



PRESENTS SEDIBENG MARATHON 27 APRIL 2023

VAAL SHOW GROUNDS

Boy Louw & Van
Riebeeck street Vereeniging,
Leeuwkuil, Gauteng

Enter at Sportsman Warehouse, Vanderbijlpark, Eastgate,
Woodmead, Fourways and Eastrand Mall

START TIME: 06:00 AM

ENTRIES: 42.2km, 21.1km, 10km & 5km Fun Run

Contacts:

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1. Online entries open 01 December 2022 until 20 April 2023.

Enter and pay at : www.entryninja.com

Pre entry only:

Entry fees:

42.2kms - R250
21.1kms - R200
10kms - R150
5km - R80

Prize money: Open 42.2km

Main event 42.2km

Male:

1. R 5000
2. R 3000
3. R 2000
4. R 1200
5. R 800
Masters. R800
Veteran. R500

Prize money: Open 21.2km

Male:

1. R 1500
2. R 800
3. R 500

Junior:

1. R500

Masters: R500

Prize money: Open 10km

Male:

1. R 800
2. R 500
3. R 400

Junior:

1. R400

Masters: R400

Female:

1. R 5000
2. R 3000
3. R 2000
4. R 1200
5. R 800

Female:

1. R1500
2. R800
3. R500

Veteran

1. R500

Female:

1. R800
2. R500
3. R400

Veteran:

1. R400

2. MANUAL/STORE ENTRIES

*Race number collection at
Sportsmanswarehouse Eaststrand 22 April,
Eastgate 23, Woodmead 24, Fourways 25
and Vanderbijl 26*

All above mentioned Sportmans warehouse outlets
NOTE: The total maximum number of entries permitted across all events will be 5000

PARKING

Parking for the race is available at the venue

Race Rules

42.2km and 21.1km start at 06:00
10km and 5km. run start at 06:15

1. Race under the rules of WA, ASA and AVT.

2. Age restriction:

42.2km and 21.1 km: The participant must be 16 years or older on race day.

10 km: The participant must be 14 years or older on race day.

3. All foreign athletes must abide by WA rules 4.2, 22.1 and 142 ASA rule 9.

4. ASA/AVT approved age tags to be worn on upper front and back of vest/crop top, to be eligible for age category prizes.

5. 2023 license number must be worn on the back and front of vest.

6. The race number must be worn over the permanent license number on the front of the upper body clothing and be placed so that the ASA province year remain visible above the race number (ASA Rule 26.1). Temporary license athletes must wear the race number on the front upper body clothing.

7. Race numbers and license numbers must not be worn on shorts/tights.

8. Temporary license must be worn on back of vest and **the completed tear-off slip** must be lodged with the organizers at the end of the race.

9. Cut-off times:

42.2 km: 6 hours
21.1 km: 3hrs 30 min
10 km: 2hr 00 min

10. Results will be sent via sms and Finish Time website www.finishtime.co.za

11. Disqualified athletes will not be eligible for any incentives/giveaways

12. Participants must obey the race officials, marshals and traffic officers.

13. Entry fee is non-refundable.

14. Prize money only for the race you enter.

15. Refreshment stations every 3 km and no personal seconding will be allowed.

16. All participants to abide by the rules and regulations of the event. You participate in the event at own risk and hereby indemnify the national and provincial bodies, sponsors and organizers of the race against any action or claim of whatever nature, which may result from my participation in the event.