


**10KM**  
**5KM FUN RUN**



**LOVE**  
**LIFE**

**NIGHT RUN** 

**6 DECEMBER 2023**  
**WILDERNESS**

**ENTRIES**

- ONLINE: [WWW.ASWD.CO.ZA](http://WWW.ASWD.CO.ZA)
- TOP GEAR SPORT, GEORGE [TILL MONDAY, 04/12/23, 17:00]
- RACE DAY: 06/12/2023 FROM 16:45 - 17:45

**START [18:00] / FINISH**

**@ THE WILDERNESS HOTEL**  
**[SWIMMING POOL AREA]**

The event is held under the rules of ASA & ASWD. Timed by IPICO timing chip.



**NO CHIP - NO TIME!**



RACE PRESENTED BY



CapeMultisportEden

**CONTACT: HELENA 076 593 9636 / HENRY 082 333 6631**

**THANK YOU TO OUR SPONSOR!**

**SPAR**

