 40+	R400.00	R300.00
1ST 50+	R800.00	R500.00	1ST 50+	R800.00	R500.00
2ND 50+	R400.00	R300.00	2ND 50+	R400.00	R300.00
1ST 60+	R800.00	R500.00	1ST 60+	R800.00	R500.00
2ND 60+	R400.00	R300.00	2ND 60+	R400.00	R300.00
1ST 70+	R800.00	R500.00	1ST 70+	R800.00	R500.00
2ND 70+	R400.00	R300.00	2ND 70+	R400.00	R300.00
1ST WALKER	R800.00	R500.00	1ST WALKER	R800.00	R500.00
2ND WALKER	R400.00	R300.00	2ND WALKER	R400.00	R300.00

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INDEMNITY/ WAIVER

By entering this event I undertake to be bound by the rules and regulations of the event including those of WA and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of this sporting event, and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organisers of the event, all sponsors, persons and organisations assisting in the staging of the event, provincial and national athletics bodies and all local authorities from any re-responsibility, liability or costs relating to any injury, loss or damage of whatever nature, however caused, arising directly or indirectly from my participation in the event including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

MINOR RELEASE: and I, the minor's parent and/or legal guardian, understand the nature of athletic activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this Indemnity/ waiver on behalf of the minor.

ASA Rules: Obey all Traffic Officials and Race Marshals. The race will be run according to the rules of AMPU, ASA and the WA. **No seconding will be allowed.**

Ages: Athletes for 10km must be 14 years or older on the day of the race. Athletes for 21.1km must be 16 years or older on the day of the race

Proof of age (ID) to be produced upon request on day of race. All athletes will participate at their own risk. Registered athletes must wear full club colours. 2023 license numbers on the front and back of the vest. Official Race and Temporary numbers at the front on the vest, below the top part as ASA Number. Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.

Age category ID tags must be worn (back and front) by athletes competing for a category prize AND must be fixed on the vest (all 4 corners). Walkers must have a fixed "W" on the vest to qualify for any prizes.

Athletes, entering for this event, and use medication to treat an illness or condition which fall under the Prohibited List, should complete a Therapeutic Use Exemption (TUE) form before entering for the event and obtain authorization from SAIDS to take the needed medicine or method.

Special Medical Conditions or Allergies to be disclosed on entry form. Other Medical and Pandemic Information on Entry Information Page.