

*Cross the line!*

HALF MARATHON

**SAT, 12 AUGUST 2023**

**KEES TALJAARD STADIUM, MIDDELBURG**

*Middelburg*

**21.1KM, 10KM & 4.8KM**

**PHYSICAL AND VIRTUAL RACES**

amanda™  
group



**MIDACK**  
ATHLETIC CLUB

# RACE DETAILS

## PHYSICAL ADDRESS

Kees Taljaard Stadium, Kanonkop, Middelburg, 1050 (Pavilion Stadium)

Medals to all finishers. 500 limited moisture management t-shirts for the 10km & 21km only (combined).

Route maps are available at [www.crosstheline.co.za](http://www.crosstheline.co.za)

Substitutions/upgrades/downgrades carry an administration fee of R60

## START TIMES & TIMING

**21.1km & 10km** 07:00am  
**4.9km** 07:10am

Timing will be done by Peak Timing. Your timing chip will be built into your race number. No external timing chip will be required.

**Prize giving: From 08:30am**

## RACE PACK COLLECTION

10<sup>th</sup> & 11<sup>th</sup> August | 12:00pm to 17:00pm | Kees Taljaard Stadium  
12<sup>th</sup> April | from 6:00am to 6:45am | Kees Taljaard Stadium  
**(NOTE: Numbers can be collected on race day, but shirts will only be handed out on 10 and 11 August at Kees Taljaard Stadium)**

Virtual run participants will receive the same benefits as physical entrants. They may collect their tshirts and medals at the race venue on 10 or 11 August 2023, or a courier service can be used.

## ENTRIES

- LATE ENTRIES WILL BE AVAILABLE AT KEES TALJAARD STADIUM
- Enter online at [www.crosstheline.co.za](http://www.crosstheline.co.za)

Online entrants must provide a copy of the entry and proof of payment when collecting their race number

Online entries close on 8 August 2023, or when entries sell out

## ENTRY FEES

	Early bird entry	Late entry (from 1 Aug)
21.1km	R160	R180
10km	R120	R150
4.9km	R60	R80
Temp License	R50	R50
T-shirt	R250	

T-shirt ordering date cut-off: 31 July 2023

## T-SHIRT COLLECTION

Your race number will indicate whether or not you qualified for a moisture management long sleeve t-shirt. Shirt fittings will not be allowed.

T-SHIRTS CAN BE ORDERED FOR R250

## PRIZE MONEY (Male & Female)

21.1km	Open	40-49	50-59	GM 60+
1 <sup>st</sup>	R1000	R500	R300	R300
2 <sup>nd</sup>	R500	R300	R250	-
3 <sup>rd</sup>	R300	R300	R250	-
10km	Open	40-49	50-59	GM 60+
1 <sup>st</sup>	R500	R250	R250	R200
2 <sup>nd</sup>	R250	R200	R200	-
3 <sup>rd</sup>	R250	R200	R200	-

## SHIRT INFO

Long Sleeve moisture management t-shirts will be given to the first 500 entrants in the 10km & 21km events (combined)  
*(Your allocated race number does not indicate your time of entry)*

\* Please request your t-shirt size on your entry form. We will endeavour to supply requested sizes but cannot guarantee size or fit. T-shirts will NOT be exchanged on race day \*



# CUT OFF TIME

There will be no enforced cut off time for the event.

There will be marshalls and traffic officers on the route. Please note that traffic will have right of way, and all rules of the road must be strictly adhered to.

## PARKING

There will be parking available at Kees Taljaard Stadium. Please try to carpool with other runners, and arrive early to assist with congestion.

## GAZEBO SETUP

Club gazebo's can be set up at the venue on Friday 11 August and Saturday 12 August.

# BRANCHING OUT

The *Cross Your Line Half Marathon* had it's inaugural event in April 2023, following massive success under it's previous branding of *The Birchwood Half Marathon*. The much loved event has received praise across the board and, after seeing the demand from their loyal support base, have decided to expand the brand across different locations in South Africa, beginning with Middelburg on 12 August 2023.

## WHAT TO EXPECT AT CROSS THE LINE MIDDELBURG

The same organisational excellence, hospitality and extreme quality that you have become used to will be present at the Middelburg *Cross The Line Half Marathon*. We are putting every effort into ensuring that the event meets the highest road running standards, whilst also ensuring a wonderful family day out. We will be offering family-friendly entertainment, as well as ensuring that the running/walking events cater to all ages and levels of fitness and competitiveness.

# RULES & REGULATIONS

### 1. REFEREE'S DECISION IS FINAL

2. Marshalls and traffic officials must be obeyed at all times. Failure to comply with their instructions may lead to immediate disqualification

3. Runners must wear their event race number with disposable chip to get results.

4. The race will be run according to the rules of WA, ASA and Ampu House rules

5. All athletes participate at their own risk & acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin during the entry process. Athletes entering for this event who require medication to treat an illness or condition which fall under the Prohibited List, should complete a Therapeutic Use Exemption (TUE) form before entering for the event and obtain authorization from SAIDS to take the needed medicine or method.

### 6. Minimum age on race day:

- Athletes participating in a 21.1 km must be 16 years or older on the day of the race.
- Athletes participating in a 10km must be 14 years or older on the day of the race.
- Athletes participating in a 4.9km / Fun Run - No restriction

7. Proof of age (ID) to be produced upon request on day of race.

8. Participants must keep to the designated route as indicated

9. No littering on route and anyone found to be littering may be disqualified.

10. All athletes must wear the event race number provided on the front of their vests and must ensure the title sponsor on the provincial licence is clearly visible.

### 11. Licensed athletes must:

- belong to a club affiliated to ASA

- wear their club colours
- wear their 2023 licence number on the front & back of their vests or purchase a temporary license

12. Licensed athletes not wearing their club colours may face disqualification.

13. Unlicensed athletes must buy a temporary licence at registration and wear plain clothing with the temporary license on the back of their vests.

14. Remember to complete the Temporary license tear off slip immediately and hand it back to the organizer.

15. Athletes indemnify national, provincial and regional bodies, sponsors and organisers of the race against all and any actions of whatsoever nature that may occur during the race.

16. No seconding or bicycles are allowed along the route. Ample refreshment stations are provided.

17. No blades, cycles, scooters or mechanically operated devices.

18. No 2, 3 or 4 wheel carts/prams that are mechanically or manually operated by participants, or wheelchair athletes will be permitted to participate without special permission from the race organiser.

19. No Midack athlete will compete in this event without the consent of the club chairperson

20. All participants must take note that photographs might be taken at the event and placed on social media

21. We regret that athletes are not allowed to participate with pets.

22. No refunds. Should live events be cancelled due to circumstances beyond our control, physical entries will automatically be changed to a virtual entry.

23. Foreign athletes are not allowed to run with an

ASA Provincial licence and are required to purchase a temporary licence or face disqualification.

24. Foreign athletes are not allowed to run in club colours unless such club exists in their country of origin or they are in possession of a refugee status permit or are naturalised citizens of RSA.

25. Category winners must be present at the prize giving ceremony or make prior arrangements to collect the award, failing to do so the athlete will forfeit his/her prize money.

26. Age category ID tags and "w" for walkers (front and back of vest). Age category ID tags must be clearly displayed for the duration of the event (back and front) by athletes AND must be fixed on all 4 corners and not be covered by rain jacket or any shirt.

27. No duplicate of lost numbers will be issued.

28. Copy of ID is required at registration.

29. No earphones allowed and contravention may lead to disqualification.

30. It's illegal to run with another athlete's race number and all athletes found to be in contravention of this rule will be reported to AMPU and their respective club.

31. No athlete may participate in our race without buying an official entry and if found in contravention of this rule, will be liable for all late entry penalties with habitual offenders will be reported to AMPU and their respective club.

32. All instructions from traffic & race officials/marshalls must be obeyed at all times.

33. The race organiser retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade paying for admission.

## ENQUIRIES

Kate Wood (Race director)

082 903 9722 | kate@multiplicitysa.co.za

Elani Keulder (Club representative)

079 696 8656 | keulder.elani@gmail.com

# ENTER AT WWW.CROSSTHELINE.CO.ZA

# Cross the line! Middelburg

## FAMILY FUN DAY

Live entertainment • Childrens areas  
Jumping castles • Face painting • Food stalls  
*Fun for the whole family*

# RUN FOR A CAUSE

*Our official race beneficiaries:*



# 21.1KM, 10KM & FUN RUN

